# A BICOMBING THAT IMPLIES A SUB-EXPONENTIAL ISOPERIMETRIC INEQUALITY

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The idea of applying isoperimetric functions to group theory is due to M. Gromov [8]. We introduce the concept of a "bicombing of narrow shape" which generalizes the usual notion of bicombing as defined for example in [5], [2], and [10]. Our bicombing is related to but different from the combings defined by M. Bridson [4]. If they Cayley graph of a group with respect to a given set of generators admits a bicombing of narrow shape then the group is finitely presented and satisfies a sub-exponential isoperimetric inequality, as well as a polynomial isodiametric inequality. We give an infinite class of examples which are not bicombable in the usual sense but admit bicombings of narrow shape.

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#### 1. Definitions

Let  $\Gamma_X(G)$  be the Cayley graph of a group G with respect to a finite set of generators, X, and let  $\Gamma_X(G)$  be equipped with the word metric. Let F be the free group on X. For  $v \in F$  let |v| denote the length in the free group.

A bicombing as defined in [2] and [10] is essentially a selection of a path  $\sigma(g, h)$  for every pair of vertices  $g, h \in \Gamma_X(G)$ , such that the distance between any two paths which start and end a distance  $\leq 1$  apart is uniformly bounded. We replace the uniform bound for this distance by a bound that is dependent on the lengths of the paths. More precisely, we define a bicombing of narrow shape as follows:

For each  $(g,h) \in G \times G$  let  $\sigma(g,h)$ :  $[0, \infty[ \rightarrow \Gamma_X(G)$  be a path from g to h which is at integer times at vertices (i.e. from t=n to t=n+1 the path either travels the distance between two adjacent vertices or pauses at a vertex). We define the length:

$$|\sigma(g,h)| = \min\{t \mid \sigma(g,h)[t,\infty] = \text{constant} = h\}.$$

This is the length of the path including the pauses which occur before the end of the path is reached. We will frequently represent such a path by a sequence of elements in  $X \cup X^{-1} \cup \{1\}$  which, given the start vertex g, completely determines the path. Let  $\sigma(h) = \sigma(1, h)$ . We call  $\sigma$  a bicombing of narrow shape if

(1) it is "recursive", i.e. if there exists an increasing polynomial  $f: \mathbb{N} \to \mathbb{N}$ , such that

$$|\sigma(g)| \le f(d(1,g)) \quad \forall g \in G \tag{1}$$

(2) there exists an integer M > 1 and a real number k > 2, such that for any  $g \in G$  $|\sigma(g,g)| \le Mk/2$  and for all g,  $h \in G$  and  $a, b \in X^{\pm 1} \cup \{1\}$ 

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$$\left|\sigma(\sigma(g,h)(t),\sigma(ga,hb)(t))\right| \le \max\left(\left(\left|\sigma(g,h)\right| + \left|\sigma(ga,hb)\right|\right)/k,M/2\right)$$
(2)

holds for all integers  $t \in [0, \infty[$ .

where d(1,g) denotes the distance in  $\Gamma_x(G)$  from 1 to g. If possible we will always choose  $\sigma(1)$  to be the identical path. A bicombing is called *geodesic* if f is the identity (i.e. the combing lines are geodesics).

Let the group G be finitely generated with generator set X. Following Gersten [7], a function  $f:\mathbb{N}\to\mathbb{N}$  is called an *isoperimetric function* for G if for any word w in X of length n with w=1 in G, the minimum number of 2-cells in a van Kampen diagram for w is at most f(n).

Let  $P = \langle X | R \rangle$  be a finite presentation of the group G. Following Gersten [7], a function  $f: \mathbb{N} \to \mathbb{R}$  is called an *isodiametric function* for P, if for any word w in the generators X with w=1 in G there is a van Kampen diagram for w, such that any vertex in the diagram has distance at most f(|w|) from the basepoint.

