

## SURVEY RELATIONSHIP BETWEEN HISTORY OF CHILD ABUSE AND MENTAL HEALTH IN ADULTHOOD

*E. Rezaei Ghalechi, R. Kazemi*

Islamic Azad Medical University, Ardabil, Iran

**Introduction:** Child abuse is important reason of children 's problems in the future.

**Objectives:** Finding the origins of future problems in people's life is one of the our objects.

**Aim:** The present study with aim predicted adult mental health based on experiences of child abuse during childhood was conducted.

**Methods:** In this study 294 patients (164males and 130 females) students with sampling randomly and with using random numbers table were selected. To measure the variables of the questionnaires Goldberg general health (GHQ), Cooper smith self-esteem and Beck depression were used. Data analysis using person correlation test and multiple regressions were performed simultaneously.

**Results:** Findings showed that there is significant relationship between histories of physical, emotional child abuse and neglected with mental health and adults with a history of Physical, emotional abuse and neglected in terms of mental health are much lower. between sexual abuse and mental health, there is no significant relationship and only emotional child abuse and neglect are able predict significantly mental health scores also showed there is no significant relationship and only emotional child abuse and neglect are able to significantly predict depression scores.

**Conclusion:** Based on the findings of this study was found between physical emotional abuse neglect and anxiety there is significant relationship while between sexual child abuse with anxiety there is no significant relationship and just emotional child abuse is able to significantly predict anxiety scores. In sex factor results showed that there is significant relationship between mental health of male and female victims.