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Suicidality and Self-stigma in Neurotic Spectrum Disorder – Cross Sectional Study

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About 90% of persons who commit suicide suffer from mental illness. Numerous studies have tried to determine the predictive factors justifying the use of measures to prevent suicide in vulnerable patients. Unfortunately, even though the risk factors are known, there is no reliable way to anticipate the long-term suicide potential in a given patient.

Aim of our study was to found connection between self- stigma, and level of suicidality in neurotic spectrum disorders. It is a cross-section study of inpatients with pharmacoresistant patients hospitalized at the psychotherapeutic ward of the Department of psychiatry, University hospital Olomouc. Data were gathered from 198 probands. Patients were diagnosed according ICD-10 research diagnostic criteria. There were used ISMI, BDI-II, objective and subjective CGI, Morin sleep scale, DES and MADRS item 10 (suicidality) for the assessment.

There were no differences in suicidality rates between different level of education, status of employment and living or no living with the partner, and between the gender. Level of self-stigma highly significantly correlated with suicidality in patients with neurotic spectrum disorders. There was also a statistically significant correlation of suicidality and dissociation

More attention should be paid to issue of self-stigma throughout neurotic patients, especially those with suicidal thoughts and tendencies.