

RESEARCH ARTICLE

Ritual Violence and Traditions of Origin: *Mung'aro* in Mijikenda History

Zebulon Dingley 

College of Charleston, USA
Email: dingleyz@cofc.edu

(Received 13 May 2022; revised 10 April 2024; accepted 8 August 2024)

Abstract

This article analyzes the transformation of an image of ritual violence on the Kenyan coast from the sixteenth century to the present. Drawing on a range of sources, it shows how understandings of “*mung'aro*” — a ritual of senior male initiation among Mijikenda-speaking peoples — changed as it became an object of inquiry for generations of missionaries, explorers, colonial administrators, local intellectuals, and foreign historians and anthropologists. In the mid-twentieth century, *mung'aro* became a key feature of Mijikenda traditions of origin in Singwaya, but in such a way that it reversed the direction of a specific form of ritual violence described in nineteenth-century traditions. By focusing on the transposition and recombination of ritual motifs across practical and discursive modalities (namely, ritual and narrative), this article offers a new approach to “the limits of invention” regarding traditions of origin.

Keywords: East Africa; Kenya; Singwaya; Mijikenda; ritual; violence; *mung'aro*

This article traces a series of transformations in the historical imagination of a ritual at the heart of the once vigorously-debated “Singwaya tradition” of Mijikenda origins.¹ Called “*mung'aro*” (“[the] shining”), this ritual of elder male initiation has figured prominently in descriptions of the Mijikenda-speaking peoples of the Kenyan coast since the middle of the nineteenth century. It was not until the twentieth century, however, that it appeared in Mijikenda traditions of origin (in which, moreover, it would become centrally important). Rather than attempt a detailed reconstruction and interpretation of the ritual itself (for reasons that will become clear), I will instead trace the shifting arrangements of a cluster of ritual motifs as *mung'aro* became an object of inquiry for generations of missionaries, administrators, anthropologists, and historians. The significance of these motifs and the relations between them have changed dramatically over this period as they were reimagined and reinterpreted in Asian, Arab, European, African, and American descriptions. Indeed, between the 1870s and the 1970s, the image of ritual violence in these descriptions is reversed. In what follows, I aim to show how these motifs (but *not* their meanings) have endured despite these changes, and to highlight some of the implications for the study of traditions of origin like the Singwaya narrative.²

¹For a recent overview of the Singwaya debate, see Daren E. Ray, “Recycling Interdisciplinary Evidence: Abandoned Hypotheses and African Historiologies in the Settlement History of Littoral East Africa,” *History in Africa* 49 (2022), <https://doi.org/10.1017/hia.2022.7>.

²“Mijikenda” is a twentieth-century ethnonym referring to the Chonyi, Digo, Duruma, Giriama, Jibana, Kambe, Kauma, Rabai, and Ribe peoples inhabiting the coastal Kenyan interior from just north of the Sabaki River to just south of the Tanzania

The motifs in question are violent and unsettling. They include: the ritual killing of a “slave” or “stranger,” the collection of an anatomical trophy from the victim’s body, intercommunal and inter-generational conflict, forced migration, seclusion, masquerade, and the dangerous transfer of power and authority. The basic arc of their rearticulation in a series of historical constellations is as follows. In the Western Indian Ocean between the sixteenth and eighteenth centuries, an image of East Africa develops as a place where Oromo-speaking pastoralists from the north kill their neighbors to the south in order to collect genital trophies as prerequisites for marriage. In the nineteenth century, this image persists alongside another in which the Mijikenda-speaking peoples of southern coastal Kenya effect the generational transfer of power through a ritual called “*mung’aro*” that was *also* said to involve the killing of an ethnolinguistic outsider. In the early twentieth century, the motif of post-mortem emasculation — absent from nineteenth-century descriptions of *mung’aro* — is incorporated into Mijikenda representations of their own recently-abandoned ritual practice. This synthetic image is further transformed in the second half of the twentieth century, finally, through its incorporation into the comparatively recent tradition of Singwaya origins. In these narratives, rather than fleeing the ritual violence of Oromo pastoralists (as they had in traditions of origin recorded in the nineteenth century), the Mijikenda came to cite their own ritual violence — *mung’aro*, now understood to include the collection of a genital trophy from the ritual victim — as precipitating their expulsion from Singwaya.

In tracing this cluster of motifs over an almost 500-year period, I draw inspiration from Steven Feierman’s examination of “long-term continuities in political language,” David Schoenbrun’s reconstructions of “durable bundles of meaning and practice,” and Luise White’s work on the “vocabulary” of rumor.³ These conceptual frameworks are well-suited to linguistic phenomena (“streams of *discourse*” for Feierman, “*semantic histories*” for Schoenbrun, “*vampire stories*” for White), given language’s unique capacity for pure reference (think, “Words and Things”) and metasemantic glossing.⁴ One can trace, for instance, continuities in the “associated propositions” of terms like *kuzifya shi* (“healing the land”) and *kubana shi* (“harming the land”), as Feierman has done, or retentions and shifts of semantic meaning in lexical reconstructions like **-bándwa* and **-sám̄bwa*, as Schoenbrun has done. Here, however, I am tracing the history of acts and images which may evoke or express things other than themselves, but do so iconically (by resemblance) or indexically (by contiguity or “pointing-to”), rather than semantico-referentially.⁵

For the case at hand, then, I propose a modification of White’s method for the study of rumor. As is well known, White focuses on “the formulaic elements with which a good and thus credible story is told” — a story worth telling which, when told, its audience finds compelling.⁶ White calls these formulaic elements the “vocabulary” of rumor. Instead of “vocabulary,” I draw a concept from aesthetics — namely, “motifs” — to characterize the persistent imagistic and associational elements of practices that become, in the second half of the twentieth century, key features of a transformed historical imagination of Mijikenda origins. In what follows I suggest that these motifs can be conceptualized — to mix my metaphors — as something like centers of mnemonic gravity in coastal Kenyan

border. “The Singwaya narrative” is a tradition of their common origin in a place called Singwaya in what is now southern Somalia. For the classic statement of the Singwaya hypothesis, see Thomas T. Spear, *The Kaya Complex: A History of the Mijikenda Peoples of the Kenya Coast to 1900* (Nairobi: Kenya Literature Bureau, 1978), esp. 16–43.

³Steven Feierman, *Peasant Intellectuals* (Madison: University of Wisconsin Press, 1990), 3; David L. Schoenbrun, “Conjuring the Modern in Africa,” *American Historical Review* 111, no. 5 (2006): 1438; and Luise White, *Speaking with Vampires* (Berkeley: University of California Press, 2000), 85.

⁴Feierman, *Peasant Intellectuals*, 4; Schoenbrun, “Conjuring,” 1414; and White, *Speaking*, 9. On the metasemantic property of language, see Michael Silverstein, “Shifters, Linguistic Categories, and Cultural Description,” in *Meaning in Anthropology*, eds. Keith H. Basso and Henry A. Selby (Albuquerque: University of New Mexico Press, 1976), 11–55.

⁵On the indexical and iconic linking of disparate cultural concepts and historical contexts in twenty-first century South Coast Kenyan fears about ritual killing for body parts, see Zebulun Dingley, “*Mumiani* Season: Visual Aspects of a South Coast Kenyan Rumor,” *Visual Anthropology* 36, no. 3 (2023): 229–48, esp. 231–34.

⁶White, *Speaking*, 89.

historical consciousness. What I mean is that the simultaneous density of associations surrounding the motifs and the looseness of semantic fit (if any) facilitates their movement across communicative genres, semiotic modalities, and domains of knowledge. Their significance remains flexible and open to further elaboration as they are incorporated into new repertoires of ritual practice and narrative discourse, but these “formulaic elements” — this cluster of motifs — are, I suggest, an important part of what come to make the Singwaya narrative of Mijikenda origins “a good and thus credible story” to the *Mijikenda themselves*. Tracing the recombination of a cluster of enduring motifs through the history of *mung'aro* highlights the extent to which such adaptation is constrained and molded by the weight of the past, opening up the question of “the limits of invention” in new ways.⁷

Organization and evidence

Tracing the persistence of these motifs across ritual and narrative genres over five centuries means drawing on a wide range of different kinds of historical evidence. In what follows I examine the (re)creation and (re)interpretation of that evidence to show how, over an extended period of time and from a range of different perspectives, something called “*mung'aro*” has been construed as a variety of objects of analysis while at the same time being treated as if it were a stable historical entity existing outside those analyses. For heuristic purposes, I divide this history into four parts that chart a chronological progression and parse source materials roughly by evidentiary type, but which are essentially moments in the transformation of an image of ritual violence.

