# The recurrent nuclear activity of Fornax A and its interaction with the cold gas

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Abstract. Sensitive (noise  $\sim 16 \,\mu$ Jy beam<sup>-1</sup>), high-resolution ( $\sim 10''$ ) MeerKAT observations of Fornax A show that its giant lobes have a double-shell morphology, where dense filaments are embedded in a diffuse and extended cocoon, while the central radio jets are confined within the host galaxy. The spectral radio properties of the lobes and jets of Fornax A reveal that its nuclear activity is rapidly flickering. Multiple episodes of nuclear activity must have formed the radio lobes, for which the last stopped 12 Myr ago. More recently ( $\sim 3$  Myr ago), a less powerful and short ( $\leq 1$  Myr) phase of nuclear activity generated the central jets. The distribution and kinematics of the neutral and molecular gas in the centre give insights on the interaction between the recurrent nuclear activity and the surrounding interstellar medium.

**Keywords.** galaxies: individual: (Fornax A, NGC 1316), galaxies: active, radio continuum: galaxies, galaxies: jets, radiation mechanisms: non-thermal

## 1. Introduction

The energy released by Active Galactic Nuclei (AGNs) into the surrounding interstellar medium (ISM) through radiation and/or relativistic jets of radio plasma can drastically change the fate of its host galaxy by removing or displacing the gas in the galaxy and preventing it from cooling to form new stars (e.g. Fabian 2012). This mechanism is commonly referred to as 'AGN feedback'. Numerical simulations of galaxy evolution indicate that only multiple phases of nuclear activity, and therefore recurring episodes of AGN feedback, may prevent the hot circumgalactic gas from cooling back onto the galaxy, and explain the rapid quenching of star formation in early-type galaxies (Werner *et al.* 2019).

The radio emission of AGNs allows us to measure the duty cycle of the nuclear activity. In particular, the steepening of the radio spectrum is often interpreted as radiative ageing of the electron population in the relativistic plasma (e.g., Murgia *et al.* 1999; Harwood *et al.* 2013; Kolokythas *et al.* 2015).

In this proceeding, we summarize the study of the radio spectrum of the nearby  $(D_{\rm L} \sim 20 \text{ Mpc})$  radio galaxy Fornax A to determine the timescale and the duty cycle of its nuclear activity. This analysis is shown in detail in Maccagni *et al.* (2020).

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Figure 1. Left panel: Fornax A seen by MeerKAT at 1.03 GHz. The red and blue contours mark the region where we measure flux density of the east and west lobes, respectively. The synthesised beam of the image is  $11.2'' \times 9.1''$ . Right panel: Central emission of Fornax A seen at 1.44 GHz by MeerKAT (top left), at 4.86 GHz (top right), 14.9 GHz (bottom left) by the VLA and at 108 GHz (bottom right) by ALMA. The PSF of the images is shown in white. (Maccagni et al. 2020).

Fornax A is one of the most fascinating radio sources in the local Universe because of its filamentary extended radio lobes (~1.1°, Fomalont *et al.* 1989). The MeerKAT (Jonas *et al.* 2016) observation (Fig. 1) at 1.03 GHz shows that the lobes are embedded in a diffuse cocoon, with a 'bridge' of synchrotron emission connecting them. In the centre, two radio jets are confined within the host galaxy ( $r \leq 6$  kpc) and exhibit an s-shaped morphology. Most of the radio emission is produced in the extended lobes. At 1.4 GHz, their total flux density is 121 Jy while that of the jets is ~300 mJy.

Fornax A is hosted by the giant early-type galaxy NGC 1316, which is the brightest member of a galaxy group at the outskirts of the Fornax cluster. NGC 1316 underwent through a major merger that likely brought large amounts of dust, cold molecular gas (Horellou *et al.* 2001; Galametz *et al.* 2014; Morokuma-Matsui *et al.* 2019), and neutral hydrogen (Horellou *et al.* 2001; Serra *et al.* 2019) into the centre and around the galaxy. This merger occurred  $\sim 1-3$  Gyr ago (e.g., Sesto *et al.* 2018), and it may have triggered the nuclear activity of Fornax A (e.g. McKinley *et al.* 2015). Nevertheless, large uncertainties remain on the timescale of formation of the radio lobes. Moreover, this past merger event does not properly explain the properties of the central emission, nor the soft X-ray cavities between the lobes and the host galaxy (Lanz *et al.* 2010).

