

# BJP Psych

The British Journal of Psychiatry



**The Digital Divide:  
Amplifying health  
inequalities for people  
with severe mental ill  
health in the time of  
COVID-19**

Spanakis et al

**To taper or top-up?  
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Bu et al

**The network  
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Levin et al

# BJPsych

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## Cover picture

*Self-portrait of Me Copied 3 Times* by Georgina

It was a sunny day and Georgina was wearing her stripey sun hat! She drew this picture at home when her Supported-Learning art class moved online in 2020. These classes provided her with much-needed structure during her weeks in lockdown. Georgina says, "I really enjoyed doing my self-portrait faces, which I did after looking at some portraits by Picasso. I enjoy talking to my class friends and tutor online every Wednesday and I enjoy using colour. I like doing art in lockdown because I like to keep myself busy when there is not so much to do during lockdown. I enjoy doing art as it makes me feel happy and it helps me with my anxiety."



We are always looking for interesting and visually appealing images for the cover of the Journal and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London, E1 8BB, UK or [bjp@rcpsych.ac.uk](mailto:bjp@rcpsych.ac.uk).