The first section explores travelers’ accounts of the East African coast from the sixteenth to the eighteenth century. These sources report the postmortem emasculation of victims of ritual killings as a step toward marriageable male adulthood in the Northeast African coastal hinterland among peoples referred to as “Gallas” and “Mosseguejoes.”⁸ They include a twelfth-century Chinese encyclopedia but consist primarily of sixteenth- and seventeenth-century texts by Portuguese priests recording information reported to them by Arab and African intermediaries. They do not describe the practice of collecting genital trophies as part of a ritual called “*mung'aro*,” but they are the earliest articulation of the cluster of motifs that becomes central to twentieth-century understandings of it.

The second section introduces nineteenth-century missionary accounts of two apparently distinct sets of contemporaneous ritual practices. First, they describe a persistent fear among coastal Kenyan “Wanyika” of violent attack by the “Galla” — attacks (still) said to include the collection of genital trophies as a prerequisite for marriageability.⁹ Second, they describe a “Wanyika” ritual practice called “*mung'aro*” (or cognate terms) which *does not* include the collection of genital trophies, but which *does* — like the alleged “Galla” practice — involve the killing of a stranger or “slave.” These accounts of apparently separate and distinct “Galla” and “Wanyika” practices were either composed by or collected from Church Missionary Society (CMS) and United Methodist Free Church (UMFC) missionaries and catechists in the southern coastal Kenyan hinterland.

The third section examines early twentieth-century accounts recorded by colonial administrators as part of an effort to identify local political systems through which to administer the peoples of the coast interior. In these texts, *mung'aro* appears as a recently abandoned — but potentially revivable — ritual integral to nineteenth-century structures of political and jural authority in the coastal Kenyan hinterland. Importantly, it is in this moment that the collection of genital trophies is first incorporated into local understandings of *mung'aro* and the ritual killing it was said to have entailed.

⁷Thomas Spear, “Neo-Traditionalism and the Limits of Invention in British Colonial Africa,” *The Journal of African History* 44, no. 1 (2003), <https://doi.org/10.1017/S0021853702008320>.

⁸The term “Galla” refers to Oromo-speaking peoples of northeast Kenya and Ethiopia but is considered offensive by Oromo speakers. I use it only when quoting or voicing historical sources.

⁹Like “Galla” for the Oromo, “Wanyika” is considered offensive by the Mijikenda and is used here only when quoting or voicing others.

The fourth section, finally, considers the incorporation of this new image of *mung'aro* into Mijikenda traditions of origin collected by local intellectuals and foreign social scientists over the twentieth century. In these traditions, the Mijikenda killing and mutilation of a “Galla” during *mung'aro* leads to a war that drives the Mijikenda south from Singwaya (in southern Somalia) to their present locations along the Kenyan coast. This last constellation, then, consolidates the twentieth century reversal of a nineteenth-century image: no longer the victims of ritual killing and emasculation at the hands of the Oromo, the Mijikenda had, by the second half of the twentieth century, come to represent themselves as having been the perpetrators of the same form of ritual violence — against Oromo victims.

The emergence of an image of ritual violence

The earliest reference of which I am aware to the practice of ritualized postmortem emasculation in East Africa is in the *Shilin Guangji*, a late twelfth- or early thirteenth-century encyclopedia compiled by Chen Yuanjing:

When a marriage is to be arranged the bride's family announces the agreement by cutting off the tail of a cow in calf as (a gesture of) good faith. ... The groom's family must respond ... by bringing a severed “human tail” to the house of the bride. The “human tail” which serves as a betrothal gift is the male organ. ... Each marriage (consequently) deprives a man of his life.¹⁰

Such “fifth-hand sailor” yarns,” Justin Willis points out, “probably tell us more about Chinese images of the other than about African society,” but for the purposes of my argument, that is the point.¹¹ What is important about this early Chinese text is the fact that by the thirteenth century an *image* of the ritualized collection of genital trophies on the East African coast was circulating throughout the Indian Ocean world — one that would prove to be a remarkably durable feature, whatever its epistemological status, of how Northeast Africa and the East African coastal hinterland have been imagined and understood since.

Although the peoples supposed to have engaged in the collection of “human tails” for marriage go unnamed, the image of postmortem mutilation reappears in sixteenth-century Portuguese accounts where they are identified as either “Gallas” or “Moceguejos” (or “Mosseguejos”).¹² The first such text, written by Joao Bermudez, purports to describe his residence in Northeast Africa between 1541 and 1556. Published in 1565, it is the first to attribute the collection of genital trophies to a named people: “the Gallas.”

These Gallas live in the lands neighboring Magadoxo [Mogadishu]; they are a wild and cruel people ... In the lands they conquer, they kill all the men, with the young men they cut off the genital members [*os membros genitais*], the old women they kill, the young women they keep for their use and service.¹³

Although the association of ritual killing and emasculation with Oromo speakers continues, subsequent Portuguese accounts also describe the practice among another population farther south, in what is now Kenya. Francisco Monclaro, a Jesuit priest, describes the “Moceguejos” populating the territory surrounding the city of Malindi in 1570 as follows:

¹⁰Paul Wheatley, “Analecta Sino-Africana Recensa,” in *East Africa and the Orient*, eds. H. Neville Chittick and Robert I. Rotberg (New York: Africana Publishing, 1975), 97.

¹¹Justin Willis, “Swahili Origins: Swahili Culture and the Shungwaya Phenomenon by James de Vere Allen (Review),” *African Affairs* 93, no. 370 (1994): 148.

¹²The latter are identified with the “Segeju” people now inhabiting coastal northeastern Tanzania and southern Kenya.

¹³João Bermudez, *Breve relação da embaixada que o patriarca D. João Bermudez trouxe do imperador da Ethiopia* (Lisboa: Academia Real das Sciencias de Lisboa, 1875 [1565]), 98. Author's translation.

They live in the fields and forests, they wear their heads covered with very foul-smelling clay. ... They are very warlike and they say that it is their custom in fights to cut off the foreskins and swallow them, and later when they appear before the King render them up by casting them from the mouth so that the King may make them knights [*os arme Cavalleyros*].¹⁴

João dos Santos, a Dominican Friar who had visited the East African coast between 1586 and 1589, also describes “Mosseguejo” men dressing their hair with clay that cannot be removed until they “bring before their leader [*capitão*] an obvious sign of the man that they killed.”¹⁵ Dos Santos adds that “the Abyssinians ... and the Gentile Galla of Ethiopia: all have this same custom.”¹⁶

Another early seventeenth-century text compounds the confusion about the identity of the peoples described. In an account of his travels in the 1620s, Jerónimo Lobo describes the “Galla” of Abyssinia in terms almost identical to those in which Monclaro described the “Moceguejos” of Malindi in 1571, strongly suggesting that Lobo was familiar with Monclaro’s text and in fact borrowed from it.¹⁷ Alternatively, the similarities raise another possibility — not mutually exclusive with the first — that the peoples referred to as “Gallas” and “Mosseguejos” were more culturally similar than has generally been acknowledged.¹⁸ As will be seen, however, the discontinuities among constellated images of *mung’aro* — especially the fact that the collection of genital trophies is described as a feature of *mung’aro* only after the ritual was no longer performed — undermines any straightforward understanding of the transmission and retention of such cultural forms between peoples historically.