The goal of this study is to measure, over a wide range of frequencies, the flux density distribution of the radio lobes and the central emission to characterise the AGN activity history that created them. For the lobes we need wide-field-of-view observations sensitive to their diffuse emission (i.e. good *uv*-coverage on the short baselines), while arcsecond resolution is not needed. Hence, between 84 and 200 MHz we chose observations Murchison Widefield Array survey (Hurley-Walker *et al.* 2017). We use the MeerKAT observation to generate images of Fornax A at 1.03 (Fig. 1, left panel) and 1.44 GHz. At 1.5 GHz we chose archival Very Large Array observations (Fomalont *et al.* 1989). Between 5.7 and 6.9 GHz we use observations from the Sardinia Radio Telescope (Prandoni *et al.* 2017). Between 70 GHz and 217 GHz, we selected images from the *Planck* foreground maps (Planck Collaboration IV, 2018).

To study the central emission we selected observations with arc-second resolution (Fig. 1, right panel): the MeerKAT images at 1.03 and 1.44 GHz, archival VLA observations at 4.8 and 15 GHz (Geldzahler & Fomalont 1984), and an observation at 108 GHz



Figure 2. Left panel: Radio spectrum of the different components of Fornax A. The east lobe is shown in red, the west lobe in blue. The jets and kpc-core are in magenta and green, respectively. The dashed lines show the CI<sub>OFF</sub> model of injection that best fits the flux distributions. The spectral shape of the lobes is very different from that of the inner components. Right panel: Comparison of radiative and dynamical age of Fornax A (red and blue shaded regions) as a function of the magnetic field. The radiative age is derived from the spectral break of the two lobes. Their magnetic field ( $B_{IC} \sim 2.6\mu$ G) is shown in green. (Maccagni *et al.* 2020).

(Morokuma-Matsui *et al.* 2019) taken with the Atacama Large Millimeter and submillimeter Array. The left panel of Fig. 2 shows the spectral flux densities of the lobes and of the central emission we measured using these two samples. Given the morphology of the central emission, we measure its flux density by dividing it into two parts, the central unresolved component (hereafter, the *kpc-core*) and the extended component forming the emission (the *jets*).

### 2. Spectral analysis of the main components of Fornax A

In the simplest scenario of AGN activity, the lobes (or jets) are continuously injected with particles (continuous injection model, CI). Assuming that radiative energy losses from synchrotron and inverse Compton radiation dominate over expansion losses, the radio spectrum shows a sharp cut-off whose frequency ( $\nu_{\text{break}}$ ) depends on the age of the radiation ( $t_s$ , Kardashev 1962).

A more complicated scenario can be the continuous injection plus turn off model (CI<sub>OFF</sub>). The injection of high-energy particles from the nucleus starts at t = 0 and at the time  $t_{\rm CI}$  it is switched off. After that, the off phase of the AGN begins, and the total age of the radiation is:  $t_{\rm s} = t_{\rm CI} + t_{\rm OFF}$  (Murgia et al. 2011). Compared to the CI model, the spectral shape is characterised by a second break-frequency ( $\nu_{\rm break, high}$ ), beyond which the radiation spectrum drops exponentially. This frequency depends on the ratio between the dying phase ( $t_{\rm OFF}$ ) and the total age of the source ( $\nu_{\rm break, high} = \nu_{\rm break}(t_s/t_{\rm OFF})^2$ ). To determine the best-fit models of the flux density spectrum of the lobes and central emission of Fornax A, we use the software package SYNAGE++ (Murgia et al. 2011).

For both lobes, the spectral flux density shows a sharp cut-off at high frequencies (see Fig. 2, left panel). This, along with the  $\tilde{\chi}^2$  value of the CI<sub>OFF</sub> models closer to 1 than the  $\tilde{\chi}^2$  of the CI models, suggests that the radio spectrum of both radio lobes is best described by the CI<sub>OFF</sub> model and that currently the radio lobes are not being injected with relativistic particles.

According to the CI<sub>OFF</sub> model, the dying-to-total-age ratio is  $t_{OFF}/t_s = 0.49^{+0.08}_{-0.42}$ . Assuming that the magnetic field of the lobes is  $2.6 \pm 0.3 \mu \text{G}$  (Tashiro *et al.* 2009), the radiative age of the east and west lobes is  $t_{s,E} = 25^{+23}_{-19}$  Myr and  $t_{s,W} = 23^{+20}_{-17}$  Myr, respectively. Likely, in the last  $t_{\rm OFF} = 12^{+2}_{-9}$  Myr the lobes have not been replenished with relativistic particles (all parameters derived from the models are shown in Table 6 of Maccagni *et al.* 2020).

