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# Vitamin B<sub>12</sub> and methyl-group synthesis

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Work with vitamin  $B_{12}$ -deficient and normal baby pigs has shown that vitamin  $B_{12}$ takes no part in transmethylation from choline or betaine to homocysteine or homocystine to form methionine (Mistry, Firth & Johnson, 1955; Firth, Mistry, James & Johnson, 1954) or in the conversion of glycine to serine (Chang & Johnson, 1955), but that vitamin B<sub>12</sub> is required for methyl synthesis from glycine and from serine (Johnson, Firth & Mistry, 1955; Chang & Johnson, 1955; Johnson & Mistry, 1955).

Thus it was shown that the place of vitamin  $B_{12}$  in methionine formation is similar in the pig to that established in the rat (Arnstein & Neuberger, 1953; Stekol, Weiss, Smith & Weiss, 1953; Henry & Kon, 1956) for methyl synthesis, although it differs

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from that reported for vitamin  $B_{12}$  in transmethylation in the rat (Williams, Monson, Harper & Elvehjem, 1953).

In the hope that the protozoan Ochromonas malhamensis which has an absolute requirement for vitamin  $B_{12}$  (Hutner, Provasoli & Filfus, 1953; Ford, 1953) might serve as a guide to further investigations into the function of vitamin  $B_{12}$  in higher animals and man, the problem of methyl-group synthesis and the role in it of vitamin  $B_{12}$  has been investigated with this organism. A preliminary report of our findings has been published (Johnson, Holdsworth, Ford, Porter & Kon, 1955).

#### EXPERIMENTAL

### Growth experiments

All growth experiments were replicated at least twice, 5 ml. medium (1 ml. basal medium +4 ml. water containing test materials) being used in test tubes. The tubes were sterilized by autoclaving at 10 lb. for 10 min and when cool were inoculated with one drop from a 3- to 7-day culture of *Ochromonas malhamensis* which was maintained in a casein-hydrolysate medium containing  $0.4 \mu g$  vitamin B<sub>12</sub>/l. (Ford, 1953). The inoculated tubes were kept in the dark for the stated period in a shaking machine in an incubator at 28°, and were then steamed. When cool, the culture was diluted by addition of 5 ml. distilled water and the optical density measured in a Lumetron colorimeter.

Table 1. Composition of basal medium for Ochromonas malhamensis (Amount/200 ml. medium five times strength)

| (Allound               | 200 mi. meu | fulli five tilles strengen)               |    |
|------------------------|-------------|---|----|
| NH <sub>4</sub> Cl (g) | 3           | Glucose (g)                               | 10 |
| Arginine (g)           | 0.4         | Tween 80 (ml.)                            | I  |
| Methionine* (g)        | 0.0         | Trace-mineral solution <sup>†</sup> (ml.) | 10 |
| CaCl <sub>2</sub> (g)  | 0.12        | Thiamine (mg)                             | 2  |
| $MgSO_4.7H_2O(g)$      | 0.5         | Biotin $(\mu g)$                          | 10 |
| Ammonium molybdate (g) | 0.02        | NaCN (mg)                                 | 1  |
| $KH_2PO_4$ (g)         | 0.3         |   |    |
|                        | Adjust pH   | I to 5.0-2.2                              |    |

\* Methionine, though necessary for an optimum medium, was omitted in all experiments on methionine and its precursors.

+ Consisting of (g/1000 ml.):

| ling of (g/1000 mill).            |      |                    |       |
|-----------------------------------|------|--------------------|-------|
| Ethylenediamine tetra-acetic acid | 5    | $C_0SO_4.7H_2O$    | 0.3   |
| $MnSO_4.H_2O$                     | 6.12 | $CuSO_{4.5}H_{2}O$ | 0.04  |
| $ZnSO_4.7H_2O$                    | 11   | $H_3BO_3$          | 0.06  |
| $FeSO_4.7H_2O$                    | I    | KI                 | 0.001 |
|                                   |      |                    |       |

*Medium.* The defined medium is given in Table 1 and was a modification of that of Hutner *et al.* (1953). This medium formed the basis for an investigation of a comparison of various nitrogen sources and the effect of various compounds on the growth of *Ochromonas*. Since methionine can stimulate the growth of this organism in simple media (Hutner *et al.* 1953) the effect of replacing the methionine with some possible precursors was studied.