In 1728, fifty years after Lobo’s death, Joachim Le Grand translated a manuscript version of Lobo’s *Itinerário* into French and published it in Amsterdam and Paris as *Voyage Historique d’Abissinie*. In a “Dissertation on the Coast of East Africa” accompanying his translation, Le Grand provides another description of the “coast of Melinde.” But although he cites Lobo, the true source of his description of the coastal “Mosseguejos” is immediately recognizable as dos Santos, who is not cited.¹⁹ Then, in 1735, Samuel Johnson condensed and translated the *Voyage Historique* — Le Grand’s French translation of Lobo’s Portuguese *Itinerário* — into English, publishing it in London as *A Voyage to Abyssinia by Father Jerome Lobo*.²⁰ The *Voyage Historique* was further translated into German and published in Zürich decades later as *Reise nach Habessinien*.²¹

From the sixteenth to the eighteenth century, then, this image of “Gallas” and “Mosseguejos” circulated in Europe through the translation, repetition, and free elaboration of earlier texts. This early modern image of East and Northeast Africans as killers and collectors of anatomical trophies would go on to shape understandings in subsequent encounters between East African peoples and European explorers, missionaries, and colonial administrators. It was current among the Arab

¹⁴Francisco Monclaro, “*Relação da Viagem q̄ Fizerão os Padres da Companhia de Jesus com Francisco Barreto na Conquista de Monomotapa no Anno de 1569*,” in *Records of South-Eastern Africa*, vol. 3, ed. George M. Theal (London: William Clowes and Sons, 1899), 167. Author’s translation.

¹⁵João dos Santos, *Ethiopia Oriental e varia cousas notaveis do Oriente* (Evora: Manoel de Lira, 1609), 130. Author’s translation.

¹⁶*Ibid.*, 131. Author’s translation.

¹⁷Compare Jerónimo Lobo, *The Itinerário of Jerónimo Lobo*, ed. M. G. da Costa, trans. Donald M. Lockhart (London: Hakluyt, 1984), 159; and Monclaro, “*Relação*,” 167.

¹⁸For an exception, see Martin Walsh, “The Segeju Complex?: Linguistic Evidence for the Precolonial Making of the Mijikenda,” in *Contesting Identities*, eds. Rebecca Gearhart and Linda Giles (London: Africa World Press, 2014), 25–51; and Martin Walsh, “Mung’aro, the Shining: Ritual and Human Sacrifice on the Kenya Coast,” *Kenya Past & Present* 40 (2013): 1–12.

¹⁹Compare dos Santos, *Ethiopia Oriental*, 130; and Joachim Le Grand, *Voyage Historique d’Abissinie du R. P. Jerome Lobo* (Amsterdam: Aux depens de la Compagnie [de Jesus], 1728), 282, where Le Grand interpolates “head” (*tête*) for “obvious sign” (*sinal evidente*). To further complicate matters, recall that Lobo, whom Le Grand cites for his description of “the Mosseguejos,” was instead describing “the Galla” — but borrowing from Monclaro’s earlier description of the “Moceguejos” to do so!

²⁰Samuel Johnson, *A Voyage to Abyssinia by Father Jerome Lobo* (London: A. Bettesworth and C. Hitch, 1735).

²¹Theophil Friedrich Ehrmann, *P. Hieronymus Lobo’s, eines portugiesischen Jesuiten, Reise nach Habessinien*, 2 vols. (Zürich: Orell, Gefner, Füssli, und Compagnie, 1793–4).

and Swahili populations of the western Indian Ocean, from whom it had made its way into early Portuguese accounts (and who were also the most likely source of the “fifth-hand sailor” yarns” of Chen Yuanjing’s encyclopedia). Finally, its repetition along this intertextual chain tended to include the addition of some new detail at each new link — like the foreskins of Monclaro’s account, or heads-as-trophies with Le Grand — in ways that point to the plasticity of the image even as its core motifs persist.

In the following section, I show how this image of Oromo-speakers’ ritual violence continued to circulate alongside descriptions of a different ritual among the Mijikenda-speaking peoples of the southern Kenyan coast in two different sets of nineteenth-century texts. The first are early nineteenth-century accounts that continue to describe the “Galla” as ritual killers and collectors of genital trophies. The second are descriptions of an apparently unrelated ritual practice among Mijikenda-speakers called “*mung’aro*,” said to involve the killing of a “stranger” or “slave” but *not* the taking of a genital trophy from the victim. The two images will eventually combine in the early twentieth century into a new constellation, but until the end of the nineteenth century the collection of such trophies *never* appeared in descriptions of the Mijikenda *mung’aro*. All the more striking, then, that it becomes such an important feature of twentieth-century constellations of the lapsed Mijikenda ritual.

A nineteenth-century missionary diptych

On 15 March 1844 in Mombasa, CMS missionary Johann Ludwig Krapf met with the Kadhi of Mombasa and Rashid bin Salim, who had been “the chief of Mombasa” under the short-lived British Protectorate of 1822. “At this opportunity,” he writes, “I heard some account of the customs of the Wonica [Wanyika] pagans:”

In the present month is the Wagnāro [*Mung’aro*] of the Wonicas i.e. the time when the young people assume the mastery of the aged ones. They whiten their faces with lime in order to make a more ghost-like appearance. If any spectator should laugh at this comic parade, they would beat strip and send him off empty-handed. Therefore the Sooahelees [Swahilis] do not like to travel amongst them at the time when their annual pranks take place.²²

Subsequent experience led Krapf to revise this understanding. It was, he was later told (although it is unclear by whom), more sinister than he had first been given to understand:

I did not know at that time, that the Wagnāro [*Mung’aro*] ... cannot terminate, unless they have slain somebody in the fields or bought (by common contributions) a slave, whom they will kill. When this has been done, the festivity terminates with eating and drinking, and with the washing of their bodies which they cover with mud during the Wagnaro, in order that they may remain unknowable, when they slay anybody on the road.²³

A few weeks later, as Krapf was evangelizing on the mainland south of Mombasa, he was advised by a local leader “not to go to Bumbo and its vicinity, as the Wagnāro ... had just commenced, and it were not advisable, that I should stroll about the plantations in that quarter.”²⁴ Although he does not witness it himself, he sees signs of others’ participation: among the people assembled in a market, Krapf noticed, were

²²Church Missionary Society (CMS) Archives, University of Birmingham, CMS/B/OMS/C A5/O16/165, J. L. Krapf letters and diary, “An excursion to the islands of Pemba, Tanga and Mombas,” 15 Mar. 1844, 18.

²³CMS CMS/B/OMS/C A5/O16/166, J. L. Krapf letters and diary, “Excursion to the country of the Wanika tribe at Rabbay and visit of the Wakamba people at Endila,” 30 Jan. 1845, 8.

²⁴CMS CMS/B/OMS/C A5/O16/167, J. L. Krapf letters and diary, “Excursions to Dshembo, Dshogni, Likoni, Rabbay-Empia and the vicinity of the latter place,” 17 Mar. 1845, 6.

a few men and women, who were come from Bumbo, and who had bedaubed their faces with mud, to give themselves the appearance of evil spirits. Besides they make their faces unknowable, in order that they cannot be discerned, when they slay a lonely traveler in the fields or forests.²⁵

In 1846 Krapf, together with Johannes Rebmann, established a CMS mission station at Rabai Mpya on the mainland northwest of Mombasa. Rebmann later shared his notes on the peoples of the area with Richard Burton, who makes the following brief mention of *mung'aro* based on Rebmann's material:

Once about every twenty years comes the great festival "Unyaro" [*Mung'aro*], at which the middle-aged degree is conferred. ... Candidates retire to the woods for a fortnight, and clay themselves for the first half with white, and during the second with red earth; a slave is sacrificed, and the slaughter is accompanied by sundry mysteries, of which my informants could learn nothing.²⁶

Burton's account is the earliest periodization of *mung'aro*, framing it as an initiation into a gendered gerontocratic hierarchy that, to him, resembled "masonic degrees." He repeats Krapf's earlier claims about the "mud" (now "clay") decoration, elaborating this detail to include its division into sequential white and red phases. Burton omits the ritual killing of a stranger, describing it instead as the "sacrifice" of a "slave."²⁷