The spectral distribution of the kpc-core (in green in Fig. 2, left panel) is better described by the CI model rather than by the  $CI_{OFF}$ . The age of the synchrotron emission of the kpc-core is  $\sim 1^{+0.3}_{-0.5}$  Myr. By contrast, the jets are better fitted by the  $CI_{OFF}$ , and do not seem to be currently replenished with energetic particles. Their last active phase seems to have occurred  $3^{+7}_{-2}$  Myr ago and to have lasted  $\lesssim 1^{+6}_{-0.5}$  Myr.

### 3. The flickering nuclear activity of Fornax A

The properties of the flux density spectrum of the lobes of Fornax A are puzzling when compared to their projected size ( $r \sim 200 \text{ kpc}$ ). Typically, lobes extending in the IGM for hundreds of kiloparsecs are either the remnant of an old nuclear activity, and show a steep spectrum with low break frequency, or they are currently being injected with relativistic particles, and show a jet or stream of particles connecting the AGN with the lobes. The most remarkable properties of the lobes of Fornax A are the flat spectral shape and high break frequency ( $\geq 20 \text{ GHz}$ ) of their radio emission, and that the nuclear activity that was replenishing the lobes with high-energy particles was short ( $\sim 24 \text{ Myr}$ ) and has recently stopped ( $\sim 12 \text{ Myr}$  ago). The main open question therefore pertains to how these large lobes have formed in such a short time.

The right panel of Figure 2 indicates that the radiative age of the lobes of Fornax A and the dynamical age (assuming transonic expansion) are incompatible. This, along with an axial ratio of the lobes close to 1, disfavours the hypothesis that only a recent episode of activity formed the lobes. If, instead, the lobes, filled with low-energy particles and under-pressured with respect to the surrounding IGM, were already present because of previous activities, a new nuclear phase may rapidly fill them with new high-energy particles which now dominate the radio emission of the source. This scenario would explain the overall flat radio spectrum of Fornax A and its high break-frequency. Two separate AGN outbursts have also been proposed by Lanz *et al.* (2010) to explain the location of the X-ray cavities relative to the radio lobes of Fornax A.

Besides the multiple activities that may have formed them, the lobes have been off for ~9 Myr. More recently (~3 Myr ago) the AGN turned on again for a very short phase ( $\leq 1$  Myr) that formed the central jets. Given the short timescales of the different nuclear activities, Fornax A is likely rapidly flickering between an active phase and a non-active one. The recurrent activity of Fornax A may fit well in the theoretical scenario of AGN evolution whereby the central engine is active for short periods of time ( $10^{4-5}$  years), and that these phases repeteadly occur over the total lifetime of the AGN ( $10^8$  years; e.g. Schawinski *et al.* 2015; Morganti 2017).

After the major merger, NGC 1316 went through several accretion events and minor mergers of smaller companions (Iodice *et al.* 2017). These numerous interactions may have regulated the switching on and off of the multiple episodes of activity that formed the lobes as we see them now. Merger and interaction events are often invoked to explain the triggering of powerful AGNs (e. g., Ramos-Almeida *et al.* 2012; Sabater *et al.* 2013).

### 4. Neutral and molecular gas in the centre of Fornax A

The kinematics and distribution of the cold gas in the innermost 6 kpc (Fig. 3) provide further information on the last episode of the recurrent activity of Fornax A, which generated the central jets. In the centre, ALMA observations detect  $5.6 \times 10^8 M_{\odot}$  of molecular



**Figure 3.** Left panel: Surface brightness map of the CO 1-0 line detected by ALMA (Morokuma-Matsui *et al.* 2019), overlaid with the radio jets. Contour levels are  $3 \times 2^n M_{\odot} \text{ pc}^{-2}$ , (n = 0, 1, 2, ...). Right panel: Surface brightness map of the HI detected by MeerKAT (Serra *et al.* 2019), overlaid with the radio jets. Contour levels are  $0.1 \times 2^n M_{\odot} \text{ pc}^{-2}$ , (n = 0, 1, 2, ...).

hydrogen (H<sub>2</sub>) distributed in a clumpy shell around the jets (Morokuma-Matsui *et al.* 2019). Neutral hydrogen (HI) clouds  $(4 \times 10^7 \text{ M}_{\odot})$  are closely associated with the molecular gas (Serra *et al.* 2019). The HI seems to be more extended than the H<sub>2</sub>, forming a halo where the molecular clouds are embedded. This is confirmed by new, yet unpublished, MeerKAT higher resolution observations which reveal a diffuse HI component surrounding the radio jets. The jets bend in the denser regions of the gas distribution (in proximity of H<sub>2</sub> clouds with irregular kinematics) toward sparser regions (where no molecular clouds are detected but only diffuse HI, Fig. 3 right panel) suggesting a tight interplay between the nuclear activity and the surrounding cold interstellar medium.

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