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#### 2. An isoperimetric inequality and an isodiametric function

**Theorem 2.1.** A group G with finite generator set X and a bicombing of narrow shape is finitely presented and has an isoperimetric function of growth  $n^{O(\log n)}$ .

**Proof.** Define a presentation  $P = \langle X | R \rangle$ , where R is the set of all cyclically reduced non-trival words of length at most M + 2 which are trivial in G. We prove that P is a presentation for G by constructing a van Kampen diagram for each word which is trivial in G, using only 2-cells of R.

Let  $w \in F$  be a reduced nontrivial word of length n > M+2 which is trivial in G. If  $w = x_1 \dots x_n$ ,  $x_i \in X^{\pm 1}$ , define  $w_i = x_1 \dots x_i$ . Now consider the "fan" of bicombing lines  $\sigma(w_i)$  from 1 to  $w_i$ . The equality |w| = n implies  $d(1, w_i) \le n/2$  and by (1) it follows that

$$|\sigma(w_i)| \le f(n/2) \quad \text{for } 1 \le i \le n. \tag{3}$$

If  $|\sigma(w_i)| + |\sigma(w_{i+1})| \le M$ , then the closed path  $\tau_i = \sigma(w_i) x_{i+1} \sigma(w_{i+1})^{-1}$  in  $\Gamma_X(G)$  is of length  $\le M + 2$  and therefore represents up to cyclic reduction an element of R.

If  $|\sigma(w_i)| + |\sigma(w_{i+1})| > M$  we break up the closed path  $\tau_i$  again, using the bicombing paths  $\sigma_{i,i} = \sigma(\sigma(w_i)(t), \sigma(w_{i+1})(t))$  that connect  $\sigma(w_i)(t)$  to  $\sigma(w_{i+1})(t)$  for all positive integers  $t \leq \max(|\sigma(w_i)|, |\sigma(w_{i+1})|)$ . By (2),

$$|\sigma_{i,l}| \le \max(2f(n/2)/k, M/2).$$
(4)

Let  $\sigma(w_i) = a_1 \dots a_p$ ,  $\sigma(w_{i+1}) = b_1 \dots b_q$ ,  $a_j$ ,  $b_l \in X^{\pm 1} \cup \{1\}$ . We examine the length of the closed paths  $\tau_{i,t}$  that are generated by the connecting paths  $\sigma_{i,t}$ :  $\tau_{i,t} = \sigma_{i,t}b_{t+1}\sigma_{i,t+1}^{-1}a_{t+1}^{-1}$  (see fig. 1). If  $|\sigma_{i,t}| + |\sigma_{i,t+1}| \leq M$ , then  $|\tau_{i,t}| < M+2$  and  $\tau_{i,t}$  represents up to cyclic

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FIGURE 1. A diagram for w.

reduction an element in R. Otherwise, we break  $\tau_{i,t}$  up agian using bicombing paths  $\sigma_{i,t,s} = \sigma(\sigma_{i,t}(s), \sigma_{i,t+1}(s))$  for  $s \leq \max(|\sigma_{i,t}|, |\sigma_{i,t+1}|)$ .

There is one exception, namely if we are close to the boundary. This is because the path of length one between  $w_i$  and  $w_{i+1}$  is not (necessarily) a combing line. But the condition  $|\sigma(g,g)| \leq Mk/2$  implies

$$\left|\sigma(\sigma(w_{i}, w_{i})(0), \sigma(w_{i+1}, w_{i+1})(0))\right| \leq \max\left(\frac{\left|\sigma(w_{i}, w_{i})\right| + \left|\sigma(w_{i+1}, w_{i+1})\right|}{k}, \frac{M}{2}\right) \leq M_{1}$$

and the closed path on the boundary consisting of the combing line  $\sigma(w_i, w_{i+1})$  and the edge from  $w_{i+1}$  to  $w_i$  has length  $\leq M + 1$  and therefore represents an element of R.