In 1863, Charles New arrived in Mombasa to support Thomas Wakefield in the expansion of UMFC mission operations. Wakefield had, together with Krapf, completed construction of a new mission station in Ribe. Although the year is not given, New describes a brief encounter with a ritual there that, although unnamed, resembles Krapf's "Wagnaro" and Burton/Rebmann's "Unyaro." New's initiate wore "a covering of soft mud, an inch thick, looking like a close-fitting cap" resembling Portuguese descriptions of the clay headdresses of "Mosseguejo" youths (which, recall, could only be removed after the youth had slain an enemy and collected a genital trophy).²⁸ With the adornment complete, according to New, "the man is turned into the wood, and is allowed to do as he pleases."²⁹ New states that the initiate was formerly "expected to kill someone before the ceremony is over" (citing Krapf for this claim), but adds that he "believe[s] it is not so now," without explaining why.³⁰

The most detailed nineteenth-century account is also the only one from an individual who claimed to have once undergone the ritual as an initiate. Rabai elder Abe Mjeni Mwasunga's description of "*Ugnaro*" was recorded in 1879 by CMS catechist George David.³¹ "Being one of the number among those who were showed the Wanyika Customs of special office by their grandfathers, the rest having all died excepting he and another," Mwasunga (David's interlocutor) had been asked to oversee the

²⁵ *Ibid.* In the published German-language version of this encounter, Krapf suggests that such a killing was *not* a ritual requirement among the northern "Wanika," but that the Digo to the south, having "more superstitions and evil customs" ["*mehr Aberglauben und böse Sitten*"], *did* require a human victim. Johann Ludwig Krapf, *Reisen in Ost-Afrika*, vol. 1 (Stuttgart: W. Stroh, 1858), 247.

²⁶ Richard F. Burton, *Zanzibar; City, Island and Coast*, vol. 2 (London: Tinsley Brothers, 1872), 90–91.

²⁷ It is unclear in all these accounts what is meant by "slave," a term Europeans applied to a range of locally distinct social roles and statuses.

²⁸ Charles New, *Life, Wanderings, and Labours in Eastern Africa* (London: Hodder and Stoughton, 1873), 108.

²⁹ *Ibid.*, 109.

³⁰ *Ibid.*

³¹ Born "Kitenga Sholo wa Alingacka," David was an Ngindo man enslaved by an affine and later recaptured by the British Navy in the Persian Gulf, before being transported, first, to the CMS Industrial Mission in Nasik, India (where he trained as a mason and blacksmith), and then to Kenya in 1864 to serve under Rebmann at Rabai. CMS CMS/B/OMS/C A5/O6/7, George David, letter containing "a short account of my biography," 29 Nov. 1876.

initiation of a new cohort in 1879.³² Rather than participate, however, he offered David a description of the ritual from memory:

On the day on which the Ugnaro [*mung'aro*] begins, the elders order their young men to spend the night dancing. ... Both they and the elders go out on the open field, away from their Kayas (Forts) to fetch clay for their bodies. ... Then 16 particular elders, go first to their sacred place to remove the charms. ... [T]hey are not to wash off the clay from their body till they murder a man, i.e. a stranger or slave seen passing alone anywhere on their Country.³³

This is the first mention of *kaya* “charms” in a description of the ritual, although these will become an important element of twentieth-century accounts, as will be seen.

Two years before taking down Mwasunga’s account, David related a “Wanika” origin story to Frere Town Mission Secretary James A. Lamb, which cites the alleged “Galla” practice of killing for genital trophies as the cause of “Wanika” migration from the north. This nineteenth-century tradition of origin thus belongs to the second set of texts examined in this section which, like earlier Portuguese texts, focus on the collection of genital trophies as a feature of “Galla” violence *against* Mijikenda-speaking peoples:

The history of Jilori [Jilore, inland from Malindi, on the Sabaki River] as George David gives it is that it was originally Wanika territory—that the Gallas once had a law that no man should have a wife until he had killed a man, or at least produced his privy parts, & for this barbarous purpose they used to catch the Wanika which caused them to leave that part of the country, whereupon it was resorted to by runaway slaves who put themselves under Galla protection & render tribute in return; & now that the Gallas fear a white man is coming they are beginning to sell the slaves.³⁴

It is unclear how far in the past David understood this migration from Jilore to have taken place, or how long ago the Oromo had been subject to this “law.” But almost a quarter of a century earlier — in 1853 — Krapf had published an account of the very practice David describes:

Throughout the Galla Nation the abominable custom prevails to emasculate a prisoner in war either when he is alive or slain in the battle. ... Without this exhibition a Galla cannot get a wife. He is consequently compelled to go to war or waylay innocent travellers of other nations, until he gets this requisite for the marriage-contract. But as he cannot always quickly succeed, he has found out the horrid expedient of buying a slave from the coast, in order to cut his privy and carry it to his bride.³⁵

This was, according to Krapf, an ongoing practice: “I have some years ago seen myself some slaves brought from Mombas to the Galla market at Mberria, who were sold for this wicked purpose to the Galla who sell their ivory to Mombas partly on this count alone.”³⁶

David’s and Krapf’s texts each link the collection of genital trophies to the East African slave trade, albeit in different terms. Rather than abducting fugitive slaves to sell back into slavery at the coast (as in David’s account), the Oromo were, according to Krapf, *buying* slaves at the coast to kill them for body parts. What is important for my argument here, however, is not the exact nature of the relationship that may have existed between slavery, ritual killing, and genital trophies, but rather the fact that in these accounts these three motifs are understood to be related *in some way*. The loose,

³²CMS CMS/B/OMS/C A5/O6/5, George David to James Abner Lamb, 24 Apr. 1879.

³³CMS CMS/B/OMS/C A5/O6/5, George David, “Ugnaro,” 24 Apr. 1879.

³⁴CMS CMS/B/OMS/C A5/O17, James Abner Lamb to Secretaries of the Church Missionary Society, 19 May 1877.

³⁵CMS CMS/B/OMS/C A5/O16/179, J. L. Krapf letters and diary, “Memoir on the East African Slave-Trade etc.,” 1853, 28.

³⁶*Ibid.*

associational quality of the conceptual links between these practices is, I argue, an important aspect of their durability as motifs. The potential killing of a “slave” — although the specific local category of persons to whom this term referred remains unclear — is also an element that these descriptions of Oromo ritual share with the contemporaneous accounts of *mung'aro* with which this section began. As another point of conceptual contact between the two sets of practices, then, transformations in the regional slave economy over the nineteenth century may have shaped the ongoing transformation of *mung'aro* imaginaries by facilitating the absorption of details or motifs drawn from understandings of Oromo ritual.³⁷ Krapf remarks in 1853, for example, that as a result of a recent British-Omani treaty banning their export outside the Sultan's territory, “slaves have got cheaper on the African coast so that a person which formerly could not afford the prize, can now buy a slave with little expense,” and “the Galla-tribes to the North of the Wanika-country ... will not be slack in gratifying their horrid propensity and practise.”³⁸ When David reported on the history of Jilore in 1877, meanwhile, overland transportation of slaves had just been banned by a new treaty, and the capture and sale of escapees seems to have been at least partly driven by speculation about the eventual banning of slavery itself by the British (“now that the Galla fear a white man is coming they are beginning to sell the slaves”).³⁹

Before proceeding to the transformed image of *mung'aro* in the early twentieth century, let me reiterate the motifs of this associational nexus in the nineteenth century. First, there is the killing of a stranger or “slave,” especially one abducted from a path while traveling alone. Second, the adornment and disguise of the ritual participants with clay. Third, the transition between social statuses, power, or authority by initiates. Fourth and finally, there is the seclusion of initiates in the *kaya* ritual enclosure before and after the killing of a stranger. By the end of the nineteenth century in southern coastal Kenya, then, the (1) killing of a stranger or slave by (2) disguised initiates is associated with (3) the transfer of political power anchored in (4) the ritual space of the *kaya*. In the first half of the twentieth century, the constellation of these motifs in *mung'aro* imaginaries comes to include the collection of a genital trophy — a detail derived *not* from accounts of nineteenth-century Mijikenda ritual, but from stories of Oromo predation in which the Mijikenda figured as victims.