### Antimetabolite experiments

The specific antimetabolite of methionine metabolism, ethionine, inhibited growth of *Ochromonas* at 0.2 and 0.6 g/l. medium. Methionine and certain of its precursors

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or methyl-group precursors were added to the medium containing ethionine to measure their ability to reverse the growth inhibition. These materials were tested in the absence and in the presence of vitamin  $B_{12}$ , and growth was measured at 3 and 5 days.

## Respiration studies

The oxygen uptake of Ochromonas cells was studied in the conventional Warburg apparatus. Three types of cell were used: (a) cells grown on the basal medium without vitamin  $B_{12}$  but containing 0.6 g/l. methionine; (b) those grown with a suboptimal amount of vitamin  $B_{12}$  (0.1  $\mu$ g/l.); and (c) those grown with excess of the vitamin (10  $\mu$ g/l.). The cells were centrifuged off and washed with sterile basal medium containing no vitamin  $B_{12}$  and no nitrogen source, i.e. neither ammonium chloride nor arginine. For the study of the effect of the vitamin on respiration, glucose was the substrate in basal medium (without nitrogen source). With cells grown with excess vitamin, the oxygen uptake of Ochromonas without substrate, or with glycine (10 g/l.), was compared with that of glucose, and the effect of leaving Tween 80 (polyoxyethyl-enesorbitan mono-oleate, Atlas Powder Co., Wilmington, Delaware) out of the substrate medium was examined. The oxygen uptake per unit of optical density was obtained by taking 1 ml. of the suspension from the Warburg flask, diluting to 10 ml. and measuring the optical density in the colorimeter.

# Chromatography and autoradiography

No. 7 Whatman paper was used in a descending system with sec.-butanol/ammonia (three parts sec.-butanol, one part of 3% (v/v) conc. ammonia (sp.gr. 0.88) in water) or with water-saturated phenol as solvents. For isolation of methionine, the preparation was streaked across a sheet of Whatman 3MM paper and, after development and detection of the methionine zone, this portion was cut out and eluted with water.

Autoradiographs were prepared with Ilfex (Ilford Ltd, London) No-screen X-ray film, exposed for from 3 to 14 days.

## Isolation of methionine sulphoxide

To the radioactive eluate from the chromatogram (approx. 10 ml.) were added 2 mg inactive DL-methionine and 1 ml. hydrogen peroxide (100 vol.). The mixture was concentrated under reduced pressure to 2 ml. and crystallized from aqueous ethanol. The sulphoxide was repeatedly recrystallized and the specific activity of each batch of crystals determined.

## Incorporation of <sup>14</sup>C-glycine into growing Ochromonas

To a total volume of 25 ml. of the basal medium containing 10  $\mu$ g vitamin B<sub>12</sub>/l. were added 26 mg  $\alpha$ -<sup>14</sup>C-glycine (25 mg unlabelled and 1 mg labelled = 10  $\mu$ C) and 15 mg homocysteine; a similar experiment was conducted with only 1 mg (= 10  $\mu$ C) <sup>14</sup>C-glycine. The cells were grown on these media for 5 days and then harvested. Three fractions were obtained. The cells were centrifuged (1500 g) leaving the clear supernatant medium (fraction 1); the cells were then ruptured by repeated freezing and thawing with vibration in a mechanical shaker (Towers, Widnes) with glass beads 316

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The ruptured cells were centrifuged at high speed (10,000 g) to give a clear cell extract (cell contents, fraction 2) and cell debris. The cell debris was hydrolysed with 5 N-HCl in a sealed tube to liberate the amino-acids from the cell proteins (fraction 3). These fractions were examined for methionine, by chromatography followed by auto-radiography.

One hundred ml. medium containing no vitamin  $B_{12}$  but with the same concentrations of labelled glycine and homocysteine gave too few cells for an adequate control experiment. Because of this, more cells deficient in vitamin  $B_{12}$  were obtained by growing cells in a total of 600 ml. of medium containing 0.04  $\mu$ g vitamin  $B_{12}/l$ . After 5 days the cells were harvested by centrifuging aseptically and suspended in 100 ml. vitamin  $B_{12}$ -free basal medium containing added homocysteine (60 mg) and <sup>14</sup>C-glycine (60 mg containing 25  $\mu$ c  $\alpha$ -<sup>14</sup>C-glycine). Portions of this culture were taken after 2 days', and the rest after 5 days', incubation for examination by chromatography.

