VOLUME 11 - NUMBER 12

CNS SPECTRUMS<sup>®</sup>

#### **ORIGINAL RESEARCH**

#### Serotonin Dysfunction in Pathological Gamblers: Increased Prolactin Response to Oral m-CPP Versus Placebo

S. Pallanti, S. Bernardi, L. Quercioli, C. DeCaria, and E. Hollander

#### The Shorter PROMIS Questionnaire and the Internet Addiction Scale in the Assessment of Multiple Addictions in a High-School Population: Prevalence and Related Disability

S. Pallanti, S. Bernardi, and L. Quercioli

#### Lamotrigine Combined with Divalproex or Lithium for Bipolar Disorder: A Case Series

J.R. Redmond, K.L. Jamison, and C.L. Bowden

#### **REVIEW ARTICLES**

#### The Neurobiology of Substance and Behavioral Addictions

J.E. Grant, J.A. Brewer, and M.N. Potenza

#### The Genetics of Gambling and Behavioral Addictions

D.S.S. Lobo and J.L. Kennedy

#### Impulsive-Compulsive Sexual Behavior

T.M. Mick and E. Hollander

Index Medicus/MEDLINE citation: CNS Spectr

www.cnsspectrums.com

## New in the treatment of ADHD...

Ihink

Square

Smith, MD



World & Greatest Mom

#### Important Safety Information

Daytrana should not be used in patients with allergy to methylphenidate or patch components; marked anxiety, tension and agitation; glaucoma; tics, diagnosis or a family history of Tourette's syndrome; seizures; or during or within 14 days after treatment with monoamine oxidase inhibitors (MAOIs).

Main Street Elementary Schoo

- Sudden death has been reported in association with CNS stimulant treatment at usual doses in children and adolescents with structural cardiac abnormalities or other serious heart problems. Sudden deaths, stroke, and myocardial infarction have been reported in adults taking stimulant drugs at usual doses in ADHD. Physicians should take a careful patient history, including family history, and physical exam to assess the presence of cardiac disease. Patients who report symptoms of cardiac disease such as exertional chest pain and unexplained syncope should be promptly evaluated. Use with caution in patients whose underlying medical condition might be affected by increases in blood pressure or heart rate.
- New psychosis, mania, aggression, growth suppression, and visual disturbances have been associated with the use of stimulants. Use with caution in patients with a history of: psychosis; EEG abnormalities; bipolar disorder; depression. Growth and hematologic monitoring is advised during prolonged treatment. Patients should avoid applying external heat to the Daytrana patch. Skin irritation or contact sensitization may occur.
- Daytrana should be given cautiously to patients with a history of drug dependence and alcoholism. Chronic abuse can lead to marked tolerance and psychological dependence. Frank psychotic episodes can occur, especially with parenteral abuse. Careful supervision is required during withdrawal from abusive use, since severe depression may occur. Withdrawal following chronic therapeutic use may unmask symptoms of the underlying disorder.
- Common adverse events reported by patients who received Daytrana in clinical trials were decreased appetite, insomnia, nausea, vomiting, decreased weight, tics, affect lability, and anorexia, consistent with adverse events commonly associated with the use of methylphenidate.

References: 1. Daytrana (package insert). Wayne, Pa: Shire US Inc; 2006. 2. Wigal S8, Pierce DM, Dixon CM, McGough JJ. Pharmacokinetics of methylphenidate transdermal system in children with ADHD. Poster presented at: 18th Annual U.S. Psychiatric and Mental Health Congress, November 8, 2005; Ics Vegas, Nev. 3. McGough JJ, Wigal S8, Akikoff H, et al. A randomized, double-blind, placebo-controlled, laboratory classroom assessment of methylphenidate transdermal system in children with ADHD. J Atten Disord. 2006; 9:476-485: 4. Wigal S, McGough JJ, Abikoff H, et al. Behavioral effects of methylpheniatate transdermal system in children with ADHD. Poster presented at: 52nd Annual Meeting of the American Academy of Child & Adolescent Psychology. October 20, 2005; Toronto, Ontario A new approach to treatment that has physicians, parents, patients, and teachers thinking along the same lines

- The next evolution in the delivery of methylphenidate<sup>1</sup>
- Continuous delivery<sup>1</sup> for smooth levels of medication<sup>2</sup>
- Efficacy from the first time point measured (2 hours) through 12 hours, with a 9-hour wear time<sup>1,34</sup>
- Wear-time flexibility—up to 9 hours—meets the changing daily needs of patients and parents<sup>1</sup>
- Daytrana is indicated as an integral part of a comprehensive ADHD treatment program that may include other measures (psychological, educational, social). The efficacy of Daytrana was established in clinical trials in children aged 6 to 12 years<sup>1</sup>



#### ADHD Treatment That Sticks<sup>3</sup>

Please see accompanying Brief Summary of Prescribing Information on adjacent page, including Boxed Warning.

Chire Daytrana™ is a trademark of Shire Pharmaceuticals Ireland Limited. www.Daytrana.com Shire US Inc. ...,your ADHD Support Company™ 1-800-828-2088 ©2006 Shire US Inc., Wayne, Pennsylvania 19087 D125 10/06 BRIEF SUMMARY: Consult the full prescribing information for complete product information. Davirana (methylohenidate transdermal system)

INDICATION AND USAGE

INDICATION AND USAGE Attention Darket Hyperactivity Disorder (ADHD): Baytrana<sup>TM</sup> (methylphenidate transdermal system) is indicated for the treatment of Attention Delicit Hyperactivity Disorder (ADHD): Baytrana<sup>TM</sup> (methylphenidate transdermal system) is indicated for the treatment of Attention Delicit Hyperactivity Disorder (ADHD): Baytrana<sup>TM</sup> (methylphenidate transdermal system) is indicated for the treatment of Attention Delicit Hyperactivity Disorder (ADHD): Baytrana<sup>TM</sup> (methylphenidate transdermal system) is indicated for the special Diaposite Canalierations: Specific etiology of this syndrome is unknown, and there is no single diaposite test. Adequate diaposite requires thumber of DSMI-VTFF characteristics. Need for Campetensite Treatment Program: Daytrana<sup>TM</sup> is longated as an integral part of a total treatment program for Campetensite Treatment Program: Daytrana<sup>TM</sup> is longated as an integrap part of a total treatment program may not be indicated for all inform with this syndrome. Stmutus at an onl treatment for use in the child wind exhibits symptoms secondary to prevional and psychoscial Intervention is often helpitu. When remediate measures along are insufficient, the decision to prescribe simulant medication will depend upon the physician's assessment of the chronicity and severity of the decision to prescribe simulant medication will depend upon the physician's assessment of the chronicity and severity of the decision is prescribe simulant medication will depend upon the physician's assessment of the chronicity and severity of the child's symptomes.

Insufficient, the decision to prescribe summatin memoranon immergence upon in a program by the source of the sourc

Aplitation: Daytrana<sup>w</sup> is contraindicated in patients with marked autoxy, resour, and summer, and summer, and summer and the symptoms. Hypersensitivity to Methylphenidate: Daytrana<sup>w</sup> is contraindicated in patients known to be hypersensitive to methylphenidate or difficulty product (private thylphenidate). The summer and the components of the compone may result). WARNINGS

Serious Cardiovascular Events Sudden Death and Pre-existing Structural Cardiac Abnormalities or Other Serious Heart Problems

In the series of the series

HOWever, sittle platents onto no show the second se existing psycho Bipolar Iliness

Bippler litines: Bippler litines: Particular care should be taken in using stimulants to treat ADHD in patients with comorbid bipplar disorder because of con-cern for possible induction of a mixed/manic episode in such patients. Prior to initiating treatment with a stimulant, patients with comorbid depressive symptoms should be adequately screened to determine if they are at risk for bipolar disorder; such screening should be taken depressive symptoms should be adequately screened to determine if they are at risk for bipolar disorder; such **Eurogenean 10 wer Psycholic or Manic Symptoms**, e.g., haliucinations, delusional thinking, or mania in children ad adoles-cents without a profinistory of psycholic illness or mania can be caused by stimulants at usual doses. If such symptoms occur, consideration should be given to a possible causal role of the stimulant, and decominuation of treatment may be (a patients with wents out of 3.422 exposed to methylphendiate or ampletamine for several weeks at usual doses) of stim-uant-treated patients compared to 0 in placebo-treated patients.

