Convective mixing in intermediate mass stars

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Abstract. Stellar evolution can nowadays be modelled with a high degree of accuracy and completeness up to the most advanced stages. However in spite of the progresses, complex physical processes exist that still suffer of large uncertainties even in the most placid evolutionary phases. The straightforward drawback is that models lose their predictive power and this is particularly critical for stellar population synthesis. Here I will focus on one of such processes, convective mixing, and briefly review potentially helpful observational tests to decipher its efficiency during the main nuclear burning phases of intermediate mass stars.

Keywords. convection, stars: interiors, stars: evolution, stars: AGB and post-AGB

1. Convective mixing during the H-Burning phase

The evolution of intermediate mass stars during and after the main sequence is particularly sensitive to the efficiency of mixing processes originating in the convective core. While we know that convection is certainly the main mixing agent, very little is known about its extent into the surrounding stable layers. Constraints on the "overshooting" scale above the unstable region, of ~0.25 pressure scale heights (H_P), have been derived from comparison with turn-off stars in Open Clusters (see Bressan *et al.* 2012, Girardi *et al.* 2009) and in binary systems (Torres *et al.* 2014), from asteroseismology of main sequence stars (Silva Aguirre *et al.* 2013), and from the morphology of the Red Clumps in star clusters (Girardi *et al.* 2013). Note that rotational mixing may lead to very similar observational effects (Brandt & Huang 2015), rendering the above *calibration* quite illusory.

2. Convective mixing during the He-burning phase

Ranked by their efficiency, four main mixing schemes have been proposed for Heburning stars (Castellani et al. 1971, Bressan et al. 1986): Bare Schwarzschild -BS-, Local Overshooting -LO-, Semi-convection -SC- and, finally, Non Local Overshooting -NLOthat, contrary to the previous ones, contains a free parameter. At increasing mixing efficiency the central He-burning lifetime increases. The subsequent Early Asymptotic Giant Branch (EAGB) phase records the integrated effects of He-core mixing, being shorter and more luminous for a larger efficiency. The R2 ratio, between the observed number of stars in the EAGB and in the Horizontal Branch in globular clusters, is a classical powerful diagnostic for the efficiency of mixing (Buonanno et al. 1985), but it cannot clearly discriminate between e.g. LO+SC and NLO. Bossini et al. (2015) argue that the combination of the luminosity of the EAGB bump (*classical*) and the He-burning period spacing of gravity modes (*seismic*) tests, provides a decisive diagnostic for the efficiency of mixing during central He-burning. Preliminary comparisons with seismic constraints obtained from Kepler light curves of the APOKASC red giant sample (Pinsonneault et al. 2014, Mosser et al. 2014) favor a model with a moderate/high adiabatically stratified overshooting layer of $\sim 0.5 H_p$ above the unstable region (Bossini *et al.* (2015)).

Convection

3. Overshooting at the bottom of the convective envelope

Moderate overshooting $(0.25 - 0.6 H_P)$ at the bottom of the convective envelope is invoked to solve the discrepancy between the observed and modelled location of the red giant branch bump (Alongi *et al.* 1991) and as an alternative way to solve the Li problem (Fu *et al.*2015). It can also help to better reproduce solar oscillations data (Christensen-Dalsgaard *et al.* 2011). Its main effect on intermediate mass stars is that of favoring the extension of blue loops (Alongi *et al.* 1991). The most recent simulations of blue loops in the observed CM diagrams of WLM, NGC 6822, Sextans A and Sagittarius dwarf irregular galaxies, performed with the observed spectroscopic metallicities which is a necessary condition to avoid degeneracy, require an overshooting of ≥ 2 H_P below the bottom of the convective envelope, in the previous red giant phases (Tang *et al.*2014, 2015). Similar values are needed to enhance the efficiency of the carbon dredge up during the AGB phase (Kamath *et al.* 2012) and are also indicated by recent 3D simulations (e.g. Figure 4 in Viallet *et al.*2013).

4. Conclusions

The efficiency of mixing beyond the formal unstable regions is one of the most uncertain factors in stellar astrophysics, affecting the lifetimes of H-burning and following evolutionary phases (HB, AGB), and their luminosities and effective temperatures (main sequence termination, clump He-stars, blue He burning stars). The indications arising from the comparison with observations of intermediate mass stars in different evolutionary phases are somehow conflicting, suggesting that we are still far from a physically sounded theory for stellar evolution. Asteroseismology and new 3D modelling (e.g. Arnett *et al.* 2015) will likely provide a viable solution in the next few years.

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