



# Proceedings of the Nutrition Society

Volume 80, 2021 ISSN: 0029-6651

**Publishing, Production, Marketing, and Subscription****Sales Office:**

Cambridge University Press  
Journals Fulfillment Department,  
University Printing House,  
Shaftesbury Road,  
Cambridge CB2 8BS,  
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**For Customers in North America:**

Cambridge University Press  
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*Proceedings of the Nutrition Society* is an international journal published by Cambridge University Press on behalf of The Nutrition Society as four issues per year. Symposium papers are published in February, May, August and November; Original Communications are published online (only).

**Annual subscription rates:**

Volume 80, 2021 (4 issues):

Internet/print package: £833/\$1625 Americas only  
Internet only: £593/\$1154 Americas only

**Japanese Agent:** Maruzen Company Ltd, PO Box 5050, Tokyo International, 100-31, Japan.

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Typeset by Techset Composition India (P) Ltd., Chennai, India.

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2. Jenkins DJ, Kendall CW, Marchie A *et al.* (2003) The effect of combining plant sterols, soy protein, viscous fibres, and almonds in treating hypercholesterolemia. *Metabolism* **52**, 1478–1483.
3. Brandtzaeg P (2003) Role of local immunity and breast-feeding in mucosal homoeostasis and defence against infections. In *Nutrition and Immune Function*, pp. 273–320 [PC Calder, CJ Field and HS Gill, editors]. Wallingford, Oxon: CAB International.
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**Editorial**

Proteins: sources, benefits and global challenges  
*F. Thies* 105

**Symposium One: Metabolic health**

Dietary protein, exercise, ageing and physical inactivity: interactive influences on skeletal muscle proteostasis  
*C. S. Deane, I. A. Ely, D. J. Wilkinson, K. Smith, B. E. Phillips & P. J. Atherton* 106–117

Intestinal gluconeogenesis and protein diet: future directions  
*A. Gautier-Stein, F. Rajas & G. Mithieux* 118–125

Effects of dietary restriction on metabolic and cognitive health  
*M. Souza Matos, B. Platt & M. Delibegovic* 126–138

**Symposium Two: Novel methods for assessing protein metabolism**

Assessing the whole-body protein synthetic response to feeding *in vivo* in human subjects  
*J. Trommelen & L. J. C. van Loon* 139–147

Monitoring food digestion with magnetic resonance techniques  
*P. A. M. Smeets, R. Deng, E. J. M. van Eijnatten & M. Mayar* 148–158

**Symposium Three: Physiological determinants for protein requirements**

Risks and benefits of vegan and vegetarian diets in children  
*M. E. Kiely* 159–164

Dietary protein and bone health: towards a synthesised view  
*A. L. Darling, D. J. Millward & S. A. Lanham-New* 165–172

Impact of protein on the composition and metabolism of the human gut microbiota and health  
*S. H. Duncan, A. Iyer & W. R. Russell* 173–185

**Symposium Four: Protein sources: impact on environment and sustainability**

Role of novel protein sources in sustainably meeting future global requirements  
*A. M. Salter & C. Lopez-Viso* 186–194

A nudge in the right direction: the role of food choice architecture in changing populations' diets  
*H. Ensaff* 195–206

**Symposium Five: Protein nutrition and ageing**

Important determinants to take into account to optimize protein nutrition in the elderly: solutions to a complex equation  
*D. Dardevet, L. Mosoni, I. Savary-Auzeloux, M.-A. Peyron, S. Polakof & D. Rémond* 207–220

Comprehensive assessment of post-prandial protein handling by the application of intrinsically labelled protein *in vivo* in human subjects

*J. Trommelen, A. M. Holwerda, P. J. M. Pinckaers & L. J. C. van Loon* 221–229

The efficacy of essential amino acid supplementation for augmenting dietary protein intake in older adults: implications for skeletal muscle mass, strength and function  
*T. Ispoglou, O. C. Witard, L. C. Duckworth & M. J. Lees* 230–242

**Plenary Lectures**

Protein metabolism and related body function: mechanistic approaches and health consequences

*D. Tomé, S. Benoit & D. Azzout-Marniche* 243–251

Animal food products: policy, market and social issues and their influence on demand and supply of meat

*M. Henchion & J. Zimmermann* 252–263

Nutrient-dense protein as a primary dietary strategy in healthy ageing: please sir, may we have more?

*E. A. Nunes, B. S. Currier, C. Lim & S. M. Phillips* 264–277