Flow, flow transition and runout distances of flowing avalanches

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ABSTRACT. A simple quasi one-dimensional model of flowing avalanches is presented. It is a further development of that used in the Swiss *Guidelines for practitioners*. It is shown that shearing in avalanche movement is concentrated near the ground and that, due to the geometrical roughness of the ground, a flow resistance proportional to the square of velocity must be taken into account in addition to dry friction. For the change of flow on changing slope angles it is demonstrated that under certain conditions for internal friction a "normal" flow on a flat lower part can no longer be attained; the avalanche behaves like a rigid body. The runout distance is in fair agreement with the *Guidelines* if a larger internal friction is used. The main differences lie in much smaller deposition depths and smaller velocities during runout.

INTRODUCTION

In Switzerland a simple model for flowing avalanches is widely used for practical purposes (Salm and others, 1990). This model — designated as *Guidelines* — is based on theoretical considerations, field measurements of velocities, and examination of several hundred observed avalanches, especially runout distances. Further developments will be presented and existing relations are specified more precisely. As the flow depth of an avalanche is much smaller than its length, a quasi onedimensional flow is assumed.

FLOW PROFILE

The main question here is the distribution of shearing within the moving snow, i.e. internal shearing within the avalanching snow versus shearing near the ground (sliding). The only measurement in a natural avalanche by Gubler and others (1986) shows a shear concentration very close to the ground and nearly no internal shearing.

Moving snow in natural avalanches seems to be not a homogeneous but a structured mass. Even in a more or less steady movement, field tests (e.g. Schaerer and others, 1980) show not constant but oscillating impact pressures with pronounced peaks in rapid sequences. This can be interpreted as an effect of lumps of snow much larger than single snow grains.

We consider, therefore, avalanching snow as consisting of clods of snow, idealized as spheres with a uniform diameter, ϕ , of an order of magnitude of 0.1 m. Contact forces between spheres are assumed to be dry friction, characterized by the internal friction angle, φ , and impact forces with a coefficient of restitution $e \sim 0$ (i.e. snow and not single ice grains). Dry friction acts in the contact plane and impact forces perpendicular to it. The driving force is gravity.

Roughly seen, an *internal movement* parallel to the slope is only possible if φ is smaller than the slope angle, ψ . Internal friction has never been measured directly, but from observations of avalanche deposits and measurements by Roch (1966), φ can be estimated at least to be about 25°, i.e. about the slope of avalanche tracks. Therefore an internal shearing movement of the overburden seems improbable, especially in the runout zone where $\psi \leq 15^{\circ}$.

Sliding near ground seems to be the decisive process determining avalanche speed. To get a qualitative insight, a simple model analogous to that of Bagnold (1954, 1966) is used (Salm, unpublished a). To estimate the flow resistance due to *impact* of the moving snow, the roughness of the ground is represented by obstacles protruding from the ground with a mean distance of Δr in flow direction x_1 (Figure 1). The heights of these obstacles are at least of the same order of magnitude as the clods of snow. Flow depth, d, and coordinate x_2 are perpendicular to the slope.



Fig. 1. Model for shearing near the ground.

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If the speed over ground is v_g , then $v_g/\Delta r$ collisions in unit time occur. The change of momentum in x_1 direction per sphere with e = 0 is $mv_g \cos^2 \alpha$. The impact angle, α , is between v_g and the normal of the contact surface and m is the mass of a particle with density ρ_s of snow. The number of spheres per unit area parallel to ground is $(a_1\phi)^{-2}$

The total shear resistance due to impact is then

$$\tau \sim (a_1 \phi)^{-2} \frac{v_g}{\Delta r} m v_g \cos^2 \alpha \,. \tag{1}$$

Introducing the mass of a sphere $\rho_s \pi \phi^3/6$ and the number of spheres per unit volume $(a_1^2 a_2 \phi^3)^{-1}$ we get for the mean density of flowing snow

$$\frac{\rho_{\rm m}}{\rho_{\rm s}} = (a_1^2 a_2)^{-1} \pi/6,$$

and therefore

$$\tau \sim \left(\frac{g\Delta r}{a_2\phi\cos^2\alpha}\right)^{-1} \rho_{\rm m} g v_{\rm g}^2 = \frac{\rho_{\rm m} g}{\xi} v_{\rm g}^2 \,. \tag{2}$$

This is the well known "turbulent" friction, first stated by Voellmy (1955). He, however, introduced this term in analogy to turbulent open-channel flow in hydraulics (Chézy equation).