By (4),  $|\sigma_{i,t,s}| \leq \max(4f(n/2)/k^2, M/2)$ . If  $|\sigma_{i,t,s}| + |\sigma_{i,t,s+1}| \leq M$  then the closed path  $\tau_{i,t,s}$ , using  $\sigma_{i,t,s}$ ,  $\sigma_{i,t,s+1}^{-1}$  and the segments of length  $\leq 1$  along  $\sigma_{i,t}$  and  $\sigma_{i,t+1}$ , is of length  $\leq M+2$  and therefore represents an element in R. Otherwise, we break up further in the same manner using connecting bicombing paths of length  $\leq \max(8f(n/2)/k^3, M/2)$ , etc. until  $2^d f(n/2)/k^d \leq M/2$ . In this way we find a van Kampen diagram for w. This proves that G is finitely presented. The exponent d can be estimated as the smallest integer greater than or equal to  $\log_{k/2}(2f(n/2)/M)$ .

The isoperimetric inequality has the form:

$$#(2 - \text{cells}) \leq n \cdot (f(n/2) + 1) \cdot 2(f(n/2) + 2)/k \cdots 2^{d-1} (f(n/2) + 2)/k^{d-1}$$
$$\leq \frac{n(f(n/2) + 2)^d 2^{d(d-1)/2}}{k^{d(d-1)/2}} = n^{O(\log n)}$$

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where d is given as above.

**Remark 1.** Condition (1) is not necessary in order to prove that the presentation is finite.

2. The growth of the isoperimetric function is faster than polynomial but slower than exponential; therefore we call it sub-exponential.

**Theorem 2.2.** Each group that has a bicombing in the sense of [10] has a bicombing of narrow shape.

**Proof.** By using the notation of the proof above, the bicombing in the sense of Short is a narrow bicombing with  $|\sigma_{i,t}| \leq M/2$  and f(n) = mn for a given constant  $m \in \mathbb{N}$  and d=1 in this case.

**Theorem 2.3.** Let  $P = \langle X | R \rangle$  be a finite presentation for the group G with a bicombing of narrow shape  $\sigma$  and let f be the polynomial from (1) bounding  $|\sigma(g)|$ .

- (1) There is a polynomial isodiametric function for P of the same degree as f.
- (2) If  $\sigma$  is geodesic, then the isodiametric function is linear.

**Proof.** Let  $w \in F$  be a reduced nontrivial word of length n, which is trivial in G, and let D be the van Kampen diagram for w constructed in the proof of Theorem 2.1. One can reach every vertex in the diagram D from the basepoint 1 by travelling part of a bicombing line  $\sigma(w_i)$  of the first generation then travelling part of a bicombing line  $\sigma_{i,t}$ of the second generation then part of a bicombing line  $\sigma_{i,t,s}$  of the third generation etc. The length of a bicombing line of the *l*th generation is  $\leq 2^l f(n/2)/k^l$ , and the sum of the lengths of successive generations of bicombing lines therefore is  $f(n/2)(1+2/k+(2/k)^2+\cdots) = f(n/2)k/(k-2)$ . Hence (k/(k-2))f(n/2) is an isodiametric function for the presentation P. If  $\sigma$  is geodesic, then f is the identity and the above function is linear. 

The next theorem follows an idea of M. Bridson [4]. It shows that the definition of a bicombing of narrow shape cannot be sharpened.

**Theorem 2.4.** Let X be a finite generating set of the group G. Choose for every pair  $g, h \in G$  a geodesic  $\sigma(g,h) \in \Gamma_X(G)$ . Then

$$\forall x, y \in X^{\pm 1}, \quad \forall g, h \in G, \left| \sigma(\sigma(g, h)(t), \sigma(gx, hy)(t)) \right| \leq \left( \left| \sigma(g, h) \right| + \left| \sigma(gx, hy) \right| \right) / 2 + 1$$

holds for all integers  $t \in [0, \infty[$ .

