

RELATIONSHIP BETWEEN RESILIENCE AND SOCIAL SUPPORT, COPING STYLE OF CHILDREN IN MIDDLE SCHOOL

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Objective: To explore the relationship between resilience and social support, coping style of children in two middle schools for providing an evidence for improving childrens' resilience.

Methods: Six hundred childrens were surveyed with the Connor-Davidson resilience questionnaire(CD-RISC), perceived social support scale(PSSS)and coping style questionnaire (CSQ).

Results:

Resilience had significant difference between male and female children.

The resilience was positively correlated with social support and two factors of coping style: seeking help and solving problem, but negatively correlated with the other factors in coping style questionnaire.

Conclusion:

Children with high score in Connor-Davidson resilience questionnaire are more tend to the positive coping style.

Social support is an important factor of resilience in children.