(4 patients with events out of 3.42 exposed to methylpheniate or ampinetamine for several weeks at usual doses) of stimulant-treated patients. **Aggressive** behavior on hostility is often becaread in children and addescents with ADHD and has been reported in clinical **Aggressive** behavior on hostility is often becaread in children and addescents with ADHD. Although there is no sys-trais and the pografikation experiese of some metications indicates for the transment of ADHD. Although there is no sys-monitored for the aggressive behavior or hostility patients beginning treatment for ADHD bhould be involted for the aggressive behavior or hostility. **Long-Term Suppression of Growth:** Careful follow-up of weight and height in children ages 7 to 10 years who were random-ted to either methylphenidate road on on-medication treatment provide your 14 months, as well as in naturalistic subprouso rewy methylphenidate-treated and non-medication treatment provide your 14 months, as well as in naturalistic subprouso rewy methylphenidate-treated and non-medication treatment provide your 14 months, as well as in naturalistic subprouso rewy methylphenidate-treated and non-medication treatment provide your 14 months, as well as in their attensistic subprouso rewy methylphenidate-treated and non-medication treated on the new eak throughout the year) have a temporary slowing in growth rate (on average, a total of about 2 cm less growth in height and 2.7 kg less growth in weight serve as similar suppression of growth, however, it is anticipated that they likely have this frect as well. Therefore, growth should be monitored during treatment with simulants, and patients who are on growing or gaining height or weight as expected may need to have their treatment interrupted. **Selures:** There is some chindle avelance that simulants may lower the convusive threshold in patients with prior history of sezures, in the patient set of age. Deprive simulation and yower the convusive threshold in patients with prior history

**Drug Dependence** Daytoan<sup>28</sup> should be given cautiously to patients with a history of drug dependence or alcoholism. Chronic abusive use can lead to market clearnce and psychological dependence with varying degrees of abnormal behavior. Frank psycholic episodes can occur, especially with parenteral abuse. Careful supervision is required during withdrawal from abusive use, since severe depression may occur. Withdrawal following chronic therapeutic use may unmask symptoms of the underlying disorder that

The present of the second seco

Methylphenidate may decrease the effectiveness of drugs used to treat hypertension. Human pharmacclogic studies have shown that methylphenidate may inhibit the metabolism of coumarin anticoagulants, anticorvulsants (e.g., phenobarbital, phenytoin, primicione), and some tricycle drugs (e.g., imprantine, comparing of design annie), antibit of the studies of the s

approximately of mgxngray, neparouserous to a use is sensitive to the development of hepanc tumors have use summarize on these results to humans is unknown. Orally administered methylohenidate did not cause any increases in tumors in a lifetime carcinogenicity study carried out in F344 rats; the highest does used was approximately 45 mg/kg/day. In a 24-week oral carcinogenicity study in the transgenic mouse strain p53°, which is sensitive to genotoxic carcinogens, there was no evidence of carcinogenicity. In this study, male and female mice were fed diets containing the same concentration of methylohenidate as in the interme carcinogenicity study; the high-does groups were exposed to 60 to 74 mg/kg/day or inethylohenidate. Were high was not mutagenic in the *in vitro* haves hore marrow micronucleus assay. Stater chromatid exchanges and chromosome aberrations were increased, inclusive of awake obstopment results on assay and was negative in vivoin the mouse hore marrow micronucleus assay. Stater chromatid exchanges high chromosome aberrations were increased, inclusive of awake obstopment responses in an in vitro assay in outlund Ohinese high chromosome aberrations were increased, inclusive of awake obstopment response. In an invitro assay in outlund Ohinese high chromosome aberrations were increased, inclusive of awake obstopment response. In an invitro assay in outlund Ohinese high chromosome increased inclusive finder of a wake obstopment response. In an invitro assay in outlund Ohinese high end end invitro in the air excitates of inclusive of the avage carbinese high the drug in an 18-week high end end invition. hamster ovary of Methylphenidate

enclose i di not impair fertility in male or female mice that were fed diets containing the drug in an 18-week pus Breeding study. The study was conducted at doses up to 160 mg/kg/day.

Methylphenidäte did not impär tertinus mi mies or tenser miss usa weis evulus versuum, in evulu and versuum and tenser in the service of the

5 mg/kgday. The clinical significance of the long-form behavioral effects observed in rats is unknown. **ADV/FRSE FRACTIONS** The pre-marketing clinical development program for Dayltena<sup>TM</sup> include exposures in a total of 1,156 participants in clinical track (756 pectation cplants) and the local by autous sobjects). These participants received Dayltena<sup>TM</sup> in paich sizes, 20 yours table clinical studies, and 4 clinical pharmacology studies. Adverse reactions were assessed by collecting adverse events data, the results of physical examinations, vital signs, weights, baboratory analyses, and ECGS. Refer to the Full Prescribing Information for details: of adverse event data collection. **Adverse Findings In Clinical Traits With Dayrama<sup>TM</sup> Adverse Streing in Clinical Traits With Dayrama<sup>TM</sup> Adverse Streing Findings In Clinical Traits With Dayrama<sup>TM</sup> Adverse Findings In Clinical Traits Mith Dayrama<sup>TM</sup> Adverse Findings In Clinical Traits Mith Dayrama<sup>TM</sup>** 

(≥ 5% and 2x Placebo) in a 7-week Placebo-controlled Study Number (%) of Subjects Reporting Adverse Events			clinical efficacy study had minimal to defin erythema. This erythema generally caused no minimal discomfort and did not usually interfe	
Adverse Event		Daytrana™ (N = 98)	Placebo (N = 85)	with therapy or result in discontinuation fro treatment. If erythema, edema, and/or papul do not resolve or significantly reduce within 2
Number of Subjects With ≥ 1 A		rse Event74 (76)	49 (58)	hours after patch removal, further evaluation
	Nausea	12 (12)	2 (2)	should be sought. Erythema is not by itself a
	Vomiting	10 (10)	4 (5)	indication of contact sensitization. However,
	Nasopharyngitis	5 (5)	2 (2)	sensitization should be considered if erythen is accompanied by edema, papules, vesicles,
	Weight decreased	9 (9)	0 (0)	other evidence of more intense local reaction
	Anorexia	5 (5)	1 (1)	Diagnosis of allergic contact dermatitis shou
	Decreased appetite	25 (26)	4 (5)	be corroborated by appropriate diagnostic tes
	Affect lability*	6 (6)	0 (0)	ing (see WARNINGS - Contact Sensitization)
	Insomnia	13 (13)	4 (5)	Adverse Events With the Long-Term Use
	Tic	7 (7)	0 (0)	Daytrana <sup>TM</sup> : In a long-term open-label study up to 40-month duration in 191 children wi
	Nasal congestion	6 (6)	1 (1)	ADHO, the most frequently reported treatment
tionally mittent i nd heada	ects had affect lability, all judg sensitive, emotionality, emoti emotional lability. ache (53 subjects, 28%). A	onal instability, emotion total of 45 (24%) sub	nal lability, and inter biects were withdra	d emergent adverse events in pediatric patien treated with Davtrana™ for 12 bours daily we

and headache (b2 stubetcs, 20%). A total of 5 (24%) subjects were withdrawn from the study because of trastment-emergent adverse events. The most commune vents leading to withdrawal were application site reaction (12 subjects, 5%), anoread (12 Adverse Events). The most commune vents leading to withdrawal were application site reaction (12 subjects, 5%), anoread (12 events) and a subject of the second state state of the second state state state state state state of the second sta

