CORRESPONDENCE

Psychological Medicine, **37** (2007). doi:10.1017/S0033291707000906 First published online 11 June 2007

To the Editor:

We would like to respond to the work of Lloyd-Richardson *et al.* (2007), who reported a 28% rate of moderate/severe non-suicidal self-injury (NSSI) from a community sample of 633 adolescents (mean age 15·5 years). The authors speculated whether these high rates may be due to their form of assessment or whether 'NSSI may be more prevalent in the community than previously suspected' (p. 8).

We would like to emphasize the second point by offering reference to two other recent studies that have found comparable rates using a different assessment tool. Specifically, Muehlenkamp & Gutierrez (2007) reported a 23·2% prevalence rate of NSSI and 8·9% rate of suicide attempts in a community sample of 540 US adolescents using the Self Harm Behavior Questionnaire (SHBQ; Gutierrez et al. 2001). Using a translated, validated German version of the SHBQ (Fliege et al. 2006), a prevalence rate of 25·9% for NSSI and of 7·12% for suicidal attempts was found in our own study of a German adolescent school sample.

These additional studies, representing a cross-national comparison of rates of NSSI, seem to be analogous to those reported by

Lloyd-Richardson *et al.* although another assessment instrument was used. The complementary findings point to the fact that NSSI seems to be a phenomenon on the rise in adolescents in Western cultures.

Declaration of Interest

None.

References

Fliege, H., Kocalevent, R. D., Walter, O. B., Gratz, K. L., Gutierrez, P. M. & Klapp, B. F. (2006). Three assessment tools for deliberate self-harm and suicide behaviour: evaluation and psychopathological correlates. *Journal of Psychosomatic Research* 61, 113–121.

Gutierrez, P. M., Osman, A., Barrios, F. X. & Kopper, B. A. (2001).
Development and initial validation of the Self-Harm Behavior Questionnaire. *Journal of Personality Assessment* 77, 475–490.

Lloyd-Richardson, E. E., Perrine, N., Dierker, L. & Kelley, M. L. (2007). Characteristics and functions of non-suicidal self-injury in a community sample of adolescents. *Psychological Medicine*. Published online: 12 March 2007. doi:10.1017/S003329170700027X.

Muehlenkamp, J. J. & Gutierrez, P. M. (2007). Risk for suicide attempts among adolescents who engage in non-suicidal self-injury. Archives of Suicide Research 11, 69–82.

PAUL L. PLENER, JENNIFER J. MUEHLENKAMP

Address correspondence to:

Paul L. Plener, M.D.,

Department of Child and Adolescent Psychiatry and Psychotherapy,

University of Ulm, Steinhoevelstr. 5,

D-89075 Ulm, Germany

(Email: paul.plener@uniklinik-ulm.de)