Mung'aro in the anthro-administrative imagination

The 1879 initiation in which Abe Mjeni Mwasunga declined to participate is the last for which there is any evidence. Descriptions of *mung'aro* from the early twentieth century, then, are elder male recollections of a recently abandoned ritual practice still within living memory.⁴⁰ Colonial administrators collected these descriptions in an effort to identify political institutions free of Arab and Swahili influence, and believed they had identified a “Wanyika” system of age-grades and ritual authority as just the kind of political formation amenable to indirect rule as “Native Authorities.” Those institutions, however, seemed to be disappearing before their eyes despite their efforts to shore up the authority of “elders” in office.⁴¹

³⁷ For a fuller description and analysis of these transformations and their effects than is possible here, see Frederick Cooper, *Plantation Slavery on the East Coast of Africa* (New Haven: Yale University Press, 1977), 114–49, 270–71; and Justin Willis and Suzanne Miers, “Becoming a Child of the House: Incorporation, Authority and Resistance in Giriyama Society,” *The Journal of African History* 38, no. 3 (1997): 479–95.

³⁸ CMS CMS/B/OMS/C A5/O16/179, J. L. Krapf letters and diary, “Memoir on the East African Slave-Trade etc.,” 1853, 27–8.

³⁹ CMS CMS/B/OMS/C A5/O17, James Abner Lamb to The Secretaries of the Church Missionary Society, 19 May 1877.

⁴⁰ There is one archival reference from the colonial moment that describes the collection of genital trophies as a contemporary regional practice, although the author's use of the “ethnographic present” makes this ambiguous. It refers, in any case, not to Mijikenda ritual but rather to their neighbors, the “Wariangula” — Oromo-speaking hunter-gatherers of the coast hinterland: “When a human being is killed the private part is dried on the little finger of the slayer and worn as a ring.” Kenya National Archives, Nairobi (KNA) DC/KWL/1/5/1, H. B. Sharpe, “Notes on the Wariangula,” n.d.

⁴¹ KNA PC/COAST/1/1/122, Assistant District Commissioner (ADC) Rabai to Acting Provincial Commissioner (AgPC) Mombasa, 5 Oct. 1907; PC/COAST/1/1/144: ADC Rabai to Provincial Commissioner (PC) Mombasa, “No. 242/1/6,” 28 Jul.

These “anthro-administrative” descriptions of elders’ councils, age-grades, and “secret societies,” and of the rituals regulating advancement within (or admission to) them, involved translating local political concepts and categories into more familiar administrative ones.⁴² For example, in what is probably the earliest twentieth-century account (undated, but *circa* 1913, collected by Assistant District Commissioner [ADC] Sydney La Fontaine in Kilifi District, north of Mombasa), Giriama initiation was said to involve the selection from a “newly elected” *kambi* (or senior age-grade) of two “headmen;” one “pre-eminent,” the other “subordinate.”⁴³ Together these two would have “jurisdiction over the whole *tribe* of the Wa-Giriama” — that is, if such an “election” could be held.⁴⁴ If the Portuguese had conceptualized these male rituals as related to warfare, and nineteenth-century missionaries had viewed them as “pagan” religious practices, colonial administrators understood them as fundamentally *political* in nature.

Arthur Champion, who succeeded La Fontaine as ADC of Kilifi District, also believed that Native Authority figures needed such a ritual backing for local legitimacy.⁴⁵ To that end, he obtained (in 1914, and does not say from whom) the following description of a Giriama *mung'aro* performed in the 1870s:

The *nyeri* [junior generation], their bodies smeared in red mud and castor oil (*mbono*) and wearing a garment known as *marinda wa makindu* (a kilt made of leaves), were grouped into *marika* and each *rika* [age set] was given its name. The feasting continued for some days in the *kaya* [ritual center] and then the young men went forth into the bush, still in the same guise, and so they had to remain till a foreigner could be found and killed. They then scraped off the mud and oil and threw their kilts on to the body of the dead man.⁴⁶

In contrast to nineteenth-century accounts, Champion describes *mung'aro* as involving a kind of ritual cross-dressing. “*Marinda*,” which he translates as “kilts,” are women’s pleated skirts, though in this case they are made from palm fronds — disposable ritual replicas of young, female attire, cast off at the culmination of a ritual that turns initiates into senior men. The *marinda* are removed along with the clay and castor oil and placed on the body of the victim whose death effects their ritual transformation. The initiates’ new status as powerful senior men figurates not only their prior existence as having weak, junior, female qualities, but perhaps also the nature of “outsiders” like the ritual victim relative to themselves as well.

In 1917, administrators recorded similar accounts from representatives of the Duruma.⁴⁷ Unlike Champion’s Giriama account they are not presented as memories of a specific historical performance of the ritual, but differ from it only in that one account suggests that “a python may be substituted for the human victim,” and that the ritual was “also performed on sons of Chiefs,

1913; PC Mombasa to ADC Rabai, 8 Aug. 1913; PC/COAST/1/12/98, Acting District Commissioner (AgDC), “Memorandum on the Subject of Land Tenure and Customs of the Wadigo,” 28 Feb. 1913. PC/COAST/1/1/199: District Commissioner (DC), “Digo Customs,” 1916; DC to PC Mombasa, 19 Nov. 1917; G. B. Thompson, “Information obtained from Mzee Ngoma wa Mwanzano,” 1917; “Memorandum: Waduruma in Vanga District,” n.d.; “Headmen and their Councils of Elders,” n.d.; and H. L. Mood, “Notes on the Wa-Duruma, Kayas, Kambis, Customs, &c.,” n.d.

⁴² On the production of “anthro-administrative knowledge” in Kenya during this period, see Katherine Luongo, *Witchcraft and Colonial Rule in Kenya, 1900-1955* (Cambridge: Cambridge University Press, 2011).

⁴³ KNA CB/1/1, S. H. La Fontaine, “Ceremonies at the Changing of the Cambi,” n.d. Italics added. La Fontaine calls this ceremony “Kungara” — the verb (*kung'ara*, “to shine”) from which “*mung'aro*” derives — but says of it only that it involves “covering their bodies with red earth” and “dancing.”

⁴⁴ *Ibid.* Italics added.

⁴⁵ For an important analysis of colonial administrative fixation on elder ritual as “sovereign rite” elsewhere in Kenya, see Robert W. Blunt, *For Money and Elders: Ritual, Sovereignty, and the Sacred in Kenya* (Chicago: University of Chicago Press, 2019), 28–59.

⁴⁶ Arthur M. Champion, *The AGiryama of Kenya*, ed. John Middleton (London: Royal Anthropological Institute 1967), 17.

⁴⁷ KNA PC/COAST/1/1/199: Thompson, “Information Obtained from Mzee Ngoma wa Mwazumo,” 1917; Mood, “Notes on the Wa-Duruma,” 1917.

members of the Kambi, and for this purpose, persons who have already been through the ceremony visit the former in their villages.”⁴⁸ It is unclear whether “chiefs” refers here to government-appointed chiefs (a recent addition to the South Coast political landscape), to regionally important “big men” within a field of dispersed and relatively autonomous homestead settlements, or to the heads of individual settlements or settlement clusters. *Mung’aro*, in this account, seem less like a rite of “elderhood” than one capable of shoring up power along some lines of descent and not others.

The last early twentieth-century account of *mung’aro* as a lapsed historical practice still within living memory is drawn not from a colonial administrator but a Methodist missionary. Published posthumously in 1935, J. B. Griffiths’s description includes many familiar images — clay disguises, dancing, palm leaf skirts, abduction from a path, killing, charms — but introduces a number of variations and new details.⁴⁹ Most important among these is that the death of the ritual victim now involves the removal of their right hand and their genitals — the earliest mention of the collection of genital trophies as a feature of *mung’aro*.⁵⁰ These “relics,” according to Griffiths, were brought to “the elders” and turned into a *chirumbi* “war charm” placed either at the gate to a fortified *kaya* settlement, or kept in the elders’ “house of secrets” at the center of the *kaya*.⁵¹ In Griffiths’s description, then, the ritual not only effected a transition between gendered and generational social statuses, but renewed and revitalized the objects that anchored elder male authority in *kaya* ritual centers.