UNUU ABUSE AND DEPENDENCE Controlled Substance Class: Deptrana<sup>TM</sup> (methylphenidate transformal system), like other methylphenidate products, is classified as a Schedule I controlled substance by lederal egulation. Abuse, Dependence, and Toterance: See WARNINGS-Drug Dependence for boxed warning containing drug abuse and dependence information.

dependence information. **DVFROISAE Signs and Symptoms:** Signs and symptoms of acute methylphenidate overdosage, resulting principally from overstimulation of the CAS and from excessive sympathomimetic effects, may include the following: vomiting, agilation, tremors, hyperreflexia, musice twitching, convulsions (may be followed by coma), euphona, contusion, hallucnations, definium, weeting, flushing, headache, hyperpriveria, tachtorical, apilations, cardica arrhythmias, hypertension, mydriasis, and dryness of mucous membranes. **Recommended treatment**: Renove all patches immediately and cleanse the area(s) to remove any remaining adhesive. The continuing absorption of methylphenidate from the skin, even after removal of the patch, should be considered when treating patients with overdose. Treatment consists of apportate supporting measures. The patient must be protected against self-maintain adaquate circulation and respiratory exchange: externai cooling procedures may be required for hypertyryking to maintain adaquate circulation and respiratory exchange: externai cooling procedures may be required for hypertyryking to bered. The synchrone dialysis or extracororeal hemoidayis is to Davinare<sup>10</sup> overdosage has not been established. **Poison Control Center**: As with the management of all overdosages, the possibility of multiple drug ingestion should be con-sidered. The physician may withs to consider contacting a poison control center for up-to-date information on the management of overdosage with methylphenidate. Do not store patches unpouched. Store at 25 C (777 F): excursions permitted to 15-30° C (59-66°F) [see USP Controlled Room temperature]. Once the tray is opened, use contents within 2 months. Apply the patch immediately upon removal from the protective pouch. Do not store patches unpouched. **Por transformation** unterviewed and the protective approximation and the store and the protective approximation and the protective application asymptoted. **Por transformation** and the protecting

DBS4

REFERENCE American Psychiatric Association. Diagnostic and Statistical Manual of Mental Disorders. 4th ed. Washington, DC: American Psychiatric Association 1994. Manufactured to Shire US Inc. Wayne, PA 19087 by Noven Pharmaceuticals, Inc., Miami, FL 33186. For more information call 1-800-828-2088 for visit <u>www.shire.com</u> Dot Meritz<sup>m</sup> is a trademark of Noven Pharmaceuticals, Inc. Dayland<sup>—</sup> is a trademark of Shire Pharmaceuticals infead. 2006 Shire Pharmaceucicals Israed Limites.

Rx Only 102086-1 Rev. 06/06

552 1027 002

**Shire** 

#### **EDITORS**

#### EDITOR EMERITUS

Jack M. Gorman, MD Mount Sinai School of Medicine New York, NY

EDITOR Eric Hollander, MD Mount Sinai School of Medicine New York, NY

#### INTERNATIONAL EDITOR

Joseph Zohar, MD Chaim Sheba Medical Center Tel-Hashomer, Israel

#### **ASSOCIATE INTERNATIONAL EDITORS**

University of Pisa Pisa, Italy

Hiroshima University School of Medicine

Jon E. Grant, JD, MD, MPH James L. Kennedy, MD, FRCPC

COLUMNIST

MEDICAL REVIEWER David L. Ginsberg, MD

CME COURSE DIRECTOR Eric Hollander, MD

Joseph Zohar, MD

CEO & PUBLISHER Darren L. Brodeu

ASSOCIATE PUBLISHER Elizabeth Katz

VP, MANAGING EDITOR Christopher Naccari

VP, SENIOR EDITOR Deborah Hughes

SENIOR GLOBAL ACCOUNT DIRECTOR Richard Ehrlich

SENIOR EDITOR-CNS SPECTRUMS José Ralat

SENIOR ACQUISITIONS EDITOR Lisa Arrington

EUROPE Donatella Marazziti, MD

MID-ATLANTIC Dan J. Stein, MD, PhD University of Cape Town Cape Town, South Africa

FAR EAST Shigeto Yamawaki, MD, PhD Hiroshima, Japan

#### **CONTRIBUTING WRITERS**

Thomas M. Mick, MD Stefano Pallanti, MD, PhD James R. Redmond, MD

Dan J. Stein, MD, PhD

SUPPLEMENT EDITOR

#### PUBLICATION STAFF

PUBLISHING SALES ASSOCIATE

MEDIA SALES REPRESENTATIVE Jodi Malcom

ASSISTANT EDITOR Rebecca Sussman

INTERNS Carlos Perkins, Jr. Stephanie Spano Lonnie Stoltzfoos

**CNS** Spectr

Publishers of

#### EDITORIAL ADVISORY BOARD

Yves Lecrubier, MD

Paris, France

Nashville, TN

Atlanta GA

Hôpital de la Salpêtrière

Herbert Y. Meltzer, MD

Vanderbilt University Medical Center

Stuart A. Montgomery, MD St. Mary's Hospital Medical School London, United Kingdom

Charles B. Nemeroff, MD, PhD Emory University School of Medicine

National Mexican Institute of Psychiatry

Western Psychiatric Institute & Clinic

Alan F. Schatzberg, MD Stanford University School of Medicine

Scott L. Rauch, MD Massachusetts General Hospital Charlestown, MA

Thomas E. Schlaepfer, MD

Stephen M. Stahl, MD, PhD

University of California, San Diego

New York University Medical School

Herman G.M. Westenberg, MD

University Hospital Utrecht

Stuart C. Yudofsky, MD Baylor College of Medicine

Utrecht, The Netherlands

Karen Dineen Wagner, MD, PhD The University of Texas Medical Branch

RAND-University of Pittsburgh Health Institute,

Humberto Nicolini, MD, PhD

Stefano Pallanti, MD, PhD

Mexico City, Mexico

University of Florence Florence, Italy

Katharine Phillips, MD

Brown Medical School Providence, RI

Harold A. Pincus, MD

Pittsburgh, PA

Stanford, CA

University of Bonn

Bonn, Germany

La Jolla, ĆA Norman Sussman, MD

New York, NY

Houston, TX

ART DIRECTOR

**GRAPHIC DESIGNER** Michael J. Vodilko

STAFF ACCOUNTANT

Clint Bagwell Consulting

Bressler, Amery, and Ross

Lawrence Ross, Esg.