## Methionine synthesis in cell-free preparations

Three types of cell were used: (a) for cells grown with vitamin  $B_{12}$  a 3-day culture from 300 ml. medium containing 10  $\mu$ g vitamin  $B_{12}/l$ .; (b) for cells deficient in the vitamin 400 ml. of medium containing 0.04  $\mu$ g vitamin  $B_{12}/l$ .; and (c) cells grown with excess vitamin  $B_{12}$  but deficient in thiamine were obtained from 500 ml. medium containing 10  $\mu$ g vitamin  $B_{12}/l$ . and 2  $\mu$ g thiamine/l., this last medium being inoculated from a thiamine-low culture.

The cells were centrifuged and the supernatant liquid was rejected; small glass beads were added and the cells ruptured by repeated freezing, thawing and shaking. The cell debris was removed by centrifuging, and to the cell-free extract were added 1 mg homocysteine and 1 mg  $\alpha$ -<sup>14</sup>C-glycine (10  $\mu$ c, volume 1 ml.). Samples (10  $\mu$ l.) were taken at zero time, at hourly intervals for 5 h, and finally after 18 h incubation at 28°. The remainder of the preparation was steamed and further samples were taken for chromatography. The chromatograms were examined by autoradiography. For isolation of the radioactive methionine, the enzyme preparation from cells grown with excess vitamin B<sub>12</sub> was applied to a sheet of Whatman 3MM paper (see p. 315).

### RESULTS

In the development of a simple growth medium for *Ochromonas*, a number of nitrogen sources were examined, and the results are shown in Table 2. In addition to the general basic nitrogen sources, several other compounds were tried as supplements to ammonium chloride; the additions that had the greatest effect besides methionine were arginine, lysine and malate. Though these were definitely stimulatory at 3 days' incubation, they had less effect at 5 days' incubation. The methionine stimulation was clearly shown on all methionine-free media but appeared more striking on the simple medium used. Thus, for most of the work, the basal medium containing ammonium chloride and arginine but not lysine or malate (i.e. the medium given in Table 1) with the methionine omitted was used.

The growth-stimulating effect of methionine for Ochromonas was studied with

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several different basal media and at various levels of vitamin  $B_{12}$  supplementation. The results are summarized in Table 3. From them it is evident that methionine at the proper levels gives an added growth response over that obtained with vitamin  $B_{12}$  and

| Source of nitrogen | Amount<br>(g/l. final  | Optical density $(\times 100)^*$ after<br>incubation in presence of<br>vitamin B <sub>12</sub> at 10 $\mu$ g/l.<br>final medium for |        |  |  |
|--------------------|------------------------|---|--------|--|--|
| Description        | (g/i. illai<br>medium) | 3 days  | 5 days |  |  |
| Ammonium citrate   | 3 (to 5)†              | 30  | 46     |  |  |
| Ammonium chloride  | 3                      | 30  | 68     |  |  |
| Asparagine         | 3                      | 15  | 38     |  |  |
| Glutamic acid      | 3                      |   | 18     |  |  |
| Glycine            | 3                      | 5   | 22     |  |  |
| Hydrolysed casein  | 3                      | 57  | 73     |  |  |

Table 2. Growth of Ochromonas malhamensis in various simple media

\* i.e. Lumetron readings of diluted (1:1) cultures × 10.

† Increases over 3 g/l. did not increase growth (3 g ammonium citrate supplies approx. the same amount of nitrogen as 5 g casein hydrolystate).

| Table 3. | Effect of  | vitamin | $B_{12}$ | and | methionine | on |
|----------|------------|---------|----------|-----|------------|----|
| the g    | rowth of ( | Ochromo | onas     | mal | hamensis   |    |