The above relations are complicated by the fact that a_1 , a_2 and α are functions of speed (personal communication from J. Dent), so that ρ_m and ξ become velocity-dependent too.

It is to be expected that α (180° $\geq \alpha \geq$ 90°) decreases with higher velocities. Furthermore, the terrain roughness will be smoothed to a certain degree by deposited snow, depending on obstacle heights.

If τ of Equation (2) decreases to zero (for $\alpha = 90^{\circ}$ or $\Delta r = \infty$) only *dry friction* on ground remains as resistance. The coefficient of dry friction, μ , of sliding is well known from observations in runout zones. Its value $0.155 \leq \mu \leq 0.30$ is much less than that of $\tan \varphi$ (Salm and others, 1990). Adding this dry friction to the "turbulent" friction yields

$$v_{\rm g} = (\xi d)^{\frac{1}{2}} (\sin \psi - \mu \cos \psi)^{\frac{1}{2}}.$$
 (3)

Observations of real avalanches (Gubler and others, 1986) are at least not in contradiction with the described concept. A careful inspection of these data shows that at least two resistances must occur. In a fracture zone with smooth terrain, dry friction dominates and leads to high accelerations. As soon as rugged terrain is reached the resistance increases, obviously due to an additional velocity-dependent force.

It can be concluded that the velocity profile of a flowing avalanche can be idealized by a rectangular shape with Equation (3) as average velocity. (This holds as long as the slope is not too steep, say $\psi < 35^{\circ}$.) The coefficient μ is mainly connected to snow properties, whereas ξ depends mainly on terrain geometry. If the roughness is not large, ξ increases with speed so that asymptotically only dry-friction resistance remains (personal communication from J. Dent).

FLOW TRANSITION

We assume that over a limited time the discharge, Q (m³ s⁻¹), in a flowing avalanche is constant (Salm, 1972). With a homogeneous and constant density ($\rho_m = \rho$) and with a nearly one-dimensional movement ($\partial d/\partial x \ll 1$) we have

$$Q = Bdv = \text{constant}, \qquad (4)$$

where B is the width of the avalanche.

On a uniform slope angle ψ_0 , the velocity with Equations (3) and (4) is

$$v_0{}^3 = \frac{Q}{B}\xi(\sin\psi_0 - \mu\cos\psi_0).$$
 (5)

As soon as ψ_0 changes to ψ_u in a point A, the velocity changes gradually from v_0 to v_u , and with this the flow depth from d_0 to d_u .

We consider a volume element on the slope ψ_u fixed in the space. Its length in flow direction x_1 is d and we assume a quasi one-dimensional movement in the $x_1 - x_2$ plane.

We start from the global form of momentum theorem,

$$\int \frac{\partial}{\partial t} (\rho v_k) \mathrm{d}V = \int (\sigma_{jk} - \rho v_j v_k) \nu_j \mathrm{d}F + \int \rho K_k \mathrm{d}V \quad (6)$$

with time, t, volume, V, surface, F, stress, σ_{jk} , unit vector, ν_j (with positive direction to the outer side of the volume), and with the body force, K_k .

In the plane $x_2 - x_3$ perpendicular to the flow direction x_1 we have the resultant pressure force of $\lambda \rho g d^2/2$ with

$$\lambda = \tan^2(45^\circ + \frac{\varphi}{2}) \tag{7}$$

if $\psi_0 > \psi_u$ (passive snow pressure). This represents the upper limit of the force, corresponding to the Colomb-Mohr criterion. (In a flow on an infinite slope, λ must be about unity.)