**CHIEF FINANCIAL OFFICER** 

**INFORMATION TECHNOLOGY** 

**CORPORATION COUNSEL** 

Derek Oscarso

John Spano

Diana Tan

Galveston, Texas

#### NEUROLOGISTS

Mitchell F. Brin, MD University of California, Irvine Irvine, CÁ

Jeffrey L. Cummings, MD University of California, Los Angeles Los Angeles, CA

Jerome Engel, Jr., MD, PhD University of California, Los Angeles Los Angeles, CA

Mark S. George, MD Medical University of South Carolina Charleston, SC

Richard B. Lipton, MD Albert Einstein College of Medicine Bronx, NY

C. Warren Olanow, MD, FRCPC Mount Sinai School of Medicine New York, NY

Steven George Pavlakis, MD Maimonides Medical Center Brooklyn, NY

Stephen D. Silberstein, MD, FACP Thomas Jefferson University Philadelphia, PA Michael Trimble, MD, FRCP, FRPsych National Hospital for Neurology and Neurosurgery London, United Kingdom

#### **PSYCHIATRISTS** Margaret Altemus, MD

Cornell University Medical College New York, NY Dennis S. Charney, MD

Mount Sinai School of Medicine New York, NY

Dwight L. Evans, MD University of Pennsylvania Philadelphia, PA

Siegfried Kasper, MD University of Vienna Vienna, Austria

Martin B. Keller, MD Brown Medical School Providence, RI

Lorrin M. Koran, MD Stanford University School of Medicine Stanford, CA

ACQUISITIONS EDITOR irginia Jackson

ASSOCIATE EDITOR— ENDURING MATERIALS Shelley Wong

ASSOCIATE EDITORS Peter Cook—Psychiatry Weekly Dena Croog-Primary Psychiatry

Kimberly Schneider

Primary Psychiatry

#### CNS SPECTRUMS The International Journal of Neuropsychiatric Medicine



892

# Inpact Spectrums- 3005 ISI 2.035 FACELIFT COMPLETE!

Welcome to CNS Spectrums' New Web Portal...

#### www.cnsspectrums.com



#### \*Click on the red PsychCast<sup>™</sup> button at: www.cnsspectrums.com

After a six-month top-to-bottom redesign, CNS Spectrums' new Web portal is now better than ever - a one-stop source providing the following integrated services based on input from you ... our readers:

- Most-Read Articles automatically tabulated
- Quick Links to Clinical Review Articles, Columns, News, & Educational Reviews
- Keyword or Disease State-Based **Article Search**
- Integrated Customer Service Tools
- eLearning via Enduring Materials & Monthly CME Section
- And a host of additional services and features... including simple hyperlink access to MBL's other CNS sources: www.primarypsychiatry.com and www.psychiatryweekly.com

To learn more, please visit: www.cnsspectrums.com or www.mblcommunications.com

## PRIMARY PSYCHIATRY CNS SPECTRUMS Psychiatry Weekly.

A Global Commitment to Advancing CNS Science, Clinical Practice, and Evidence-Based Medicine

Volume 11 -

## CNS SPECTRUMS

The International Journal of Neuropsychiatric Medicine

#### **EDITOR'S LETTER**

903 Acting on Impulse: What's New About Impulse Control Disorders and Why Would We Consider Them Forms of Behavioral Addiction?

> Eric Hollander, MD, the Mount Sinai School of Medicine

#### INTRODUCTION

921 From Impulse-Control Disorders Toward Behavioral Addictions

> Stefano Pallanti, MD, PhD, Institute for Neuroscience at the Florence University of Medicine

#### **ORIGINAL RESEARCH**

#### 915 Lamotrigine Combined with Divalproex or Lithium for Bipolar Disorder: A Case Series

James R. Redmond, MD, University of Texas Health Science Center at San Antonio; Katrina L. Jamison, PharmD, GlaxoSmithKline; and Charles L. Bowden, MD, University of Texas Health Science Center at San Antonio

#### 956 Serotonin Dysfunction in Pathological Gamblers: Increased Prolactin Response to Oral m-CPP Versus Placebo

Stefano Pallanti, MD, PhD, Institute for Neuroscience at the Florence University of Medicine; Silvia Bernardi, MD, Università degli Studi di Firenze; Leonardo Quercioli, MD, Institute for Neuroscience at the Florence University of Medicine; Concetta DeCaria, PhD, the Mount Sinai School of Medicine; and Eric Hollander, MD, the Mount Sinai School of Medicine 966 The Shorter PROMIS Questionnaire and the Internet Addiction Scale in the Assessment of Multiple Addictions in a High-School Population: Prevalence and Related Disability

> Stefano Pallanti, MD, PhD, Institute for Neuroscience at the Florence University of Medicine; Silvia Bernardi, MD, Università degli Studi di Firenze; and Leonardo Quercioli, MD, Institute for Neuroscience at the Florence University of Medicine

#### **REVIEW ARTICLES**

#### 924 The Neurobiology of Substance and Behavioral Addictions

Jon E. Grant, JD, MD, MPH, University of Minnesota Medical School; Judson A. Brewer, MD, PhD, Yale University School of Medicine; and Marc N. Potenza MD, PhD, Yale University School of Medicine

#### 931 The Genetics of Gambling and Behavioral Addictions

Daniela S.S. Lobo, MD, PhD, Centre for Addiction and Mental Health at the University of Toronto; and James L. Kennedy, MD, FRCPC, Centre for Addiction and Mental Health at the University of Toronto

#### 944 Impulsive-Compulsive Sexual Behavior

Thomas M. Mick, MD, the Mount Sinai School of Medicine; and Eric Hollander, MD, the Mount Sinai School of Medicine

#### MISSION

CNS Spectrums' editorial mission is to address relevant neuropsychiatric topics, including the prevalence of comorbid diseases among patients, and original research and reports that emphasize the profound diagnostic and physiologic connections made within the neurologic and psychiatric fields. The journal's goal is to serve as a resource to psychiatrists and neurologists seeking to understand and treat disturbances of cognition, emotion, and behavior as a direct consequence of central nervous system disease, illness, or trauma.

This month's issue of CNS Spectrums, as well as a host of educational resources, enduring materials, and archived issues, is available at www.cnsspectrums.com.

residual symptoms sadness low energy anxiety relapse recurrence Break the cycle

## of unresolved depression with EFFEXOR XR",2

#### IMPORTANT TREATMENT CONSIDERATIONS

#### Suicidality in Children and Adolescents

Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term studies in children and adolescents with Major Depressive Disorder (MDD) and other psychiatric disorders. Anyone considering the use of EFFEXOR XR or any other antidepressant in a child or adolescent must balance this risk with the clinical need. Patients who are started on therapy should be observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. EFFEXOR XR is not approved for use in pediatric patients.

- EFFEXOR XR is contraindicated in patients taking monoamine oxidase inhibitors (MAOIs).
- Adult and pediatric patients taking antidepressants can experience worsening of their depression and/or the emergence of suicidality.
  Patients should be observed closely for clinical worsening and suicidality, especially at the beginning of drug therapy, or at the time of increases or decreases in dose. Anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia, hypomania, and mania have been reported and may represent precursors to emerging suicidality. Stopping or modifying therapy should be considered especially when symptoms are severe, abrupt in onset, or not part of presenting symptoms.

- The development of potentially life-threatening serotonin syndrome may occur when EFFEXOR XR is coadministered with other drugs that may affect the serotonergic neurotransmitter systems. Concomitant use of EFFEXOR XR with MAOIs is contraindicated. If concomitant use of EFFEXOR XR with an SSRI, SNRI, or a triptan is clinically warranted, careful observation of the patient is advised. Concomitant use of EFFEXOR XR with tryptophan supplements is not recommended.
- Treatment with venlafaxine is associated with sustained increases in blood pressure (BP) in some patients. Postmarketing cases of elevated BP requiring immediate treatment have been reported.
  Pre-existing hypertension should be controlled. Regular BP monitoring is recommended.
- Mydriasis has been reported in association with venlafaxine; therefore, patients with raised intraocular pressure or those at risk of acute narrow-angle glaucoma (angle-closure glaucoma) should be monitored.
- Abrupt discontinuation or dose reduction has been associated with discontinuation symptoms. Patients should be counseled on possible discontinuation symptoms and monitored while discontinuing the drug; the dose should be tapered gradually.