| Total<br>methionine<br>in final | Optical de |             | o)* of grown<br>ration in the |              | when the vi<br>um was | tamin B <sub>12</sub> |
|---------------------------------|------------|-------------|-------------------------------|--------------|-----------------------|-----------------------|
| medium<br>(g/l.)                | Nil        | 0.1 g/l.    | 0.2 g/l.                      | 0.4 g/l.     | o∙8 g/l.              | 1.0 g/l.              |
|                                 | Basal medi | um with asp | oaragine; 5 d                 | lays' incuba | ation period          |                       |
| o                               | 10         | 26          | 34                            | 43           | 60                    |                       |
| 0.1                             | 9          | 28          | 37                            | 43           | 62                    |                       |
| 0.3                             | 10         | 30          | 40                            | 55           | 66                    | —                     |
| 0.4                             | 17         | 45          | 49                            | 64           | 66                    |                       |
| 0.8                             | 30         | 45          | 45                            | 45           | 45                    | —                     |
| Basa                            | l medium v | vith ammoni | ium citrate;                  | 5 days' inc  | ubation peri          | od                    |
| 0                               | 1.0        | 3           |                               | _            | _                     | 31                    |
| 0.1                             | 3.2        | 7.5         |                               |              |                       | 49                    |
| 0.3                             | 7          | 13.2        |                               |              | <u> </u>              | 63                    |
| 0.4                             | 14         | 30          |                               | _            |                       | 71                    |
| 0.6                             | 19         | 36          | _                             |              |                       | 75                    |
| o·8                             | 17         | 32          |                               | _            |                       | 50                    |
| 1.0                             | 15         | 31          | _                             |              |                       | 50                    |
| 2.0                             | 10         | 14          | <u> </u>                      | —            | —                     | 13                    |
| Basal                           | medium wi  | ith ammoniu | um chloride                   | ; 4 days' in | cubation per          | riod                  |
| 0                               | 2.2        | <u> </u>    | —                             | 10           | 29                    | _                     |
| 0.3                             | 2.6        |             | —                             | 14           | 44                    |                       |
| 0.2                             | 7          |             |                               | 18           | 48                    |                       |
| 1.4                             | 5.2        | —           | —                             | 19           | 43                    |                       |
| Basal m                         | edium with | hydrolysed  | casein (3 g/                  | 1.); 4 days' | incubation p          | period                |
| 0.1                             | 6          |             | _                             | 11           | 53                    |                       |
| 0.5                             | 6          | —           | _                             | 19           | 56                    |                       |
| 0.2                             | 9.2        | _           |                               | 22           | 63                    |                       |
| 1.4                             | 9          |             | _                             | 27           | 57                    |                       |

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at all levels of vitamin  $B_{12}$  used. It also appears that high levels of methionine are definitely inhibitory.

The growth stimulation by methionine (Hutner et al. 1953) being thus confirmed, in both the presence and absence of vitamin  $B_{12}$ , the possibility of replacing methionine by a metabolic precursor in the presence of vitamin  $B_{12}$  was next investigated. Because of the animal work on glycine already cited, glycine plus homocysteine was tried first in 3-day growth experiments, but without effect. However, with a longer (5-day) incubation period it was found that glycine plus homocysteine would replace methionine for the growth stimulation of the organism, in the presence of vitamin  $B_{12}$  but not in its absence. The results of these experiments for 3- and 5-day incubation periods are given in Table 4. Since glycine in the presence of vitamin  $B_{12}$ , although not in its absence, would replace methionine in the growth stimulation of Ochromonas after a 5-day incubation period, a number of possible methionine precursors were tried in this same assay system. The results are summarized in Table 5, from which it is clear that glycine, serine, threenine and homoserine will, to varying degrees, serve as precursors of methyl groups for methionine synthesis for the growth of Ochromonas and that it is not necessary to supply the homocysteine part of the molecule either as homocysteine or as homocystine. The values shown in Tables 4 and 5 are complicated by the inhibitory effect sometimes shown when glycine was included in the medium, particularly in the absence of vitamin  $B_{12}$ , but the marked stimulation when glycine and the vitamin were both present is always evident.

| (Triplicate experiments, th<br>Supplement to basal medium<br>(without methionine) |                        |                                    | Relative t                      | -                                  |                                 |
|---|------------------------|------------------------------------|---------------------------------|------------------------------------|---------------------------------|
|   |                        |                                    | ition period                    | 5-day incubation perio             |                                 |
| Description   | (g/l. final<br>medium) | Without<br>vitamin B <sub>12</sub> | With<br>vitamin B <sub>12</sub> | Without<br>vitamin B <sub>12</sub> | With<br>vitamin B <sub>12</sub> |
| None  |                        | 100 (0.25)                         | 100 (2.0)                       | 100 (0.6)                          | 100 (6.5)                       |
| Methionine  | o·6                    | 152                                | 175                             | 183                                | 150                             |
| Homocysteine  | o·6                    | 100                                | 100                             | 83                                 | 104                             |
| Homocysteine + glycine  | 0.0 + 1.0              | 83                                 | 91                              | 50                                 | 155                             |

 Table 4. Effect of period of incubation on growth response of Ochromonas malhamensis to methionine and its precursors

\* Figures in parentheses are Lumetron scale readings.