**Proof.** Let  $C = (|\sigma(g,h)| + |\sigma(gx,hy)|)/2$ . If  $t \leq C/2$ , then following  $\sigma(g,h)$  backwards from  $\sigma(g,h)(t)$  to g then one edge to gx and then going to  $\sigma(gx,hy)(t)$  along  $\sigma(gx,hy)$ 

gives a path of length at most C+1. For t > C/2 follow  $\sigma(g,h)$  from  $\sigma(g,h)(t)$  to the vertex h, then go one edge to hy and then to  $\sigma(gx,hy)(t)$  backwards along  $\sigma(gx,hy)$ . This gives a path of length at most C.

#### 3. A class of examples

Let  $P_q = \langle x, y, z | [x, y^q] = z, [x, z] = [y, z] = 1 \rangle$  be a presentation of the group  $G_q$  where  $q \ge 1$  and [a, b] denotes the commutator of a and b.  $G_1$  is the 3-dimensional integral Heisenberg group. Let F be the free group on  $\{x, y, z\}$ . Let  $w, v \in F$ . If both words are equal in F, we write  $w \equiv v$ . If they are the same in  $G_q$ , we write w = v.

It is easy to see, that

$$z^{jl} = x^{j} y^{ql} x^{-j} y^{-ql}$$
(5)

holds in  $G_a$ .

**Lemma 3.1** (normal form for  $G_a$ ). Let  $w \in F$ . Then, for q > 1, there is a word

$$\tau(w) \equiv y^{s} x^{r_{1}} y^{s_{1}} x^{r_{2}} \dots y^{s_{m-1}} x^{r_{m}} y^{p} z^{n} \in F$$
(6)

with  $r_i$ ,  $s_i \neq 0$  and

for q even: 
$$s, s_i \in \{-q/2 + 1, \dots, q/2\}$$
,  
for q odd:  $s, s_i \in \{-(q-1)/2, \dots, (q-1)/2\}$ ,

and, for q = 1, there is a word

$$\tau(w) \equiv x^r y^p z^n \in F \tag{7}$$

such that  $\tau(w) = w$  in  $G_a$  and for all  $v \in F$  with w = v in  $G_a$ ,  $\tau(w) \equiv \tau(v)$ .

**Proof.** The case q=1 is trivial. For q>1 it is easy to see that each word  $w \in F$  can be transformed into  $\tau(w)$  using the relations of  $P_q$ . In order to prove uniqueness, let w and v be two words in F representing the same element in  $G_q$ . Let  $H_q = G_q/\ll z \gg$ , where  $\ll z \gg$  denotes the normal closure of z in  $G_q$ .  $T_q = \langle x, y | xy^q x^{-1} = y^q \rangle$  is a presentation for  $H_q$ , which is an HNN-extension. Therefore w and v have the same normal form (see [9])  $\tau'(w) = \tau'(v)$  in  $H_q$  which is equal to the normal form in  $G_q$ , except that n=0. Since z is central,  $\tau(w)$  and  $\tau(v)$  can only differ by a power of z. But z has infinite order in  $G_q$  which implies  $\tau(v) \equiv \tau(w)$ .

The normal forms (6) and (7) define a path  $\sigma(w)$  from 1 to w in the Cayley graph  $\Gamma_{X}(G_{q})$  of  $G_{q}$  for every  $w \in F$ . Define paths  $\sigma(g, h)$  by taking equivariant lines; define

$$\sigma(g,h)(t) := g \cdot \sigma(1,g^{-1}h)(t) = g \cdot \sigma(g^{-1}h)(t) \quad \forall g,h \in G_a.$$
(8)

**Theorem 3.2.** The paths  $\sigma(g)$  are recursive (i.e.  $|\sigma(g)| \le f(d(1,g))$ ) with a function  $f(x) = 2x^2 + 3x$  for q > 1 and  $f(x) = x^2 + x$  for q = 1.

**Proof.** The relations in  $P_q$  say that z commutes with x and y, in particular any power of z can be shifted to any place in a given word, and that x commutes with  $y^q$  at the expense of introducing z or  $z^{-1}$ .