The change they deserve.

Please see brief summary of Prescribing Information on adjacent pages.

#### VENLAFAXINE HCI EFFEXOR XR MEAS VORES

BRIEF SUMMARY. See package insert for full prescribing information.

Suicidality in Children and Adolescents

Suicidality in concrete and Adurescents Antidepresents increased the risk of suicidal thinking and behavior (suicidality) in short-term studies in children and adolescents with Major Depressive Disorder (MDD) and other psychiatric disorders. Anyone considering the use of EFFEXOR XR or any other antidepressant in a child or adolescent must balance this risk with the clinical need. Patients who are started on therapy should be observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. EFFEXOR XR is not approved for use in pediatric patients. (See Warnings and Precautions: Pediatric Use.)

Processor of the service provides provides (see the printings and receasing and receasing the provided trains of 9 antidepressant drugs (SSRis and others) in children and adolescents with Major Depressive Disorder (MDD), obsessivecompulsive disorder (OCD), or other psychiatric disorders (a total of 24 trials involving over 4,400 patients) have revealed a greater risk of adverse events representing suicidal thinking or behavior (suicidality) during the first few months of treatment in those receiving antidepressants. The average risk of such events in patients receiving antidepressants was 4%, twice the placebo risk of 2%. No subcless occurred in these trials.

Insk of such events in patients incoeving antioepressants was 4%, twice the placebol risk of 2%- no guilcides occurred in these trails. CONTRAINDICATIONS: Hypersensitivity to ventafaxine hydrochloride or to any excipients in the formulation. Concombant use in patients taking monocamine oxidase inhibitors (MAOIs), MARININGS: Clinical Worsening and Suicide Risk— Patients with major depressive disorder (MDD), both adult and pediatric, may experience worsening of their depression and/or the emergence of suicidali (deation and behavior (suicidality) or unusual changes in behavior, whether or not they are taking antidepressant medications, and this risk may persist until significant remission occurs. There has been a long-standing concern that antidepressants may have a role in inducing worsening of depression and/or the emergence of suicidality in certain patients. Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term studies in children and adolescents with MDD and other psychiatric disorders. It is also unknown whether the suicidality risk extends to longer-term use, i.e., beyond several months. It is also unknown whether the suicidality risk extends to adults. All pediatric patients being treated with antidepressants for any indication should be observed closely for clinical worsening, suicidality, and unusual changes in behavior, especially during the initial few months of a course of drug therapy, or at times of dose changes, either increases or descreases. Anviety, agitation, panic attacks, insomnia, irritability, hostility, adjersiveness, impulsivity, akathisk (psychomotor restlessness), hypomania, and mania have been reported in adult and periatric patients being treated with antidepressants for MDD and other indications, both psychiatric and nonpsychiatric. Although a causal link between the emergence of such symptoms and either the worsening of depression and/or the emergence of suicidality or symptoms that might be precursors to worsening depression and/or the e of the patients presenting symptoms. In the decision has been made to discontinue treatment, medication should be tapered, as rapidly as is feasible, but with recognition that shourpd discontinuation can be associated with certain symptoms (see PRECAUTIONS and DOSAGE AND ADMINISTRATION), Families and caregivers of pediatric, patients being treated with antidepressants for MDD or other indications, both psychiatric and nonpsychiatric, should be alerted about the need to monitor patients for the emergence of agitation, Irritability, unusual changes in behavior, and the other symptoms described above, as well as the emergence of suicidality, and to report such symptoms immediately to health care providers. Such monitoring should include daily observation by families and caregivers. Prescriptions for Effevor XR should be written for the smallest quantity of capsules consistent with good patient management, in order to reduce the risk of overdose. Families and caregivers of adults being treated for depression should be similarly advised. Screening Patients for Bipolar Disorder: A major depressive episode may be the initial presentation of bipolar disorder, this generally believed that treating such an episode with an antidepressant alone may increase the likelihood of precipitation of a mixed/manic episode in patients at risk for bipolar disorder. Whether any of the symptoms described above represent such a conversion is unknown. Prior to initiating antidepressant treatment, patients with depressive symptoms should be screened to determine if they are at risk for bipolar disorder; and depression. Effevor XR is not approved for use in treating bipolar disorder; and depression. Effevor XR is not approved for use in treating bipolar depression. ausse, vomiting, flushing, dizziness, hyperthermia with features resembling neuroloptic malignant syndrome, seizures, and death. Effevor XR is not approved for use in treating Molar desortions. More cently discontinued an MAOI and started on venlafaxine, or who Increase in BP, consider ettiler dose reduction or discontinuation. **Mydrasis:** Mydrasis has been reported; monitor patients with reised intracouliar pressure or at risk of actie narrow-angle glaucoma (angle-closure glaucoma). **PRECAUTIONS:** General—Discontinuation of Treatment with Effexor XR. Abrupt discontinuation or dose reduction impaired, diarrhea, dizziness, dry mouth, dysphoric mood, emotional lability, faciculation, fatigue, headaches, hyponania, insonnia, intability, lettrargy, nausea, nervousness, mightmares, escures, sensory disturbances (e.g., paresthesias such as electric shock sensations), somolence, sweating, timitus, therno, vertigo, and vomiting Monitor patients when discontinuing treatment. A gradual reduction in the dose rather than abrupt cessation is recommended. If intelerable symptoms occur following a decrease in the dose rather than abrupt cessation is recommended. If intelerable symptoms occur following a decrease in the dose rather than abrupt cessation is informia and Nervousness. Treatment-emergent insomia and nervousness have been reported. In Phase 3 triats, insomnia la do thorg discontinuation in 1% of both depressed patients and Paric Disorder (PD) patients and in 3% of both Generalized Anxiety Disorder (GAD) and Social Anxiety Disorder (SAD) natients. Nervousness led to drug discontinuation in 0.9% of depressed patients in a 17% of Effexor XR patients had 25% loss of body weight and 0.1% discontinued for weight loss in 6-month GAD studies, 3% of Effexor XR patients had 25% loss of body weight and 0.1% discontinued for weight loss in 6-month GAD studies, 3% of Effexor XR patients had 25% loss of body weight and 0.1% discontinued for weight loss a quest, including phentermine, have not been established. Coadministration of Effexor XR patients than placebo patients eveloptioned. Effexor XR is not indicated for weight loss a solene or in combination with other products. *Patients*: Weight loss was seen in patients aged 6-17 receiving Effexor XR patients had 25% loss of body weight