If a steady movement is assumed, the following expressions are obtained (with $x_1 = x$ and $v_1 = v$):

$$\begin{aligned} \int & \sigma_{11}\nu_1 dF = -\lambda \rho g d^2 \frac{\partial d}{\partial x} \\ & \int \sigma_{21}\nu_2 dF = -\rho g \mu \cos \psi_u \Big(1 + \frac{1}{2} \frac{\partial d}{\partial x} \Big) d^2 - \frac{\rho g}{\xi} \Big(v^2 + v \frac{\partial v}{\partial x} d \Big) d \\ & \int \rho v_1^2 \nu_1 dF = \rho d^2 2 v \frac{\partial v}{\partial x} + \rho d v^2 \frac{\partial d}{\partial x} \\ & \int \rho K_1 dV = \rho g \Big(d + \frac{d}{2} \frac{\partial d}{\partial x} \Big) d \sin \psi_u \,, \end{aligned}$$

and from this the differential equation

$$\mathrm{d}x = a \frac{b + cu^3}{u^2 - u^5} \mathrm{d}u$$

with the dimensionless velocity $u = v/v_u$ and

$$a = d_u \xi/g$$

$$b = \frac{g}{\xi} \left(\frac{1}{2} - \frac{\lambda}{\sin \psi_u - \mu \cos \psi_u} \right)$$

$$c = 1 + g/\xi.$$

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Fig. 2. Flow transition for different values of λ .

With the initial condition $u_0 = v_0/v_u$ for x = 0 the solution is

$$\frac{x}{a} = b\left(\frac{1}{u_0} - \frac{1}{u}\right) + (b+c)\left[\frac{1}{6}ln\frac{(1-u_0)^2}{1+u_0+u_0^2} \cdot \frac{1+u+u^2}{(1-u)^2} + \frac{1}{\sqrt{3}}\left(\tan^{-1}\frac{2u_0+1}{\sqrt{3}} - \tan^{-1}\frac{2u+1}{\sqrt{3}}\right)\right].$$
(8)

The "normal" flow on ψ_u with u = 1 will theoretically be attained as $x \to \infty$.

Figure 2 shows an example for the decrease of u for a flow from steeper to flatter terrain with different values of λ . This decrease is faster for larger λ because of the larger passive snow pressure on the flat part. There is however a restriction: if λ is too large "normal" flow on ψ_u cannot be attained. The limiting value for λ can be seen from Equation (8). If b + c = 0 then

$$\lambda_{\rm cr.} = \left(\frac{3}{2} + \frac{\xi}{g}\right) \left(\sin\psi_u - \mu\cos\psi_u\right). \tag{9}$$

For larger values than Equation (9) the flow on ψ_u continues with v_0 and d_0 . The driving force $\rho g d_u (\sin \psi_u - \mu \cos \psi_u)$ — too small to maintain a steady flow — is enlarged by the passive snow pressure at point A given by d_0 . After a critical length, this pressure will be too small to maintain this "deficit" flow; d_0 will be gradually enlarged to d_u so that "normal" flow is established on ψ_u .

The assumed parameters for μ and ξ in Figure 2 are empirical ones from observed avalanches as given in the *Guidelines* (Salm and others, 1990). From Equation (2) a value for $\xi = 1000 \,\mathrm{m \, s^{-2}}$ would be obtained for $a_2 = 0.8$, $\Delta r/\phi = 10$ and $\alpha = 110^\circ$.

The steepest gradient of u in Figure 2 occurs for x = 0and $\lambda = 20$ which gives $\partial d/\partial x = 10^{-2}$. The assumption of a quasi one-dimensional flow is therefore fullfilled.

The dimensionless quantity in Equation (8),

$$\frac{x}{a} = \frac{g}{\xi d_u} x = \frac{g B v_u}{\xi Q} x \,,$$

is used in practical calculations to decide whether or not "normal" flow is reached on a certain slope after a certain length x. In the *Guidelines* a value of 0.7 is given after which the velocity differs less than 10% from "normal" flow conditions. This value has been calculated earlier by Salm (unpublished b) with a simpler approach. The influence of λ has been neglected and g/ξ was assumed to be very small, so that b = 0 and c = 1, which delivers the differential equation

$$\mathrm{d}x = a \frac{u}{1-u^3} \mathrm{d}u$$

with a solution similar to Equation (8). Figure 2 shows that 0.7 is the maximum for $\lambda \ge 10$. It is however too small for $\lambda = 2.5$, a value which is probably not realistic for a pressure zone (see section below).

To avoid difficulties in estimating the transition zone with a simple rule, Equation (8) could be used directly to calculate the velocities on limited sections with constant slope, however with considerable effort.