In order to demonstrate further that this growth stimulation in the absence of methionine, but in the presence of vitamin  $B_{12}$ , was indeed due to methionine synthesis from the precursors involved, experiments were carried out with the specific methionine antimetabolite ethionine. From Table 6 it is evident that the inhibition caused by ethionine at 0.6 g/l. can be reversed by 0.6 g/l. of methionine. However, at this level of antimetabolite, glycine with or without vitamin  $B_{12}$  was unable to cause significant reversal of inhibition. At the ethionine level of 0.2 g/l. glycine in the presence of vitamin  $B_{12}$  partially reversed the inhibition and the effect approached that brought about by 0.6 g/l. of methionine. In a system such as this the mechanism of reversal of inhibition must be complicated, therefore only marked reversal of the inhibition

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| Table 5. Ability of possible precursors of the methyl group of methionine to replace |
|--|
| methionine for the growth stimulation of Ochromonas in the presence and absence of   |
| vitamin B <sub>12</sub>  |

| Supplement to basal medium |                                  | Relative turbidity*                             |  |  |                                 |  |  |
|----------------------------|----------------------------------|---|--|--|---------------------------------|--|--|
| (without methionine)       |                                  | 3-day inc                                       | cubation                                     | 5-day incubation                         |                                 |  |  |
| Description<br>None        | Amount<br>(g/l. final<br>medium) | Without<br>vitamin B <sub>12</sub><br>100 (0.4) | With<br>vitamin B <sub>12</sub><br>100 (3.0) | Without<br>vitamin $B_{12}$<br>100 (0.7) | With vitamin $B_{12}$ 100 (6.6) |  |  |
| DL-Methionine              | o·6                              | 150   | 164  | 150                                      | 147                             |  |  |
| Glycine                    | 1.0                              | 9 <b>0</b>                                      | 120  | 100                                      | 150                             |  |  |
| Homocysteine: alone        | <b>o</b> •6                      | 100   | 100  | 8 <b>0</b>                               | 104                             |  |  |
| + glycine                  | 0.0 + 1.0                        | 100   | 100  | 6 <b>0</b>                               | 150                             |  |  |
| + DL-serine                | 0.0 + 1.0                        | 100   | 83   | 60                                       | 120                             |  |  |
| + formate                  | 0.0+1.04                         | 8 <b>0</b>                                      | 12   | 20                                       | 7                               |  |  |
| + choline                  | 0.0 + 1.0                        | 8 <b>0</b>                                      | 120  | 8 <b>0</b>                               | 104                             |  |  |
| Homocystine: alone         | <b>o</b> ·6                      | 100   | 145  | 100                                      | 122                             |  |  |
| + glycine                  | 0.6 + 1.0                        | 90  | 146  | 100                                      | 150                             |  |  |
| DL-Serine                  | 1.0                              | 100   | 100  | 100                                      | 128                             |  |  |
| L-Serine‡                  | 1.0                              | 100   | 120  | 100                                      | 130                             |  |  |
| D-Serine‡                  | 1.0                              | 100   | 80   | 100                                      | 116                             |  |  |
| DL-Histidine               | 1.0                              | 90  | 90   | 100                                      | 108                             |  |  |
| DL-Threonine               | 1.0                              | 90  | 80   | 100                                      | 119                             |  |  |
| DL-Homoserine              | 1.0                              | 100   | 120  | 100                                      | 120                             |  |  |
| DL-Methionine + glycine    | 0.0+1.0                          | 150   | 175  | 100                                      | 154                             |  |  |

\* Figures in parentheses are Lumetron scale readings.
† Formate was toxic at levels from 0.2 to 1.0 g/l. and ineffective below 0.2 g/l.
‡ Kindly supplied by Dr H. R. V. Arnstein, National Institute for Medical Research.

| Table 6. | Effect of possible precursors of the methyl group of methionine on reversing the |
|----------|--|
|          | toxicity of ethionine for Ochromonas   |