studies. The discontinuation rate for anorexia was 1.0% in MDD studies. Treatment-emergent anorexia was one commonly reported for Effexor XR (8%) than placebo (2%) patients in GAD studies. The discontinuation rate for anorexia was 0.9% for up to 8 weeks in GAD studies. The discontinuation rate for anorexia was 0.4% for up to 12 weeks in SAD studies. The discontinuation rate for anorexia was 0.4% for Effexor XR (3%) than placebo (3%) patients in PD studies. The discontinuation rate for anorexia was 0.4% for Effexor XR (3%) than placebo (3%) patients in PD studies. The discontinuation rate for anorexia was 0.4% for Effexor XR in Fabrents in PD studies. The discontinuation rate for anorexia was 0.4% for Effexor XR in Fabrents in PD studies. Anote of the patients receiving Effexor XR incorexia or weight loss. In the placebo-controlled trial for SAD, 22% and 3% of patients aged 6-17 for up to 8 weeks and 3% of placebo patients had nad placebo, respectively, reported the tratement-emergent anorexia (decrassed appetitis). The discontinuation rates for anorexia were 0.7% for patients receiving Effexor XR and placebo, respectively, reported the tratement-emergent anorexia (decrassed appetitis). The discontinuation rates for anorexia were 0.7% for patients receiving effexor XR and placebo, and that and thypomatic. Mania And placebo, and the solutions in the inference in Subproved the tratement emergent anorexia. See and the solutions of the synchrome secretion (SADH) may outure with a history of seizures. Discontinue of in appropriate anditures thormens secretion (SADH) may outure with a history of seizures. Discontinuation rates for anorexia were 0.7% for patients receiving effectors. Subproved the tratement is the secretion of the synchrome in trans of the synchrome secretion (SADH) may outure with a history of seizures. Discontinue in any patient who develops seizures. Abnormal bleeding, Abnormal bleeding (hores) weeks and the secretion of the synchrome in the patients with recearchins that chargines and the secretion serotonergic agents. Patients should be advised to notify their physician 1) if they become pregnant or interd to become pregnant during therapy, or if they are nursing; 2) about other prescription or over-the-counter drugs, including herbal preparations and nutritional supplements they are taking or plan to take; 3) if they develop a rash, hives, or related allergic phenomena; or 4) if they have a history of glaucoma or increased intraccular pressure. Laboratory Tests are no specific laboratory tests are recommended. Drug Interactions — Alcohort. A single dose of ethanol had no effect on the pharmacokinetics (PK) of venlafaxine or 0-desmethylvenlafaxine (JOV), and venlafaxine did not exaggerate the psychometur and psychometric effects induced by ethanol. *Climetidine*: Use caution when administering venlafaxine with climetidine to patients with pre-existing hypertension or hegatic dystruction, and the eiders. *Diazgenam* A single does or diazegnam did not appear to affect the PK of either venlafaxine or ODV Venlafaxine did not appear and empethence and environments of the part dystruction and the either. *Diazegnam* A single does or diazegnam did not appear to affect the PK of either venlafaxine or ODV Venlafaxine did not appear and empethence and environments or the participation of the psychometric effects diazegnam dia not appear to affect the PK of either venlafaxine or DDV venlafaxine did not have any effect no second based and appear to affect the psychomence or for the psychometric effects diazegnam dia psychometric effects diazegnametric diazegnam dia psychometric with cimetidine to patients with pre-existing hypertension or hepatic dysfunction, and the eldery. *Diazegam:* A single dose of diazegam of its active metabolite, desmethyldiazegam, or affect the psychomotor and psychometric effects induced by diazegam. *Haloperidol*. Venkitasine decreased total oral-dose clearance of haloperidol, resulting in a 70% increase in haloperidol. Che haloperidol C<sub>max</sub> increased B8%, but the haloperidol elimination half-life was unchanged. *Lithium:* A single dose of lithium did not appear to affect the psychomotor and psychometri-life and or effect on the PK of lithium. *Drugs Halphyl Bound to Plasme Proteins:* Venkitasine is not highly bound to plasma proteins: coadministration of Effexor XR with a highly protein-bound drug should not cause increased free concentrations of the other drug. *Drugs That Inhibit Crytochrome P450 bosonzymes*: CVP206 inhibitors. Venkitasine plasma concentrations of venkitasine and decrease concentrations of DOX. Venkitasine is metabolized to its active metabolite, 0DV by CYP206 inhibitor. Concomitant use of venkitasine with drug treatment(s) that potentially inhibits both CYP2D6 and CYP2A4, the primary metabolizing enzymes for venkitasine is not been studied use caution if therapy includes venkitasine and any agent(s) that produces simultaneous inhibition of these two enzyme systems. *Drugs Metabolized by Cytochrome P450 isonarymes*: Venkitasine with drug treatment(s) that potentially inhibits both CYP2D6 and CYP2A4, the primary metabolizing enzymes to realizatione is a relatively weak inhibitor of CYP2D6. Venkitaxine did not inhibit CYP1A2 and CYP3A4, CYP226 (in truto), or CYP2C19. *Informatine*: Venkitaxine did not affect the PK of imiparamine and any agent(s) that produces simultaneous inhibition of these two enzyme systems. *Drugs Metabolized by Cytochrome P450 isonarymes*: Venkitaxine and Cym. Increased 0 v= -35% of venkitaxine and not inhibit CYP1A2 and CYP3A4, cyP226 (in truto), or CYP2C19. *Informatine*: Venkitaxine did not affect the PK of imip above, whows see con informations and warmings, cho-Active brugs use claution with concommant use of ventafaxine and other CNS-active orags. Serotonergic Drugs and Triptians (see WARNINGS: Serotonin Syndrome): Based on the mechanism of action of Effexor XR and the potential for serotonergic neurotransmitter systems, such as triptians, SSRs, other SNRs, lineared with other drugs that may affect the serotonergic neurotransmitter systems, such as triptians, SSRs, other SNRs, lineared with other drug bat maradol, or SL John's wort. If concomitant treatment of Effexor XR with these drugs is clinically warmaned, careful observation of the patient is advised, particularly during treatment initiation and dose increases. The concomitant use of Effexor XR with tryptophan supplements is not recommercide. *Electrocomusive Therapy (ECT)*. There are no clinical data establishing the benefit OEC combine with Effexor XR treatment. Carcinogenesis, Mutagenesis, Impairment of Fertility—*Carcinogenesis*: There was no increase in tumors in mice and rats given up to 1.7 times the maximum recommended human dose (MRHD) on a mg/m' basis. *Mutagenesis*: Vendataxine and ODV were not mutagenic in the Anse reverse mutation assay in rat bone marrow. *Impairment of Fertility*. No effects on reproduction or fertility in rats were noted at oral doses of up to 2 times the MHD on a mg/m' basis. Pregnancy—*Teratogenic Effecta*—*Pregnancy Category C*. Reproduction studies in nicrease in pup deaths during the first 5 days of lactation when dosing began during pregnancy and continued until weaning. There are no adequate and well-controlled studies in pregnant women; use Effexor XR during pregnancy only if clearly needed. *Montargenic Effects*. Novates exposed to Effexor XR late in the first thirmester have developed complications requiring prolonged hospitalization, respiratory disres, cyanosis, aprea, seizures, temperature instability, feeting difficulty, vomiting, hypodycenia, hypotonia, hyperfolia, hyperfolia, hypereflexia, tremor, itterines, inr were similar to that observed in adult patients. The proceutions for adults apply to pediatric patients. **Berlark Use-to** overall differences in elicitations of control and the period of the period of the period of the period properties, or young and the period of were similar to that observed in adult patients. The precautions for adults apply to pediatric patients. Geriatric Use—No overall differences in effectiveness or safety were observed between geriatric and younger patients. Greater sensitivity of some older individuals cannot be ruled out. Hyponatremia and S/ADH have been reported, usually in the elderly. ADVERSE REACTIONS: Associated with Discontinuation of Treatment—The most common events leading to discontinuation in MDD, GAD, SAD, and PD trials included nausea, anorexia, anxiety,

## Take a closer look at Dialogues Time to Talk

## Dialogues

is a unique patient support and education program that is designed to help you foster successful therapy

## Dialogues

offers patients access to a call center to speak with a health care provider for patient support and education to reinforce your efforts

## Dialogues

supplies feedback and updates about these patient calls to you, their physician

Encourage your **EFFEXOR XR** patients to enroll in *Dialogues* by calling 866-313-3737 — and you can visit **mddpatientsupport.com** 

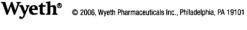
 The most common adverse events reported in EFFEXOR XR short-term placebo-controlled depression, generalized anxiety disorder (GAD), social anxiety disorder (SAD), and/or panic disorder (PD) trials (incidence ≥10% and ≥2x that of placebo) were anorexia, asthenia, constipation, dizziness, dry mouth, ejaculation problems, impotence, insomnia, nausea, nervousness, somnolence, and sweating.