Griffiths explicitly refutes Mood’s informant’s claim that a python could be substituted for a human victim. The Duruma, he thought, were “too much afraid of the shades of their forefathers to make a change.”⁵² But despite Griffiths’s use of the present tense to deny Duruma claims that “they have now substituted a python or a leopard for a human being,” there is no evidence that a *mung’aro* of any configuration was performed in the twentieth century.⁵³ Griffiths did, however, claim to have been “initiated” as a Duruma “elder” himself — although it is unclear what “elder” means in this context, and what his “initiation” entailed (it seems unlikely to have included killing another person, for instance).

In the early twentieth century, then, we see not only the first claims that *mung’aro* involved the collection of anatomical trophies, but also the earliest claims by Mijikenda-speakers themselves that *mung’aro* might not necessarily involve killing a human being (an assertion refuted by a missionary interlocutor). It is possible that the latter claim was an innovation in response to colonial administrative efforts to identify, reform, and perform a new round of initiations (but then, recall Krapf’s 1845 assertion that killing was not required among the northern “Wanika,” and Charles New’s claim that by the mid-1860s killing was “no longer” an initiation requirement). In any case, administrative interest in *kambi* ritual did have a practical dimension that may have had consequences for how *mung’aro* was remembered (or at least for how it was presented to colonial authorities). As David Bresnahan has shown, administrators came to believe that “to establish a legitimate *kambi* they

⁴⁸KNA PC/COAST/1/1/199, Mood, “Notes on the Wa-Duruma,” 1917. See also PC/COAST/1/3/114, “Election Ceremonies at the Kayas,” 1917.

⁴⁹I stress that these are variations of the *image* of *mung’aro* co-created by colonial administrators and Mijikenda elders. It is not evidence for the transformation of the ritual itself — which had not been performed in roughly half a century — but rather for the plasticity of an image of ritual violence associated with it.

⁵⁰J. B. Griffiths, “Glimpses of a Nyika Tribe (Waduruma),” *Journal of the Royal Anthropological Institute* 65 (1935): 294.

⁵¹*Ibid.*, 295, 292. There is one nineteenth-century reference to the incorporation of genital trophies into a *kaya* gate’s “war charm.” Krapf describes seeing “a specimen of the male privities of a killed enemy, hanged up between two trees over the dshumba dsha Mulungo [‘house of God’]” just inside the outer gate of Rabai. It is specifically described as a trophy of war, however, not a product of *mung’aro*, which Krapf describes earlier in the same letter. CMS CMS/B/OMS/C A5/O16/166, J. L. Krapf letters and diary, “Excursion to the country of the Wanika tribe at Rabbay and visit of the Wakamba people at Endila,” 30 Jan. 1845, 10.

⁵²Griffiths, “Glimpses,” 294.

⁵³*Ibid.* Italics added.

needed to hold genuine *kambi* initiations,” and so sought to induce regional elders to initiate their successors.⁵⁴

For various reasons these efforts failed or were only partly realized. With the Duruma, for instance, the government appointed two uninitiated men as headmen over the handful of surviving *mung'aro* initiates, and then tried to oblige the latter to initiate the former to cement their authority.⁵⁵ Perceiving that the administration had “removed their prerogative by appointing non-initiates as Headmen over them,” the older cohort simply refused to initiate their juniors (or indeed to assist the colonial administration in any way) until, in November 1923, the government-recognized headmen were forced publicly to resign, and two initiated elders — Mwaiona wa Munga and Kidanga wa Mwaruwa — installed in their place.⁵⁶ District Commissioner H. B. Sharpe claimed to see an immediate improvement, but Mwaiona would be prosecuted for “extortion” within a year, prompting Sharpe to remark that “if it were not that the Government needs to squeeze out of him the Duruma Initiations ... it might have been better to remove him.”⁵⁷ Mwaiona would resign in 1925 without having overseen the initiation of a new *kambi*.⁵⁸

In addition to elders’ manipulation of the administration’s desire to perform what it viewed as a necessary rite of legitimation, a series of droughts, local rebellions, and the disruptions of the First World War also interfered with the ritual transfer of generational authority.⁵⁹ And as the number of living representatives of senior age-grades dwindled, officials worried that the proprietary esoteric knowledge they claimed to possess threatened to disappear with them. In 1920, DC Thompson described the question of Duruma *kambi* initiations as an urgent one, given that “a bare half dozen elders of the original *kambi* remain ... and if efforts are not made soon to re-establish the council, there will be no elders left to initiate intending candidates.”⁶⁰ By 1934, the administration believed that there was “only one living person who has ever been initiated into the practices and mysteries connected with the tribal Kayas”: Kidanga wa Mwaruwa, the man installed as headman alongside Mwaiona wa Munga eleven years earlier.⁶¹ No such initiations were held, and by the second half of the twentieth century, *mung'aro* as an element of nineteenth-century political and legal structures had faded with those structures from living memory. It was, however, preserved and transformed through its incorporation into a new historical imagination of Mijikenda origins: the Singwaya narrative.

Mung'aro, Singwaya, and Mijikenda origins

Although nineteenth-century sources attest multiple and varied traditions of origin for different Mijikenda-speaking peoples, by the early twentieth century a consensus — more or less — had developed about their shared origins in a place called Singwaya in or near what is now southern Somalia.

⁵⁴David Bresnahan, “Forest Imaginaries and Political Practice in Colonial Coastal Kenya,” *Journal of Eastern African Studies* 12, no. 4 (2018): 260. See also Zebulon Dingley, “Kinship, Capital, and the Occult on the South Coast of Kenya” (PhD dissertation, University of Chicago, 2018), 319–44.

⁵⁵KNA PC/COAST/1/3/114, “Asst. Provincial Commissioner’s Safari,” 14 Jul. 1917.

⁵⁶KNA CCI/3/20, V. M. McKeag, “Digo District Annual Report,” 1934; CCI/3/9, H. B. Sharpe, “Vanga District Annual Report,” 1923; PC/COAST/1/22/9, H. E. Lambert to Senior Commissioner Coast, “A-Duruma,” 10 May 1923.

⁵⁷KNA CCI/3/9, H. B. Sharpe, “Vanga District Annual Report,” 1923; CQ1/19/21, H. B. Sharpe, “Station Diary Digo District,” 1924.

⁵⁸KNA PC/COAST/1/1/348, “Copy of letter of Resignation of Headman Mwayaona wa Munga of Jomvu—Nyika Reserve,” 9 Jun. 1925.

⁵⁹KNA CCI/3/4, Thompson, “Vanga District Annual Report,” 1917; CCI/3/5, W. S. Marchant, “Vanga District Annual Report,” 1919; CCI/3/7, Thompson, “Vanga District Annual Report,” 1921. See also Bresnahan, “Forest imaginaries,” 659–63; and Dingley, “Kinship,” 319–44.

⁶⁰KNA CCI/3/6, C. B. Thompson, Vanga District Annual Report, 1920. See also: KNA PC/COAST/1/11/144, ADC to PC, “No. 242/1/6,” 28 July 1913; PC/COAST/1/1/199, Political Record Book, “Headmen and their Councils of Elders,” 1917; CCI/3/3–CCI/3/9, “Vanga District Annual Reports,” 1917–1923; CQ1/19/21, Sharpe, “Station Diary Digo District,” 1924; CCI/3/10–12, “Digo District Annual Reports,” 1924–26.

⁶¹KNA CCI/3/20, V. M. McKeag, “Digo District Annual Report,” 1934.