RUNOUT DISTANCE

The situation is similar to that with flow transition: at a point P the slope angle changes from ψ_0 to ψ_u , however for ψ_u the condition

$$\tan\psi_u = \tan\psi_s < \mu \tag{10}$$

must be fulfilled, i.e. not a driving but a retarding force must occur. This retarding force is originating from the velocity-independent dry friction, which is the only effective mechanism to slow down the movement to standstill on a slope inclined in direction of the speed. This is the runout situation observed for most avalanches. It may be remarked that Equation (10) allows a very simple measurement of the minimum acting friction coefficient of observed avalanches.

Again the mean density $\rho_m = \rho$ is considered constant, and the length of the runout is about two orders of magnitude larger than d, so that again a quasi onedimensional movement can be assumed.

The supply of avalanching snow at point P is given by Q, which is constant for the time between the entrance of the snow at P until the standstill.

The velocity of the snow mass between the front and P is in every point constant but time-dependent. This can be justified with the often observed "train-like" behaviour in the runout: the movement seems similar to that of a rigid body. The reason for this lies in high internal friction angles plus (probably) a cohesion which may be created quickly in relatively slow-moving snow in flat terrain (Gubler, 1982).

The depth, d, in the runout is larger than the flow depth of the entering snow, d_P , at P. This difference, Δd , is due to the velocity difference of v_P at P and v of the retarding snow mass, and can be calculated approximately from the kinetic and pressure energy in analogy to hydraulics:

$$rac{{v_P}^2}{2g} + \lambda d_P = rac{v^2}{2g} + \lambda (d_P + \Delta d)$$

and yields

$$\Delta d \cong \frac{v_P{}^2 - v^2}{2g\lambda} \,. \tag{11}$$

For our calculation we will assume a constant mean depth, d_m , over the final runout distance, x_s . A first assumption of d_m will allow us to calculate v and then to

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check this assumption and, if necessary, to correct it. Furthermore, it will be possible to check the total supply of mass at P during the time interval until standstill, and then this mass can be compared with that obtained from Equation (11). These problems will be discussed later; at present we assume all kinetic energy from the velocity difference at P is completely transferred into an increase of depth.

In the avalanche front the depth cannot be increased immediately; it will remain constant, equal to d_P over a certain time or length. This length, Δ , is attained as soon as the increasing snow pressure at P arrives at its maximum, $\lambda \rho g d_P^2/2$, and is in equilibrium with flow resistance and driving force; thus

$$\Delta = \frac{\lambda d_P^2 / 2}{d_P(\mu \cos \psi_8 - \sin \psi_8) + v_P^2 / \xi} .$$
(12)

The theorem of momentum is formulated for unity width B. The distance of P to the avalanche front is $x + \Delta$ and the mass is

$$M = \rho d_{\rm m}(x + \Delta) \,.$$

 $\frac{\partial}{\partial t}(Mv) = \rho d_{\rm m}(x+\Delta) \frac{\partial v}{\partial t} + v\rho d_{\rm m} \frac{\partial x}{\partial t} = \text{Resultant force.}$

The term $\partial d/\partial t$ is neglected and $\partial v/\partial t = v \partial v/\partial x$.

Resultant force
$$= -\lambda \rho g \frac{d_P^2}{2} - \rho g(x + \Delta) d_m$$

 $(\mu \cos \psi_s - \sin \psi_s) - \frac{\rho g}{\xi} (x + \Delta) v^2.$

This leads to the differential equation

$$\frac{\partial v}{\partial x} = -\left(\frac{1}{x+\Delta} + \frac{g}{\xi d_{\rm m}}\right)v + \left[\frac{\lambda g d_P^2}{2d_{\rm m}(x+\Delta)} - g(\mu\cos\psi_{\rm s} - \sin\psi_{\rm s})\right]. \quad (13)$$

