The briefest definition

To reside in doctors' quarters of a large psychiatric hospital may not only be convenient but also at times illuminating, particularly so for young children who can at times be surprisingly perceptive.

At that time we were renting an impressive topfloor flat adjacent to a psychiatric unit. One evening, an old lady (with an obvious diagnosis) rent the air with earpiercing cries of: "Help! Help! Call the police!" As I continued, unperturbed, to serve dinner, my son, then aged $3\frac{1}{2}$ years, looked at me anxiously and exclaimed: "Mum, are you deaf? Why aren't you calling the police?". "Oh, I replied, "Don't worry, the old lady is ill in the head. She is one of our patients and I can assure you that she is being well looked after". He calmed down but looked unconvinced.

A week later he approached me looking somewhat relieved and said: "Mama, I now know what a patient means: It is somebody who cries 'help, help' and is in no danger!".

E. Cybulska, Consultant Psychiatrist, Stone House, Thameslink Healthcare Services NHS Trust, Dartford, Kent

Books from Gaskell



Edited by Digby Tantam, Louis Appleby & Alice Duncan

Written by psychiatrists from the developing world, this is an up-to-date and comprehensive multi-author volume on psychiatry as it can be practiced in developing countries today. All aspects of psychiatry are covered, including administrative, practical, and planning advice, training and conducting research. Recommendations on treatment of common psychiatric disorders are also provided, following ICD-10 classification standards. *Price £25.00, 376pp., 1996, ISBN 0 902241 86 9*

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