Willis, however, has argued that the apparent consistency of these narratives is “illusory” — an effect achieved only by “disregarding differences.”⁶² What the Singwaya narratives have in common, for Willis, is *that* they mention Singwaya; other narrative elements are consistent only in their “extreme negotiability.”⁶³ But what is negotiable, I argue, may be less the details themselves — at least, not the motifs I have traced up to this point — and more *how those details are combined into larger narrative structures* (which themselves seem to fall into two or three general patterns). The larger claim, however, is that as the basis of elder authority was transformed over the twentieth century, the historical understanding of *mung'aro* was transformed through its incorporation into Singwaya narratives which in turn changed over the course of the century.

The first mention of *mung'aro* in a Singwaya narrative is in an undated text from the interwar period, compiled by H. M. T. Kayamba from the statements of sixteen Digo elders in northeastern Tanganyika.⁶⁴ Kayamba's informants related that “some ten generations ago there was a tribe called the Wambokomu [Pokomo] which inhabited the country known as Chungwaya [Singwaya], north of Lamu.”⁶⁵ After siding with the “Wasegeju” in a war against the “Wagalla,” the “Wambokomu” migrated south, fragmenting into present-day Mijikenda groups along the way. In this narrative, *mung'aro* — a “grand tribal meeting” at which men “smeared themselves with mud” and elected representatives “to fill up three grades of a council” — founds the post-exodus political order of the Mijikenda in their new home.⁶⁶ It is not cited as the cause of the war with the “Wagalla,” nor is any claim made that the ritual was performed in Singwaya at all.

This changed in the second half of the twentieth century as *mung'aro* emerged as a new explanation (alongside others) for exodus from Singwaya. The earliest iteration of this new understanding of which I am aware is that of Giriama Chief Kalu Birya, recorded in 1955.⁶⁷ Having relocated from “Muthothana [Tana River] ... near Abyssinia” to “Pokomo” and establishing there “a Kaya which they called Singwaya,” the Giriama “held a big ngoma known as Mungaro, ... and during that ngoma it was decided that a man must be killed from the Wagala tribe,” who in response “decided to fight the Giriama.”⁶⁸

This new image of *mung'aro* as the specific precipitating cause of a war with the “Galla” is repeated and elaborated in the corpus of oral narratives collected separately by Thomas Spear and Cynthia Brantley in 1970–71. There is however considerable variation across these traditions as to the exact cause of migration from Singwaya. Most cite the killing of an Oromo boy, but not all give *mung'aro* as the context of that killing. Of the twenty-eight traditions Spear collected that give a reason for the departure from Singwaya, twelve cite *mung'aro* as the cause.⁶⁹ But almost as many describe a killing resulting from conflicts among men of different ranks and anachronistic “tribal” identities over sexual access to women.⁷⁰ Of the ten Giriama historical traditions Brantley collected which cite conflict with the “Galla,” three give *mung'aro* as its cause.⁷¹ Four, however, describe the killing as the response of a

⁶² Justin Willis, *Mombasa, the Swahili, and the Making of the Mijikenda* (Oxford: Clarendon Press, 1993), 31.

⁶³ *Ibid.*, 33.

⁶⁴ KNA DC/KWL/1/3/5, “Notes on the Wadigo compiled by Martin Hugh Kayamba, a native of Tanganyika Territory,” 1928. Published posthumously as H. M. T. Kayamba, “Notes on the Wadigo,” *Tanganyika Notes and Records* 23 (1947).

⁶⁵ Kayamba, “Notes,” 80.

⁶⁶ *Ibid.*, 80–81. Kayamba's version thus fits with the anthro-administrative understanding of *mung'aro* as an essentially political ritual.

⁶⁷ Fred Morton Papers (FMP), Misc. Folder, Peter Whitehead to [James] Kirkman, “The History of the Giriama People related by Chief Kalu Birya, Madungoni, to John Kadenga,” 30 May 1955. I thank Fred Morton and Lydia Wilson Marshall for their generosity in sharing these materials with me.

⁶⁸ *Ibid.*

⁶⁹ Mijikenda Historical Traditions (MHT) 8, 10, 12, 13, 16, 20, 21, 27, 29, 33, 58, and 64, in Thomas T. Spear, “Mijikenda Historical Traditions,” Department of History, La Trobe University (Melbourne, unpublished manuscript, 1978).

⁷⁰ MHT 1, 3, 4, 23, 31, 38, 65, 67, 71, 72, and 74.

⁷¹ Cynthia Brantley Papers (CBP), University of California Davis Library Special Collections D-514, Box 16: Folder 25, Interview 128 and Interview 131; and Folder 28, Interview XXIX.

jealous Giriama husband to an Oromo man's claim to a "traditional" right to sexual intercourse with a new Mijikenda bride.⁷² It is as if the centuries-older constellation of ritual killing and emasculation by Oromo men in order to marry had, by the twentieth century, fragmented into its constituent motifs and been reassembled into two twinned versions of the relatively new Singwaya narrative: a hated Oromo marriage practice in which Mijikenda are the perpetual victims, and a ritual killing involving the collection of genital trophies — only now as part of the Mijikenda *mung'aro*.

In two of Spear's narratives the victim was an Oromo woman either married or impregnated by a Mijikenda "youth" and then killed by his people.⁷³ In four others (three from Digo informants), the victim was a handsome Oromo man killed by Mijikenda men out of jealousy — a cause cited in a much earlier colonial-era version of the story, also from a Digo informant (in which, however, the killer was a Segeju).⁷⁴ Brantley and Spear also recorded one tradition of origin each that, like George David's from 1877, attribute the initiatory killing of outsiders to the Oromo and that cite this as the cause of a Mijikenda migration — only now, from Singwaya.⁷⁵ Aspects of nineteenth- and early twentieth-century migration narratives persisted, in other words, alongside more recent versions that attributed this same form of violence to the Mijikenda during *mung'aro*. The motifs are the same, only the resulting constellated images differ.

By the time *mung'aro* was incorporated into the repertoire of Singwaya narratives as a cause of the war with the Oromo, the purpose of the ritual — what it was understood to *do* — was open to a wide range of local interpretations. Explanations by Spear's informants include: to bring rain in times of drought, to "differentiate between *kambi* and *nyere*," to "cut a rika [age-grade].. during the *vuri* [short rains]," a dance "performed during mourning ceremonies or when people were going to fight," a circumcision ritual, a dance performed during the execution of "wrong-doers condemned to death by the *kaya* elders," to "select leaders," and to "cleanse the sick."⁷⁶ But this ambiguity only emerges when descriptions of the ritual as a historical practice are elicited by the interviewer, not when informants spontaneously insert *mung'aro* into the Singwaya narrative of origins. In other words, the ambiguity emerges only in elicitations of the ritual's *function* in the recent historical past, not in spontaneous descriptions of its *consequences* in the deep mythic past. In the latter, what is important for informants is not the social function of the ritual, but the fact that its violence led to the expulsion of the Mijikenda from Singwaya.

Despite the variation in these descriptions of the ritual process, significance, and function, Spear argues that "the initiation ceremony of the age-sets, *mung'aro*, was a detailed reenactment of the migration from Singwaya."⁷⁷ But in these accounts, *mung'aro* is cited as the cause of a migration that had not yet occurred, not a reenactment of it. An alternative hypothesis might be that the periodic performance of *mung'aro* was a ritual repetition not of the migration itself but of the "primal crime" that, in these versions of the Singwaya narrative, led inexorably to it. But whatever its virtues, such an interpretation would be only a tempting optical illusion made possible by the mid-late twentieth-century incorporation of *mung'aro* into the Singwaya story roughly half a century *after* the consolidation of that new idea of origins around the turn of the century. One might argue instead that the cluster of motifs condensed in this image of *mung'aro* was, in some sense, more compelling to Spear and Brantley's informants than the idea of Singwaya origins on its own. Having a much longer history among coastal peoples than the Singwaya narrative itself, these motifs may have been unconsciously

⁷²CBP Box 16: Folder 25, Interview 130; Folder 27, Interview 031 and Interview 091; and Folder 28, Interview 54. Note that three of Brantley's Giriama informants who give this version of events — Pembe wa Bembere, Birya wa Masha, and Joseph Denge — are among Spear's informants as well (MHT 23 and 1).

⁷³MHT 31 and 67.