With the initial condition $v = v_P$ for x = 0 we get the solution

$$v^{2} = \frac{a'/b'}{(x+\Delta)^{2}} \left[\left(x - \frac{1}{b'} \right) \left(\frac{c'}{a'} - 2\Delta \right) - \left(x - \frac{1}{b'} \right)^{2} - \frac{1}{b'^{2}} + \Delta \left(\frac{c'}{a'} - \Delta \right) + e^{-b'x} \left\{ v_{P}^{2} \frac{\Delta^{2}}{a'/b'} + \left(\Delta - \frac{1}{b'} \right)^{2} + \frac{1}{b'^{2}} - \frac{c'}{a'} \left(\Delta - \frac{1}{b'} \right) \right\} \right]$$
(14)

with

$$egin{aligned} a' &= 2g(\mu\cos\psi_{
m s}-\sin\psi_{
m s})\ b' &= 2g/(\xi d_{
m m})\ c' &= \lambda g d_P{}^2/d_{
m m} \end{aligned}$$

and furthermore

$$a'/b' = \xi d_{\mathrm{m}}(\mu \cos \psi_{\mathrm{s}} - \sin \psi_{\mathrm{s}}) = V^2$$
.

A solution exists only with a positive V^2 , thus runout condition (10) is fulfilled. For $x \to \infty$ we get $v^2/V^2 = -1$.

The total runout distance is $x_8 = x_0 + \Delta$, where x_0 corresponds to $v^2 = 0$ in (14) and Δ is taken from (12).

The calculation of the runout distance in the *Guidelines* (1990) is based on Salm (unpublished b). There only the

runout of the constant front mass, $\rho d_m \Delta$, is considered and the influence of the snow pressure at P is neglected. For the velocity we arrived at

$$v^{2} = (v_{P}^{2} + V^{2})e^{-b'x} - V^{2}, \qquad (15)$$

and for runout distance

with

$$x_{\rm sG} = \frac{1}{b'} \ln(1 + v_P^2 / V^2),$$
 (16)

$$d_{\rm mG} = d_P + v_P^2 / 4g\lambda \,. \tag{17}$$

The subscript G denotes values according to the Guidelines. The latter relation assumes a linear decrease of v^2 with x, based on the assumption that only dry friction is acting. The coefficient λ is fixed at 2.5. With the above formulas, and mainly with observed runout distances, the coefficients μ and ξ were calibrated. The agreement is satisfactory although the applied d_m in (17) with $\lambda = 2.5$ seems to furnish too large values.

To compare the calibrated rules (15)-(17) with (12) and (14), the following examples have been calculated:

friction coefficients: $\mu = 0.155 \xi = 1000 \text{ m s}^{-2}$;

discharge: $Q/B = 10/50/100/200 \text{ m}^2 \text{ s}^{-1}$;

slope angle before $P: \psi_P = 25^\circ;$

slope angle in the runout zone: $\psi_{s} = 0^{\circ}/7.5^{\circ}$.

The agreement of x_s from Equations (12) and (14) with x_{sG} is surprisingly good, but only if the large value of $\lambda = 20$ ($\varphi = 65^{\circ}$) is introduced. The ratio x_s/x_{sG} is 1.02 and 1.18 for $\psi = 0^{\circ}$ and 7.5° respectively, which means that for slopes ψ_s close to the critical value of $\tan^{-1} \mu = 8.8^{\circ}$ the runout distance becomes larger due to the snow pressure at P.

For x_s the mean deposition depth d_m is 2.5–2.8 times smaller than for x_{sG} , according to observations a reasonable result.

The mean value d_m was checked with Equations (14) and (11). The mean square of the velocity from (14) is

 $x_{s}(v^{2})_{m} = \int_{0}^{x_{s}} v^{2} \mathrm{d}x + \Delta v_{P}^{2}$

and

$$d_{\rm m} = d_P + \Delta d = d_P + [v_P{}^2 - (v^2)_{\rm m}]/(2g\lambda).$$
(18)

A good estimation for Δd is $v_P^2/(3.94g\lambda)$ and $v_P^2/(2.50g\lambda)$ for $\psi_8 = 0^\circ$ and 7.5° respectively. For different values of ψ_8 a linear interpolation will furnish satisfactory results.

Considering the conservation of mass we assume a constant supply $Q/B = v_P d_P$ from the moment when the front passes P until it reaches x_s , therefore

$$x_{s}v_{m} = \int_{\Delta}^{x_{s}} v \mathrm{d}x + \Delta v_{P},$$

and with this the average depth from supply

$$d_{\rm ms} = (v_P d_P) / v_{\rm m} \,. \tag{19}$$

In Figure 3 the different depths, $d_{\rm m}$, $d_{\rm ms}$ and $d_{\rm mG}$, are plotted as a function of Q/B and the two slope angles, $\psi_{\rm s}$, of 0° and 7.5°.