For q > 1, let  $w \equiv \sigma(g) \equiv y^s x^{r_1} y^{s_1} x^{r_2} \dots y^{s_{m-1}} x^{r_m} y^p z^n \in F$  be the normal form for g. We observe first that

$$d(1,g) \ge \sum_{i=1}^{m} |r_i| + \sum_{i=1}^{m-1} |s_i| + |s|.$$
(9)

This is due to the fact that the exponents of the y-powers which occur in w can only be changed by adding multiples of q (The relations (5) allow one to permute powers of x with powers of  $y^q$ ). However, the range for  $s_i$  and s in the normal form w is such that  $|s_i|$  and |s| can not decrease under these changes. The same argument also shows that  $d(1,g) \ge \sum_{i=1}^{m} |r_i| + \sum_{i=1}^{m-1} |s_i| + |s| + \max \{|p| - (\sum |s_i| + |s|), 0\}$ , which implies:

$$d(1,g) \ge |p| \tag{10}$$

Therefore  $\sum_{i=1}^{m} |r_i| + \sum_{i=1}^{m-1} |s_i| + |s| + |p| \le 2d(1,g)$ . In order to prove  $|w| = \sum_{i=1}^{m} |r_i| + \sum_{i=1}^{m-1} |s_i| + |s| + |p| + |n| \le f(d(1,g)) = 3d(1,g) + 2d^2(1,g)$ , we only need to show that  $|n| \le d(1,g) + 2d^2(1,g)$ :

We claim that

$$d(1,g) \ge \sum_{i=1}^{m} |r_i| + \sum_{i=1}^{m-1} |s_i| + |s|$$

$$+\min\left\{\max\left[\left|n\right| - \left(\sum_{i=1}^{m} |r_i| + |r|\right) \left[\left(\sum_{i=1}^{m-1} |s_i| + |s| + |p|\right)/q + |l|\right], 0\right] + 2|r| + 2q|l|\right\}$$
(11)

where the minimum ranges over |r| and |l|. If  $|n| \leq (\sum_{i=1}^{m} |r_i|)(\sum_{i=1}^{m-1} |s_i| + |s| + |p|)/q$  the minimum term on the right hand will be 0 and the inequality holds by (9). If  $|n| > (\sum_{i=1}^{m} |r_i|)(\sum_{i=1}^{m-1} |s_i| + |s| + |p|)/q$  we observe first that |n| may decrease by at most |k| |l| if a power  $y^{ql}$  is pushed across a power  $x^k$  in w.

If we do not introduce new powers of x or  $y^q$  by inserting  $x^r x^{-r}$  or  $y^{ql} y^{-ql}$  into the word, the amount by which |n| may be decreased by means of permuting powers of x with powers of  $y^q$  is clearly bounded by  $\sum_{i=1}^{m} |r_i| (\sum_{i=1}^{m-1} |s_i| + |s| + |p|)/q$ . This coarse estimate stems from the following fact: Among all words in x and y whose sum of absolute values of x-exponents and sum of absolute values of y-exponents is the same as for w,  $y^{\sum |s_i| + |s| + |p|} x^{\sum |r_i|}$  can absorb the largest powers  $z^{n'}$  or  $z^{-n'}$  by permuting powers of x with powers of  $y^q$ .

If we prolong the word by inserting  $x^r x^{-r}$  and  $y^{al} y^{-ql}$  at suitable places, the amount by which |n| can be decreased by means of (5) is bounded by  $(\sum_{i=1}^{m} |r_i| + |r|) [(\sum_{i=1}^{m-1} |s_i| + |s| + |p|)/q + |l|]$ ; and, at the same time, the length of the *x*-*y*-part of the word increases by 2|r| + 2q|l|. This explains inequality (11).

