

CLINICAL OUTCOMES OF DEPOT AND WELL BEING CLINIC- RESULTS OF PHYSICAL HEALTH CHECKS

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Background: Physical health of people suffering from severe mental illness is a neglected area. They suffer more than general population and they die earlier. Looking after such disadvantaged group of people is mandatory, to improve their outcome and quality of life. Monitoring current clinical practice is essential to try to improve it.

Methods: 37 Records of patients who were on long acting injectable antipsychotics, attending the Taylor centre were selected and reviewed to establish their physical care arrangement check against the POMT-UK. Type of antipsychotics, whether they suffer from metabolic syndrome or not, other physical illness was recorded.

Results: Records lacked any reference to baseline arrangements of physical monitoring. Although they demonstrated high level of physical morbidity, care and records didn't reflect adequate clinical care to this important problem.

Discussion: This study demonstrated that Physical care of people with severe mental illness is still substandard and needs to be developed in order to prevent or identify physical problems earlier, to reduce morbidity of these patients and improve their life expectancy and quality of life.

Conclusion: Physical care is an important aspect of care of people who suffer from severe mental illness total care. This study has demonstrated that this area is still neglected. Improvement in this area will improve the global outcome of these disadvantaged people.