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Integrating an Institutional Psychiatric Open Light Treatment (IPOLT) On SMI: From Revolving Doors to Recovery.

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INTRODUCTION

The conceptual ideas coming from the Quantum Field Theory and from the work of Boston Change Process Group improve an organizational model of the teamwork, with simpler internal coherence and cohesion and lead to 'invisible' structured professional intervention adaptable also in therapeutic pathways of revolving door SMI patients.

OBJECTIVES

Evaluate the effectiveness of equipe's taking charge in order to improve compliance and clinical outcome, looking specifically the impact of IPOLT team-work organization on simplifying therapeutic process.

METHODS

Looking at two different therapeutic pathways for Severe Mental Illness (SMI) we have investigated the effectiveness of our model on clinical outcome (number of hospitalizations and treatment compliance). We have considered two cohorts, matched by sex, age and diagnosis distinguished for follow-up: first group taking charge in Day-Hospital after hospitalization and second group didn't.

RESULTS

Treatment compliance is significantly increased, whereas hospitalization rate is reduced in the first group compared to the second (T-test, $p < 0,05$).

CONCLUSIONS

Change from rehabilitation programs towards recovery for SMI patients needs the reduction of circular phenomena (like revolving door, etc), giving rise to linear processes of care. A global integrated model of care network makes it easier.