

## SUGGESTIBILITY IN PERSONS WITH SCHIZOPHRENIA

*T.T. Iosebadze<sup>1</sup>, N.D. Dzagania<sup>2</sup>*

<sup>1</sup>Tbilisi Psychosocial Rehabilitation Center, Tbilisi, <sup>2</sup>Crisis Intervention Service, Rustavi Center of Mental Health, Rustavi, Georgia

**Aim:** Study of suggestibility in persons with schizophrenia to ascertain whether it is advisable to use hypno-suggestive methods in the system of psychotherapeutic help to them.

**Method:** As a method of study we used Barber's Creative Imagination Scale. To subjects of the experimental group this method was applied from 2 to 5 times, during 6 months.

**Main results:** In the experimental group the subjects have been distributed in the following way:

- (0) lack of suggestibility - 12.68%;
- (1) weak degree of suggestibility - 20.56%;
- (2) average degree of suggestibility - 13.8%;
- (3) high degree of suggestibility - 24.51%;
- (4) very high degree of suggestibility - 28.45%.

In the control group we have obtained the following percentage distribution of subjects:

- (0) lack of suggestibility - 6.76%;
- (1) weak degree of suggestibility - 17.18%;
- (2) average degree of suggestibility - 22.25%;
- (3) high degree of suggestibility - 27.89%;
- (4) very high degree of suggestibility - 25.92%.

We also have studied changeableness of suggestibility during 6 months in the experimental group: invariable indices of suggestibility were shown by 27.95% of subjects; 37.26% of subjects had slight changeableness; suggestibility was considerably changed in 26.09% of subjects; and radical change was obtained in 8.7% of subjects.

**Conclusion:** The obtained results point to the advisability of applying hypno-suggestive methods in the system of psychotherapeutic help of individuals suffering from schizophrenia.