#### The change they deserve.

References: 1. Data on file, Wyeth Pharmaceuticals Inc. 2. Effexor XR® (venlafaxine HCI) Extended-Release and Effexor Immediate-Release Prescribing Information, Wyeth Pharmaceuticals Inc.

Please see brief summary of Prescribing Information on adjacent pages.



120493-01

Wyeth<sup>®</sup> © 2006, Wyeth Pharmaceuticals Inc., Philadelphia, PA 19101 120493-01 July 2006 Volume 11



The International Journal of Neuropsychiatric Medicine

#### CLINICAL UPDATES IN NEUROPSYCHIATRY

#### 908 News From the Field of Neuroscience

- Patients With MDD Have Certain Brain Region Not Affected by Positive Stimuli
- Increased Awareness of Dementia in Late Life May Improve Quality of Life in Elderly
- Treatment of Depression Should Be Individualized to Improve Response
- Alzheimer's Disease May Be Detected Through Blood Biomarkers
- Brain Chemical Function Altered in Women With MDD

#### LETTER TO THE EDITOR

906 Effectiveness of Lidocaine Patch 5% in Patients With or Without Allodynia

#### **EXPERT REVIEW SUPPLEMENT**

#### Utilization of Long-Acting Antipsychotic Medication in Patient Care

By John M. Kane, MD

#### CME QUIZ

975 The quiz is CME-accredited by the Mount Sinai School of Medicine for 3.0 credit hours.

Founded in 1996, CNS Spectrums is indexed in the Index Medicus database and is available on MEDLINE under the citation CNS Spectr. CNS Spectrums is also distributed to all CINP members and is accredited for international CME by EACIC.

CNS Spectrums (ISSN 1092-8529) is published monthly by MBL Communications, Inc. 333 Hudson Street, 7th Floor, New York, NY 10013.

One-year subscription rates: domestic \$120; foreign \$195; in-training \$85. For subscriptions: Tel: 212-328-0800; Fax: 212-328-0600; Web: www.cnsspectrums.com. Single issues: \$15 – E-mail ks@mblcommunications.com

For editorial inquiries, please fax us at 212-328-0600 or E-mail José Ralat at jrr@mblcommunications.com. For bulk reprint purchases, please contact Christopher Naccari at cdn@mblcommunications.com.

Subscribers: send address changes to CNS Spectrums c/o MMS, Inc., 185 Hansen Court, Suite 110, Wood Dale, IL 60191-1150.

CNS Spectr

A hor Spectrums, LLC, or the editorial advisory board. Advertisements in CNS Spectrums are accepted on the basis of adherence

Opinions and views expressed by authors are their own and do not neces-

sarily reflect the views of the publisher, MBL Communications, Inc., CNS

to ethical medical standards, but acceptance does not imply endorsement by CNS Spectrums or the publisher.

CNS Spectrums is a registered trademark of CNS Spectrums, LLC, New York, NY. Permission to reproduce articles in whole or part must be obtained in writing from the publisher.



Copyright  $\,^{\otimes}$  2006 by MBL Communications, Inc. All rights reserved. Printed in the United States.

898

# Now approved for bipolar depression

- One treatment for BOTH bipolar depression and mania<sup>1</sup>
- Once-a-day dosing for bipolar depression\*1

#### **Important Safety Information**

- SEROQUEL is indicated for the treatment of depressive episodes in bipolar disorder; acute manic episodes in bipolar I disorder, as either monotherapy or adjunct therapy to lithium or divalproex; and schizophrenia. Patients should be periodically reassessed to determine the need for treatment beyond the acute response
- Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk (1.6 to 1.7 times) of death, compared to placebo (4.5% vs 2.6%, respectively). SEROQUEL is not approved for the treatment of patients with dementia-related psychosis (see Boxed Warning)
- Suicidality in children and adolescents antidepressants increased the risk of suicidal thinking and behavior (4% vs 2% for placebo) in short-term studies of nine antidepressant drugs in children and adolescents with major depressive disorder and other psychiatric disorders. Patients started on therapy should be observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. SEROQUEL is not approved for use in pediatric patients (see Boxed Warning)
- Prescribing should be consistent with the need to minimize the risk of tardive dyskinesia. A rare condition referred to as neuroleptic malignant syndrome has been reported with this class of medications, including SEROQUEL
- Hyperglycemia, in some cases extreme and associated with ketoacidosis, hyperosmolar coma, or death, has been reported in patients treated with atypical antipsychotics, including SEROQUEL. Patients starting treatment with atypical antipsychotics who have or are at risk for diabetes should undergo fasting blood glucose testing at the beginning of and during treatment. Patients who develop symptoms of hyperglycemia should also undergo fasting blood glucose testing
- Precautions include the risk of seizures, orthostatic hypotension, and cataract development
- The most commonly observed adverse events associated with the use of SEROQUEL in clinical trials were dry mouth, somnolence, sedation, dizziness, asthenia, constipation, abdominal pain, postural hypotension, pharyngitis, weight gain, SGPT increase, dyspepsia, and lethargy

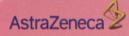
\*Dosing for bipolar mania and schizophrenia is twice daily.

## Please see Brief Summary of Prescribing Information, including Boxed Warnings, on adjacent pages.

Reference: 1. SEROQUEL Prescribing Information.

SEROQUEL is a registered trademark of the AstraZeneca group of companies. www.SEROQUEL.com © 2006 AstraZeneca Pharmaceuticals LP. All rights reserved.





## I always wanted to be part of a team Now I can

## **Proven efficacy** To help patients achieve continued success<sup>11-4</sup>

## To help patients stay on treatment<sup>15</sup>

#### Important Safety Information

SEROQUEL is indicated for the treatment of depressive episodes in bipolar disorder; acute manic episodes in bipolar I disorder, as either monotherapy or adjunct therapy to lithium or divalproex; and schizophrenia. Patients should be periodically reassessed to determine the need for treatment beyond the acute response.

Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk (1.6 to 1.7 times) of death, compared to placebo (4.5% vs 2.6%, respectively). SEROQUEL is not approved for the treatment of patients with dementia-related psychosis. (see Boxed Warning)

Suicidality in children and adolescents-antidepressants increased the risk of suicidal thinking and behavior (4% vs 2% for placebo) in short-term studies of nine antidepressant drugs in children and adolescents with major depressive disorder and other psychiatric disorders. Patients started on therapy should be observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. SEROQUEL is not approved for use in pediatric patients. (see Boxed Warning)

Prescribing should be consistent with the need to minimize the risk of tardive dyskinesia. A rare condition referred to as neuroleptic malignant syndrome has been reported with this class of medications, including SEROQUEL.

Hyperglycemia, in some cases extreme and associated with ketoacidosis, hyperosmolar coma, or death, has been reported in patients treated with atypical antipsychotics, including SEROQUEL. Patients starting treatment with atypical antipsychotics who have or are at risk for diabetes should undergo fasting blood glucose testing at the beginning of and during treatment. Patients who develop symptoms of hyperglycemia should also undergo fasting blood glucose testing.

Precautions include the risk of seizures, orthostatic hypotension, and cataract development.