Now, let  $|r_0|$  and  $|l_0|$  be the values for |r| and |l| for which the minimum occurs in (11). Then  $d^2(1,g) \ge (\sum_{i=1}^{m} |r_i| + 2|r_0)(\sum_{i=1}^{m-1} |s_i| + |s| + 2|l_0|)$ , and, by (10),  $d^2(1,g) \ge (\sum |r_i| + 2|r_0|)|p|$  which implies  $2d^2(1,g) \ge (\sum_{i=1}^{m} |r_i| + |r_0|)[(\sum_{i=1}^{m-1} |s_i| + |s| + |p|)/q + |l_0|]$ . Therefore, by (11) again,  $|n| \le d(1,g) + 2d^2(1,g)$  which proves the theorem for q > 1.

For q=1 the proof is similar, but easier. Let  $\sigma(g) \equiv x^r y^s z^n$ . It is clear that  $d(1,g) \ge |r| + |s|$ . If  $|n| \le |r| + |s|$ , then  $d(1,g) + d(1,g)^2 \ge |\sigma(g)|$ ; if |n| > |r| + |s|, then, by the same ideas as in the proof for q > 1,  $d(1,g) \ge |r| + |s| + \min \{\max [|n| - (|r| + |r'|)(|s| + |s'|), 0] + 2|r'| + 2|s'|\}$  where the minimum ranges over the values of |r'| and |s'|. Let  $|r'_0|$  and  $|s'_0|$  be the values for which the minimum occurs, then  $|r| + |s| + |n| \ge d(1,g) + (|r| + |r'_0)(|s| + |s'_0|) \ge d(1,g) + d^2(1,g)$ .

**Theorem 3.3.**  $\sigma(g,h)$  defines a bicombing of narrow shape with constants M = 24q + 18 and k = 11/5.

**Proof.** Recall that a recursive  $\sigma$  is of narrow shape, if there exists an integer M > 1 and a real k > 2, such that for all  $g, h \in G$  and  $a, b \in X^{\pm 1} \cup \{1\}$ 

$$\left|\sigma(\sigma(g,h)(t),\sigma(ga,hb)(t))\right| \leq \max\left(\left(\left|\sigma(g,h)\right| + \left|\sigma(ga,hb)\right|\right)/k,M/2\right)$$

holds for all integers  $t \in [0, \infty[$ . Since the bicombing is equivariant, it suffices to show this inequality for g = 1.

For q > 1 let  $v \in F$  be in normal form  $v \equiv y^s x^{r_1} y^{s_1} x^{r_2} \dots y^{s_{m-1}} x^{r_m} y^p z^n$ , such that v = h in  $G_q$  ( $\sigma(1, h) \equiv v$ ). Let w be the group element  $a^{-1}vb$  brought into normal form ( $\sigma(a, vb) \equiv w$ ) (see fig. 2).

Now calculate the length of the bicombing lines (the combing distance) between these two paths w, v in  $\Gamma_{\chi}(G_q)$ . Call the maximal combing distance between two such paths  $\delta(\sigma, w, v)$ .

If a=1 and  $b \in \{1, z^{\pm 1}\}$ , then  $\delta(\sigma, w, v) \leq 1$ . If a=1 and  $b \in \{y^{\pm 1}\}$  then  $\delta(\sigma, w, v) = 2$ .

If a=1 and  $b \in \{x^{\epsilon}\}$   $(\epsilon = \pm 1)$ , then  $\delta(\sigma, w, v) \leq |l| + q + 1$ , where *l* is such that  $-q/2 + 1 \leq p - lq \leq q/2$  for *q* even and  $-(q-1)/2 \leq p - lq \leq (q-1)/2$  otherwise. To see this, observe that *v* ends with  $y^{p}z^{n}$  but *w* ends with  $x^{e}y^{ql}z^{n-el}$ . Since  $|w| + |v| \geq 2q|l|$  we get for  $q \geq 2$  and  $\delta(\sigma, w, v) > M/2$ :  $(|w| + |v|)/k > \delta(\sigma, w, v)$ .

There are a few more cases which are relatively easy. The most critical case which requires the sharpest estimates occurs if  $a = y^e$ ,  $b = x^a$  with  $\alpha, \varepsilon \in \{\pm 1\}$ ; in particular if  $y^s$  is at the boundary of its range to which it is restricted by the normal form, and the premultiplication by  $a^{-1} = y^{-e}$  moves it out of this range, as, for example, in the case  $\varepsilon = -1$ , s = q/2 and q even (the other cases can be treated similarly).

