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CPD Online The College also publishes an interactive online learning facility for CPD in psychiatry. Further details, sample modules and subscription information can be viewed at www.psychiatrycpd.org. Discounts are available for BJPsych Advances subscribers.

Correspondence Letters submitted for publication should be emailed to Professor Patricia Casey at apt@rcpsych.ac.uk or posted to BJPsych Advances, Royal College of Psychiatrists, 21 Prescot Street, London E1 8BB, UK.

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Recent modules and podcasts

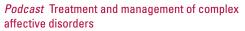
The care of transgender people

Mental health issues faced by trans people may be exacerbated by discrimination and associated minority stress. This module aims to equip psychiatrists with basic information about trans people to help them to practise in a sensitive manner with this sometimes marginalised group. It also signposts when to refer on to specialist gender clinics, and details a little of the work of the multidisciplinary team in such clinics. CPD credits: 1



Podcast 'The strange case of Dr Oliver Sacks'

Why do some people choose psychiatry as a career, while others avoid it? Professor Anthony David explored these questions using the life story of writer and neurologist Oliver Sacks. In this podcast, Dr Raj Persaud talks to Professor David following his keynote lecture at the Royal College of Psychiatrists' International Congress 2017 on 'The strange case of Dr Oliver Sacks'. CPD credits: 0.5



Ahead of his presentation at the Royal College of Psychiatrists' International Congress 2017, Professor Allan Young spoke with Dr Raj Persaud about complex affective disorders, considering the difficulties and common errors made in diagnosis and the differences in treatments for mixed affective states. CPD credits: 0.5

Mindfulness-based cognitive therapy

In this module you will learn about mindfulness and mindfulness-based cognitive therapy (MBCT), which is recommended by the National Institute for Health and Care Excellence (NICE) as a relapse prevention intervention for individuals with recurrent depression. It is hoped that you will engage with this module at an experiential level, using the brief guided meditation practices included to give a 'taste' of mindfulness. CPD credits: 1