The most commonly observed adverse events associated with the use of SEROQUEL in clinical trials were dry mouth, somnolence, sedation, dizziness, asthenia, constipation, abdominal pain, postural hypotension, pharyngitis, weight gain, SGPT increase, dyspepsia, and lethargy.

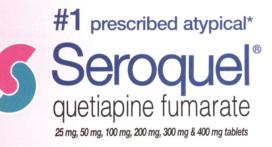
\* All atypical prescriptions: Total prescriptions. Jan. 05-Sept. 06. New prescriptions. Sept. 04-Sept. 06. IMS Health. National Prescription Audit.

Significant improvement in all 11 YMRS items was measured at Day 21 and continued through Day 84 in monotherapy mania trials.

Please see Brief Summary of Prescribing Information, including Boxed Warnings, on adjacent pages.

References: 1. Vieta E, Mullen J, Brecher M, et al. Curr Med Res Opin. 2005;21:923-934. 2. Sachs G, Chengappa KNR, Suppes T, et al. Bipolar Disord. 2004;6:213-223. 3. Small JG, Kolar MC, Kellams JJ. Curr Med Res Opin. 2004;20:1017-1023. 4. Kasper S, Brecher M, Fitton L, et al. Int Clin Psychopharmacol. 2004;19:281-289. 5. SEROQUEL Prescribing Information.

SEROQUEL is a registered trademark of the AstraZeneca group of companies. © 2006 AstraZeneca Pharmaceuticals LP. All rights reserved. 245708 11/06 **www.SEROQUEL.com** 





#### SEROQUEL® (quetiapine fumarate) Tablets

BRIEF SUMMARY of Prescribing Information-Before prescribing, please consult complete Prescribing Information.

Increased Moriality in Elderly Patients with Dementia-Related Psychosis: Elderly patients with dementia-related psychosis treated with applical antipsychotic drugs are at an increased risk of death incompared to placebo. Analyses of seventeen placebo-controlled trials (modal duration of 10 weeks) in these platents revealed a risk of death in the drug-freated patients of between 15 to 1.7 times that seem in placebo-treated patients. Over the course of a typical 10 week controlled trial, the rate of death in drug-treated patients was about 4.5%, compared to a rate of about 2.6% in the placebo group. Although the causes of death were varied, most of the deaths appeared to be either cardiovascular (e.g., ben't failure, a suden death) or intercluos (e.g., pneumonia) in nature. SEROQUEL (quelcajine) is not approved for the treatment of patients with Dementia-Related Psychosis.

rearrent or patients with Dementia-Related Psychosis. Suicidality in Children and Adulescents: Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term suidis in children and adulescents: Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term suidis in children and adulescents: Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term stefficient of the suicidality of the suicidality of the suicidality, or unsual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. SEROULEL is not approved for use in pediatric patients. [See WARNINGS and PRECAUTIONS, Pediatric Use]. Pooled analyses of short-term (4 to 16 weeks) placeho-controlled trials of antidepression drugs (SSRIs and others) in children and adolescents with major depressive disorder (MOD), obsessive computisive representing suicidal thinking or behavior (suicidality) during the first few months of treatment in those receiving antidepressants. The average risk if a such events in platients receiving antidepressants was 4%, twice the placehor is of 2%. No suicides occurred in these trials. [See WARNINGS and PRECAUTIONS].

INOCATIONS AND USAGE: Bipolar Disorder: SEROQUEL is indicated for the treatment of both: • depressive episodes associated with bipolar losorder • acrite manic episodes associated with bipolar 1 disorder as either monotherapy or adjunct therapy to lithium or divalproex. Depression: The efficacy of SEROQUEL was established in two identical 8-week randomized placebic-controlled double-blind clinical studies that included either bipolar 1 of platients. Effectiveness han on been systematically verulated in clinical trials for more than 8 weeks. Mania: The efficacy of SEROQUEL in acute bipolar mania was established in two 12-week randomized, placebic-controlled double-blind efficient studies tor more than 12 weeks in monotherapy 5 weeks in adjunct therapy. The physician who elects to use SEROQUEL for extended periods in bipolar disorder should periodically re-evaluate the long-term risks and benefits of the drug for the individual platent. Strictophrenia: SEROQUEL is of schizophrenia: SEROQUEL in schizophrenia: SEROQUEL in schizophrenia: SEROQUEL in schizophrenia: SEROQUEL is of schizophrenia: SEROQUEL in schizophrenia: Sero CouleL is of schizophrenia: SEROQUEL in schizophrenia: was established in short-term (5-week) controlied trials interedies who elects to use SEROQUEL is not been systematically evaluated in orthoride trials. Therefore, the physician who elects to use SEROQUEL for extended periods in bipolar estimates of the drug for the individual platent. Extension who elects to use SEROQUEL is on the orthore, the physican who elects to use SEROQUEL for extended periods ally re-evaluate the long-term uset/laness of the drug for the individual platent. SEROQUEL is contrandicated in individuals who heads to use schizophrenia: The efficacy of SEROQUEL in schizophrenia: sechizophrenia: The efficacy of the individual platent. SEROQUEL is contrandicated in individuals with a known hypersensitivity to this medication or any of its ingredients. WANNINGS: Increased Morality in Electry Paris with Omentia-Related

Indicator in the treatment of sublicity in the indice of SPR00EL in the thread of the treatment of the treat

andipsychotic was discontinued; however, some patients required continuation of anti-diabetic tréatment despite discontinuation of the suspect drug. PRECAUTIONS: General: Orthostatic Hypotension: SEROQUEL may induce orthostatic hypotension associated with diziness, tachycardia and, in some patients, syncope, especially during the initial dose-titation period, probably reflecting its or, adrenergic antagonist properties. Syncope was reported in 15 (282265) of the patients treated with SEROQUEL, compared with 02% (2954) on placebo and about 0.4% (2927) on active control drugs. SEROQUEL should be used with particular caution in patients with known cardiovascular disease of hostinous which would predisopse patients to rypotension (dehydration, hypovolemia and treatment with antihypetensive medications). The risk of orthostatic hypotension and syncope may be minimized by limiting the initial dose to 25 mg bid il hypotension occurs during titration to the target dose, a return to the proviso dose in the titration schedule is appropriate. Cataracts: The development of cataracts was observed in association with quetiapine treatment in chronic dog studies. Lens thenges have also been observed in patients with schedule. I sease charino the target dose, a recurst doed a linitiation or betarget dose. a treatment is the possibility of lenticular changes cannot be excluded at his lime. Therefore, examination of the lens by methods adequate to detect cataract formation, such as still tamp exam or other appropriately sensitive methods, is ecommended at linitiation or betarget benessibility of lenticular changes cannot be excluded at history of a proving dose at population d5% (2003400) of patients treated with SEROQUEL compared to Catwy (2954) on placebo and 0.7% (4/a27) on active control drugs. A with other antipychotics SEROQUEL should be exect caturosity in patients with a history of seures or with conditions that topertually lower the saure threshold, e.g., Alzheimer's dementia. Conditions that lower the saur

#### SEROQUEL® (quetiapine fumarate) Tablets

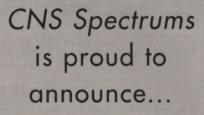
BRIEF SUMMARY of Prescribing information (continued)-Before prescribing, please consult complete Prescribing Information.

<text><text><text>

SERCOUEL is a trademark of the AstraZeneca group of companies ©AstraZeneca 2006. AstraZeneca Pharmaceuticals LP, Wilmington, DE 19850 Made in USA

©AstraZeneca 2006. A 30417-00 Rev. 10/06

244363



A NEW **CLINICAL** COLUMN

"Trends in Psychopharmacology" by Stephen M. Stahl, MD, PhD

> February 2007