It is clear that the depth from supply must be equal to or larger than the dynamic depth of (17) or (18). As it can be seen from Figure 3, d_{ms} is always larger than d_m .



Fig. 3. Mean deposition depth of the present calculation d_{m} , the supply of mass d_{ms} and of the Guidelines.

Obviously not all of the supplied mass can be drained off below P. What happens with the extra mass given by $d_{ms} - d_m$? It must be taken into account that above P a back-pressure zone is gradually building up. (Before the front reaches P, λ of the avalanching must be of the order of one.) This will slow down the speed and increase d, and finally a part of the mass will remain above P. If the avalanche is longer than is assumed here, the extra mass could be considerably larger and will be deposited above the mass at rest.

In Figure 3 it can furthermore be seen that the mean deposition depth, d_{mG} , is indeed too large: the supplied mass cannot fill up the required deposition!

Finally in Figure 4 an example is given of an observed avalanche (Samedan/Ariefa on 2 January 1951). The plot of v^2 versus x shows, with calculation according to (14), a surprisingly large gradient $\partial v^2 / \partial x$ after the mass of length Δ has passed. The deceleration is much stronger compared to that of (15). This is an effect of the increasing mass which increases the flow resistance gradually, in contrast to (15) which considers only a constant front mass. The sharp change of the gradient after passage of the distance Δ will cause a large increase of Δd in the front part and therefore a steep deposition front. This is in accordance with observations. Velocity measurements of Gubler and others (1986) also show steep gradients, $\partial v / \partial x$, in the runout zone (e.g. Mader Grond avalanche on 17 January 1985), but it was



Fig. 4. Distribution of v^2 over the runout zone.

impossible to determine the exact position of this deceleration.

The distribution of the pressure $p = \rho v^2$ on an obstacle in the runout zone is important for the elaboration of avalanche-danger maps, because this is, in addition to the return period, a criterion for the degree of danger. In the *Guidelines* (1990) a linear decrease of v^2 , and therefore also of p, is assumed. With this, one is in any case on the safe side.

The observed runout distance of the Samedan/Ariefa avalanche was 860 m. On the basis of climatological data and a guess of additional local wind influence, a mean fracture depth $d_0 = 1.00$ m in the starting zone was assumed. Equation (16) delivers a runout distance of 844 m, whereas Equation (14) gives a somewhat too large value of 1031 m. However, if a slightly less pessimistic wind influence is assumed, we can just assume $d_0 = 0.8$ m. In this case equation (16) delivers $x_{sG} = 720$ m and Equation (14) 807 m! This demonstrates that the runout distance is very sensitive to fracture depth, a quantity which is very difficult to determine locally. Unfortunately so far no accurate measurements on the whole fracture area (e.g. by photogrammetry) before and after an avalanche event have been made.

CONCLUSIONS

A rectangular velocity profile can be justified, because shearing is concentrated in the bottom layer. In addition to dry friction, a flow resistance proportional to the square of speed must be taken into account, because of the plastic behaviour of the snow clods and the uneven ground.

The recommendation of the Guidelines for a transition zone of 0.7 $g/(\xi d_u)$, when the slope changes from ψ_0 to ψ_u , can be maintained. If however a critical value, λ , of the snow is exceeded, a "normal" flow on ψ_u cannot be attained. The flow on ψ_u will continue, over a limited distance, corresponding to a speed according to ψ_0 . This will usually occur for values of ψ_u close to the critical value of $\tan^{-1}\mu$.

The new model for runout — taking into account an increasing mass and snow pressure due to λ — is in fairly good agreement with the calculation according to the *Guidelines* if a high value for λ is taken. For values of ψ_s close to the critical angle $\tan \psi_{cr.} = \mu$, the runout distance is about 20% larger in the new model. The main differences from the *Guidelines* are a much lower mean deposition depth and a much faster decrease of velocity. The instructions given in the *Guidelines* by Equations (16) and (17) can be maintained, although if real depths are needed, the proposed lower values should be applied. The velocity distribution, used for the pressure distribution in avalanche-hazard maps, could be replaced by a faster decrease than linearly with the square of speed.

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