| Supplement to basal medium |                      | Optical density (× 100)*              |   |   |   |                                       |  |
|----------------------------|----------------------|---------------------------------------|---|---|---|---------------------------------------|--|
|                            | (without methionine) |                                       | 3-day in                                  | cubation                                | 5-day incubation                                      |                                       |  |
| None                       | Description          | Amount<br>(g/l. final<br>medium)<br>— | Without<br>vitamin B <sub>12</sub><br>1.6 | With<br>vitamin B <sub>12</sub><br>12:0 | Without<br>vitamin B <sub>12</sub><br>7 <sup>.2</sup> | With<br>vitamin B <sub>12</sub><br>75 |  |
| Ethionine                  | : alone              | o·6                                   | 0.5                                       | 1.0                                     | 1.5   | 6.3                                   |  |
|                            | + methionine         | 0·6+0·6                               | 0.2                                       | 11.0                                    | 5.3   | 74                                    |  |
|                            | + glycine            | 0.0+1.0                               | 0.0                                       | 1.2                                     | 2.7   | 13                                    |  |
| None                       |                      |                                       |   |   | 6.2   | 83                                    |  |
| Ethionine                  | ; alone              | 0.5                                   |   | _ `                                     | 6.7   | 11                                    |  |
|                            | + glycine            | 0.5 + 1.0                             | —   | _                                       | 6.4   | 66                                    |  |
|                            | + DL-serine          | 0.5 + 1.0                             |   |   | 6.3   | 63                                    |  |
|                            | +L-serine            | 0.5 + 1.0                             | _   | —                                       | 6.4   | 79                                    |  |
|                            | + D-serine           | 0.5 + 1.0                             |   |   | 6.4   | 42                                    |  |
|                            | +DL-threonine        | 0.5 + 1.0                             |   |   | 6·0   | 28                                    |  |
|                            | + DL-homocystine     | 0.2+0.6                               | —   |   | 8.0   | 18                                    |  |
|                            | + DL-histidine       | 0.5 + 1.0                             | _   | —                                       | 6.2   | 13                                    |  |
|                            | + DL-homoserine      | 0.5 + 1.0                             | —   |   | 6.0   | 47                                    |  |
|                            | + glycollic acid     | 0.5 + 1.0                             | _   | _                                       | 4.0   | 9                                     |  |
|                            | + DL-methionine      | 0·2+0·6                               | _   | —                                       | 7.4   | 83                                    |  |
|                            | +sodium glyoxylate   | 0.5 + 0.2                             | _   |   | 6.2   | 10                                    |  |
|                            | +sodium formate      | 0.5 + 0.1                             |   |   | 4.2   | 8                                     |  |

\* i.e. Lumetron readings of diluted (1:1) cultures × 10.

has been taken as evidence of the synthesis of methionine. Thus the effect of serine, particularly the L form, and homoserine seem unequivocal, whereas the effect of the other methyl-group precursors is doubtful.

To study directly the synthesis of the methyl groups of methionine from glycine, Ochromonas cells were grown in the presence of  $\alpha$ -<sup>14</sup>C-glycine and homocysteine with adequate or limiting amounts of vitamin B<sub>12</sub>. Typical autoradiographs are shown in Pl. 1. No methionine was found in the cell contents of Ochromonas whether grown with or without vitamin  $B_{12}$  (Pl. 1, 1,2), but in the hydrolysed cells grown with vitamin  $B_{12}$  and <sup>14</sup>C-labelled glycine a substance appeared with the same  $R_F$  as methionine. This metabolite was proved to be methionine by repeated carrier crystallization with an authentic specimen of inactive methionine sulphoxide. Cell-free preparations, obtained by freezing and thawing to disrupt the cells and centrifugation, gave similar autoradiographs. Preparations from Ochromonas grown with limiting vitamin B<sub>12</sub> were less able to metabolize glycine (Pl. 1, 3) and produced no detectable amount of <sup>14</sup>C-methionine. Since deficient cells may be less active metabolically and the effect of vitamin B<sub>12</sub> deficiency on glycine may be due to some non-specific phenomena, cell-free preparations were studied from Ochromonas grown with excess vitamin B<sub>12</sub>, but with limiting amounts of thiamine (also an absolute requirement for growth). These preparations were able to synthesize methionine from the  $\alpha$ -<sup>14</sup>C of glycine, which indicates that methyl-group formation is a specific function of vitamin B<sub>12</sub>.

Since the sec. butanol/ammonium solvent did not separate glycine from serine, glycine bands were cut from the chromatograms used for the isolation of methionine. This material was then eluted and rechromatographed with water-saturated phenol. No <sup>14</sup>C-labelled serine could be detected by autoradiography.

| Table 7. | Oxygen     | uptake o  | of O | chromo  | nas      | cells gr | rown | under |
|----------|------------|-----------|------|---------|----------|----------|------|-------|
| đ        | ifferent c | ondition. | s of | vitamin | $B_{12}$ | nutrit   | ion  |       |

| Supplement added to<br>medium used for<br>growth of cells | Oxygen uptake<br>(mm³/h/unit<br>optical density)* |
|---|---|
| Methionine (0.6 g/l.)                                     | 88  |
| (no vitamin $B_{12}$ )                                    | _   |
| Vitamin $B_{12}$ at 0.1 $\mu g/l$ .                       | 89  |
| Vitamin $B_{12}$ at 10 $\mu$ g/l.                         | 92  |

\* One unit optical density = Lumetron reading of a ten times diluted suspension from Warburg flask.

