

EVOLUTION IN REHABILITATION: DIFFERENT AGES, DIFFERENT APPROACHES

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The aim of this essay is to point out the relevance of psychosocial rehabilitation treatment in the course of a person's life. In order to get this purpose, we shall present and analyse the progress and development in treatment lived by a patient diagnosed with severe mental disorder during her early teens. Several mental health devices have been involved in her treatment.

The patient is a 25 years old woman, her treatment started at the age of fourteen when she was diagnosed with Hebephrenic Schizophrenia by the medical team of the child and adolescence Outpatient Surgery Centre of Huelva. It was developed a multidisciplinary work with the patient, setting out the following objectives to reach:

- Clinical stabilization
- Social and family integration.
- Social abilities acquisition.
- Self-care adaptation.
- Self-awareness of the mental disorder
- social and working reintegration

The treatment was carried out in the Outpatient Surgery Centre till she was eighteen years old. At this age, she was derived to the USMC to go on with her rehabilitation. Thanks to the treatment the patient got the clinical stabilization (no more medical admissions were required), and she was able not just to take up again her studies, but also to reach a good family integration though she lived the death of her mother along the treatment.

Currently, the patient is under treatment in the USMC. She gets over the difficulties associated with her mental disorder, living a normalized social, family and working life.