In this case  $v \equiv y^{q/2} x^{r_1} y^{s_1} x^{r_2} \dots y^{s_{m-1}} x^{r_m} y^p z^n$  and

$$w \equiv y^{-q/2+1} x^{r_1} y^{s_1} x^{r_2} \dots y^{s_{m-1}} x^{r_m} y^{p-lq} x^{\alpha} y^{(l+1)q} z^{n-\sum r_i - \alpha(l+1)},$$



FIGURE 2. Close bicombing lines.

where *l* is as above. Using the rule  $|a| + |a - b| \ge |b|$  we obtain the estimate:  $|w| + |v| \ge 2q|l| + 2\sum |r_i| + |\sum r_i + \alpha(l+1)|$ . A careful study of the lengths of the combing distances shows that

$$\delta(\sigma, w, v) \leq \max\left\{\max_{j \leq m} \left|\sum_{i=1}^{j} r_{i}\right| + 1, \left|\sum_{i=1}^{m} r_{i}\right| + |l| + 3q + 2\right\} \leq \left(\sum_{i=1}^{m} |r_{i}| + \left|\sum_{i=1}^{m} r_{i}\right|\right) / 2 + |l| + 3q + 2.$$

Since  $q \ge 2$  and k = 11/5,  $(|w| + |v|)/k \ge 20|l|/11 + 10\sum |r_i|/11 + 5|\sum r_i + \alpha(l+1)|/11$ . We will show that the right hand side is  $\ge (\sum_{i=1}^{m} |r_i| + |\sum_{i=1}^{m-1} r_i|)/2 + |l| + 3q + 2$  whenever  $\delta(\sigma, w, v) > M/2$  (which, by the above estimate for  $\delta(\sigma, w, v)$ , proves the theorem for this case). This is equivalent to:

$$9|l| + 10\sum |r_i| + 5|\sum r_i + \alpha(l+1)| \ge 11\sum |r_i|/2 + 11|\sum r_i|/2 + 33q + 22.$$

The left hand side can be simplified by the following estimates:  $5|l| + 5|\sum r_i + \alpha + \alpha l| \ge 5|\sum r_i + \alpha| \ge 5|\sum r_i| - 5$ , and  $10\sum |r_i| + 5|\sum r_i| \ge 19\sum |r_i|/2 + 11|\sum r_i|/2 \ge 4\sum |r_i| + 11|\sum r_i|/2$ . Therefore the above inequality follows from  $4(|l| + \sum |r_i|) \ge 33q + 27$ , which follows from  $\delta(\sigma, w, v) > M/2$  using the value M = 24q + 18 and the estimate  $\delta(\sigma, w, v) \le (\sum |r_i| + |\sum r_i|)/2 + |l| + 3q + 2 \le \sum |r_i| + 3q + 2$ .

The proof for q=1 is much simpler and left to the reader.

In the following we use Cockcroft 2-complexes to get lower bounds for isoperimetric functions. This idea is due to S. Gersten [6].

**Theorem 3.4.**  $G_q$  has no quadratic isoperimetric inequality and therefore no combing in the sense of Short [10].

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### SUB-EXPONENTIAL ISOPERIMETRIC INEQUALITY

**Proof.** There is a van Kampen diagram for  $w_n \equiv [x^n, y^{q_n}] \cdot [y^{-q_n}, x^{-n}]$  in  $G_q$ , which has  $n^3$  more 2-cells [x, z] of positive then of negative type. W. A. Bogley proves in [3], that the corresponding 2-complex is Cockcroft. So each  $\pi_2$ -element has the same number of positive as of negative 2-cells [x, z], which proves that every van Kampen diagram for  $w_n$  will contain at least  $n^3$  2-cells [x, z] and so proves the theorem.

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