Although lacking the ability to synthesize methionine, vitamin  $B_{12}$ -deficient cells did not differ significantly, in their oxygen uptake, from cells grown with excess vitamin. These results are shown in Table 7. It can be seen from Table 8 that *Ochromonas* cells had a very high endogenous respiration, and it was found that this rate of respiration was constant for over 18 h, indicating the great amount of energy stored in the cell. Omission of Tween 80 from the medium for growing *Ochromonas* gave cells with approximately half the rate of respiration given in Table 8. These experiments also show that glycine is inefficient as a carbon (energy) source. Table 8. Oxygen uptake of Ochromonas cells grown on a complete medium (containing 10  $\mu g/l$ . vitamin  $B_{12}$ ) when deriving carbon from different substrates

|                   | Oxygen uptake     |
|-------------------|-------------------|
|                   | (mm³/h/unit       |
| Substrate         | optical density)* |
| None (endogenous) | 81                |
| Glycine (10 g/l.) | 93                |
| Glucose (10 g/l.) | 135               |

\* One unit optical density = Lumetron reading of a ten times diluted suspension from Warburg flask.

#### DISCUSSION

It has been stated that methionine stimulates the growth of Ochromonas malhamensis (Hutner et al. 1953) and our experiments both in the presence and absence of vitamin  $B_{12}$  confirm this finding. This effect was obtained on media with inorganic nitrogen, or with a complete amino-acid mixture. The methionine could be replaced by homocysteine (or homocystine) and glycine, but only in the presence of vitamin  $B_{12}$ . Similarly, homocysteine and serine, or to a lesser extent certain other methyl-group precursors, would give a stimulation similar to that of methionine when the vitamin was present. It is interesting that transmethylation appears to be ruled out, since no effect was obtained with choline. The cells appeared to contain sufficient methylgroup acceptor (without added homocysteine) since glycine or serine was effective alone. The response to homoserine and the ability of homoserine to reverse ethionine inhibition may be related to its metabolism to glycine (Woods, 1955) or its ability to accept sulphur and methyl groups for methionine synthesis (Wokes & Picard, 1955). The reversal of ethionine inhibition was perhaps the most striking proof of the conversion of glycine and serine to methionine and demonstrated the greater activity of L-serine.

Both growing cells and cell-free preparations from Ochromonas grown with adequate vitamin  $B_{12}$  used the <sup>14</sup>C from the  $\alpha$  group of glycine for incorporation into methionine. Cells grown with limiting vitamin  $B_{12}$  did not have this ability. Deficient cells did not differ from normal cells in their rate of oxygen uptake with either glucose or glycine as substrate. Therefore the deficient cells were not moribund. Also, cells grown with adequate vitamin  $B_{12}$ , but limiting thiamine, could use glycine as the source of the methyl of methionine, which suggests that vitamin  $B_{12}$  acts specifically in methyl-group synthesis.

At least three possible pathways appear to exist for the synthesis of the methyl group of methionine from glycine. They involve: (1) the formation of serine hydroxymethyl (Arnstein, 1954, 1955) from the  $\alpha$ -carbon of glycine and its transfer from serine to homocysteine followed by reduction to methyl to yield methionine; (2) the oxidative deamination of glycine to glyoxylic acid which is then decarboxylated to yield CO<sub>2</sub> and an 'active formaldehyde' which will directly give methionine via hydroxymethyl homocysteine (Nakada, Friedmann & Weinhouse, 1955); (3) the formation of  $\delta$ amino-laevulic acid and its conversion into  $\alpha$ -keto-glutaraldehyde which then gives succinate and 'active formaldehyde' (Shemin, 1955). The fact that no serine was found

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during metabolism of glycine in either the presence or absence of vitamin B<sub>12</sub> would indicate that glycine provides a methyl group without serine serving as an intermediate. However, the serine may have been metabolized more rapidly than it was formed and thus escaped detection. Glyoxylic and glycollic acids did not reverse the growth inhibition produced by ethionine and would thus appear to be ruled out as the one-carbon precursors. However, glyoxylic acid is unstable and there may have been little of the compound present in the medium during the later stages of growth. Preliminary experiments with growing cells with  $\delta$ -amino-laevulic acid showed that it was not capable of stimulating growth like methionine. Thus the steps in the conversion of the  $\alpha$ -C of glycine into methionine need further investigation.

#### SUMMARY

1. On a simplified medium the protozoan Ochromonas malhamensis showed a growth response to methionine, both in the presence and in the absence of added vitamin  $B_{12}$ .

