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Topic: 67 - Psychotherapy

GOING FROM TRANSFER AND COUNTER-TRANSFER TO INTERPERSONAL DYNAMICS RELATED TO PSYCHOANALYTICAL PSYCHOTERAPY (CASE STUDY)

S. Trifu

Clinical Hospital for Psychiatry 'Alex. Obregia', University of Medicine and Pharmacy 'Carol Davila', Bucharest, Romania

This paperwork whishes to be a psychoanalysis psychotherapy case presentation based on a three-year therapy, with a frequency of two sessions per week. At the moment this therapy is on its course.

Together with life history of the patient we present the history of this therapy emphasizing the inter-subjective perspective and the inter-personal dynamics of this phenomenology - based on the elements of transfer and counter-transference.

This is the history of a psychoanalytical psychotherapy that meticulously describes the evolution of a young lady - from the generically named "cognitive intelligence", "math brilliancy", fascination for "authority", "money", "control", "Super-Ego" to self discovery of her own capacity to understand, accept and take advantage of her emotional intelligence.