

DESADAPTIVE DISTURBANCES AND ITS CORRECTION ON MANAGEMENT MEDIAL STUFF

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The comparative assessment of the causes and types of adaption disturbances among management stuff of the medical care system was performed by the total examination of 450 doctors. 250 of them were directors and deputy directors of city hospitals, and 200 - directors and deputy directors of country-side hospitals.

The analysis of the structure of desadaptive disturbances in management medical staff was provided. 25% of all examined persons had burnout syndrome. 41% had different types of desadaptation. We described 6 types of them: asthenic, anxiety-depressive, obsessive, somato-vegetatic, hypochondryc, psychosomatic.

Personal related profiles, character accentuation options, emotional and motivational state of management staff with burnout syndrome and desadaptation syndromes are detected. Social functioning features in the examined groups are researched and identified.

We developed psychocorrection system for persons with the burnout syndrome and desadaptation syndromes based on an evaluation of its phenomenology and pathopsychological mechanisms of formation.

Systematic approach used in this research allowed justifying principles of pathogenic psychotherapeutic correction for medical staff with burnout syndrome. Aprobaton of the proposed correction has proved its high efficiency in 80 % of personnel.