2. In the presence of vitamin  $B_{12}$ , but not in its absence, the methyl-group precursors, glycine and serine, gave a growth response similar to that of methionine.

3. Inhibition of growth of the organism by ethionine was completely reversed by methionine. Glycine, serine, and to a less extent certain other methyl precursors, reversed ethionine inhibition only if vitamin B<sub>12</sub> was also present in the medium and a 5-day incubation period used.

4. Cell-free extracts prepared from cells grown with an adequate amount of vitamin  $B_{12}$  formed <sup>14</sup>C-methionine from  $\alpha$ -<sup>14</sup>C-glycine. Vitamin  $B_{12}$ -deficient cells did not have this property.

5. No difference in oxygen uptake was found between cell growth without, or with limiting, or with adequate vitamin  $B_{12}$ .

#### EXPLANATION OF PLATE

#### Autoradiographs of paper-strip chromatograms.

1. Cell extract (cell contents) of cells grown without vitamin  $B_{12}$  on a medium containing  $\alpha^{-14}$ C-glycine.

- 2. Cell extract (cell contents) of cells grown with vitamin  $B_{12}$  and  $\alpha$ -14C-glycine.
- 3. Acid hydrolysate of cell debris from 1.

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4. Acid hydrolysate of cell debris from 2.

Chromatographed on Whatman no. 7 filter-paper sheets in sec.-butanol (2 parts)-ammonia (1 part of 3% (v/v) conc. NH<sub>4</sub>OH in water) solvent solution.

Significant amounts of methionine were found only in the debris of cells grown with vitamin B12.

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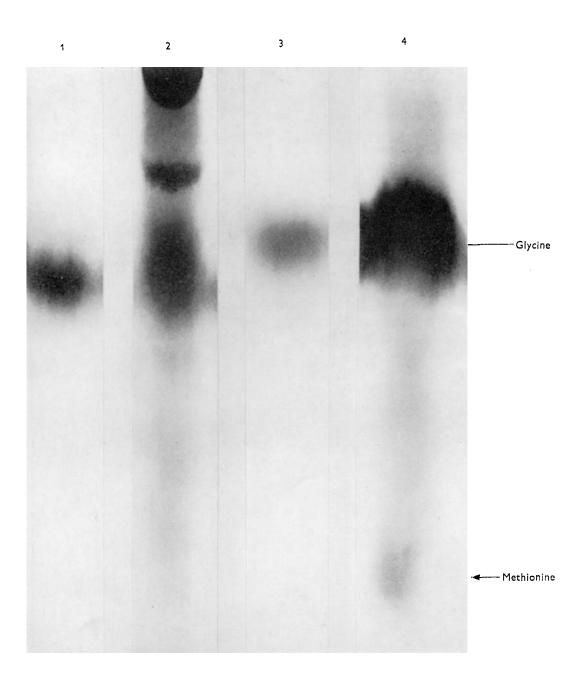
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# Methionine sulphoximine and the growth of the wheat embryo

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Besides having a neurotoxic action methionine sulphoximine, the toxic principle produced by the action of nitrogen trichloride (agene) on the protein of wheat (Bentley, McDermott, Moran, Pace & Whitehead, 1950), has been reported to depress or inhibit the germination of seeds, the larval development of insects, the growth of certain bacteria (Pace & McDermott, 1952), the synthesis of protein by cells in culture (Rabinovitz, Olson & Greenberg, 1956), the growth in culture of bone rudiments and the development of chick embryo (Mellanby, 1956). It has also been shown that the depressing effect on the growth of bacteria and the synthesis of protein by cells in culture can be prevented by the provision of glutamine or methionine to the growing cells (Heathcote, 1949; Heathcote & Pace, 1950; Rabinovitz et al. 1956). The experiments described in this paper show that methionine sulphoximine is also markedly toxic to the wheat embryo and that this toxicity can be nullified by the presence of glutamine.

#### EXPERIMENTAL

The effects were demonstrated by growing the embryos on sterile media containing methionine sulphoximine. Grain, variety Squarehead's Master, of good germinating vigour was sterilized for 1 sec in 70% alcohol, allowed to dry and then placed in a moist chamber for 2 or 3 days until the embryos, inclusive of scutellum, were just moist enough to be removed cleanly without damage. They were allowed to dry and immediately before being placed on the medium were sterilized in 70% alcohol, the excess being removed on sterile filter-paper. Two types of medium were used, one a simple synthetic similar to that described by Purvis (1944), containing dextrose 2%,