⁷⁴MHT 38, 71, 72, and 74. Paolo Mwapera in Ernst Dammann, "Zur Geschichte der Digo," *Zeitschrift für Eingeborenen-Sprachen* 34, no. 1 (1944): 54.

⁷⁵CBP Box 16, Folder 27, Interview 61; MHT 47.

⁷⁶MHT 4, 23, 29, 65, 38, 67, 71, and 74.

⁷⁷Spear, *Kaya Complex*, 44.

incorporated into it for that very reason — to shore up, as it were, a widely shared but historically shallow origin story with an image composed, in part, from more deeply ingrained cultural motifs.

The specific image of *mung'aro* that became a staple of Singwaya narratives was, recall, consolidated during the colonial period in relation to administrators' quest for rituals of elder legitimation. In the second half of the twentieth century, *this* is the image of *mung'aro* projected backwards as one of a few plausible explanations for conflict with the "Galla" (the notion of which is clearly far older than claims that it took place in "Singwaya" or that it was the result of *mung'aro*). The incorporation of this image into the emergent repertoire of Singwaya narratives took place during a period of Kenyan history — the 1950s and 1960s — in which coastal elders' claims of authority increasingly drew on the "discursive contrast" of tradition and modernity that had also haunted the failed administrative effort to ritually transubstantiate "modern" Local Native Tribunals into "traditional" *kambis*.⁷⁸ In the absence of any further *mung'aro* initiations, claims to proprietary esoteric knowledge of there *having once been* such a ritual, and of the motifs understood to have been its distinctive features, came to underwrite assertions of "elder" authority instead.⁷⁹

As proprietary historical knowledge of Mijikenda "tradition" displaced lived ritual experience as the putative ground of "elder" authority, the incorporation of *mung'aro* into the Singwaya story in the second half of the twentieth century transformed both. Narratively locating *mung'aro* at the origins of the Mijikenda was an assertion of the ritual's antiquity, and so also of its "traditional" character *and* of the authenticity of those who knew about it *qua* "traditional" elders. At the same time, the "traditional" quality of this image of *mung'aro* — including the cluster of motifs that I have described — serves to authenticate the Singwaya narrative as a "tradition" of origin — a *traditional* tradition, so to speak. Foregrounding *mung'aro* in these Singwaya narratives demonstrates a command of esoteric historical knowledge about Mijikenda ritual and origins, and is thus also part of a larger performance of "expertise" as a "traditional" *kaya* elder.⁸⁰ It also logically entails "owning," in some sense, the violence that led to their ancestors' expulsion from Singwaya, but the question of "who started it" does not actually seem to be what is at issue. What is important is the violence itself, and that the image of that ritual violence include the right combination of certain of key motifs.

For some, a new version of an older regicide narrative did just that. In a Segeju origin story collected by E. C. Baker in 1919, a jealous Segeju husband kills the "Sultan" of Singwaya for attempting to exercise his "customary" right of initiatory sex with new brides.⁸¹ It is *this* killing that sparks the war leading to expulsion. Although the killing is *not* in the context of *mung'aro*, the killer *does* don women's clothes as a disguise, and collects an anatomical trophy (though not a genital one) from the victim as proof of the killing.⁸² When Spear, Brantley, and Morton's Giriama informants told the same story in 1970–71, the killer was *Mijikenda*, not Segeju.⁸³

⁷⁸Justin Willis and George Gona, "Tradition, Tribe, and State in Kenya: The Mijikenda Union, 1945–1980," *Comparative Studies in Society and History* 55, no. 2 (2013): 450.

⁷⁹Ritual knowledge remains an important component of *kaya* elders' claims to authority, certainly, and they continue to be "initiated" in some way. But as Janet McIntosh points out, "today, the routes to elder status may take rather improvisational forms" that "avail themselves of *quintessential Mijikenda symbolism*." Janet McIntosh, "Elders and 'Frauds': Commodified Expertise and Politicized Authenticity among Mijikenda," *Africa* 79, no. 1 (2009): 41, 40. Italics added.

⁸⁰On the "expertise" of "*kaya* elders," see *ibid.*, 35–6.

⁸¹Commonwealth and African Manuscripts Collection, University of Oxford (OXF), Micr.Afr.403, E. C. Baker, Tanganyika Papers, Tribal Histories II, "Asili ya Wasegeju," 24 Jan. 1919.

⁸²*Ibid.*

⁸³MHT 1, 3, 4, and 23; CBP Interviews 130, 031, 091, and 54; FMP "Oral History" folder, Karezi wa Mwasada, Mwavula wa Yaa, and Tsembi wa Biria, 24 Feb. 1970, Pembe wa Bembere, n.d., and Kareze Mwabakari, 13 Mar. 1970. Morton's papers also contain an extract from a source contemporary with that of Kalu Biryia (see n68 above) that includes a version of the regicide variant, in which the identity of the killer is now Giriama. Whichever variant of the narrative one looks at, in other words, the shift from Segeju to Mijikenda violence seems to have begun (with the Giriama, at least) around the middle of the twentieth century. See FMP Oral History Notes II. Rabai, "Extracts from *Nguvu ni Marauka*," E. D. Ngala Tuva, Acme Press, Nairobi, 1954," 4.

For others, the image of ritual violence in *mung'aro* now provided the right combination of these essential motifs. In a 1918 Digo origin story, for example, a “Gala youth” is clubbed to death by a group of Segeju men and his body buried in a cattle kraal.⁸⁴ The Segeju blame the killing on the Digo, against whom the “Wagala” then wage war. By the 1970s, however, Mijikenda elders had begun to assert that *their* ancestors did the killing, not the Segeju, and that the killing was in the context of *their mung'aro* ritual rather than an unnamed Segeju one.⁸⁵ These versions of the Singwaya story, collected over half a century and hundreds of kilometers apart are identical except for this detail: whether in the context of a successful *mung'aro* ritual or a sabotaged marriage ritual, by the second half of the twentieth century, the killers are no longer Oromo or Segeju, but Mijikenda, reversing a centuries-old image of ritual violence while reinscribing it in a new tradition of northern origins.

Conclusion

Through a careful review of the available evidence, I have shown how an image of ritual violence slowly transformed as it became the object of missionary, administrative, and historical inquiry, becoming a key element of Mijikenda oral traditions in inverted form. What first appears as a form of “Galla” or “Mosseguejo” violence directed against the “Wanyika” was, by the second half of the twentieth century, incorporated into traditions of origin as a ritualized form of Mijikenda violence against the Oromo. This process of reversal began in the second half of the nineteenth century when missionaries in the coast hinterland began to report both a “Wanyika” ritual involving the killing of a slave or a stranger, *and* an unnamed “Galla” practice of collecting genital trophies from slain enemies or “slaves.” The latter image had already appeared in sixteenth- and seventeenth-century Portuguese texts, but it was only after both sets of practices went from being the objects of quasi-ethnographic inquiry to historical ones in the early twentieth century that the motifs began to converge and merge in the twentieth-century image of the nineteenth-century “*mung'aro*.”

In George David’s 1877 version of the Mijikenda origin story, recall, the killing of an outsider and the removal of his genitals is described as a necessary step in the transition between social statuses — but for the “Galla,” *not* the “Wanyika.” It is also cited as the cause of a migration from the north — but from Jilore, *not* Singwaya. In this version, the Oromo are the perpetrators and the Mijikenda the victims. In Singwaya narratives collected almost a century later, however, the Mijikenda figure as the perpetrators of the same form of ritual violence, and the Oromo as their victims. Between the 1870s and the 1970s the geographical point of Mijikenda origin is displaced northwards and the roles of killer and victim are reversed, but the motifs — capture, killing, and dismemberment of or by outsiders, a ritual transition between social statuses, and elder male power — are unchanged. Rather than a “durable bundle of meanings and practices,” then, these motifs seem to serve instead as mnemonic anchor-points — non-negotiables of a sort, through which a variety of historical narratives may (and seemingly must) pass, out of which a range of constellated images may be generated. The reconfigurations, reversals, displacements, and transpositions that weave in and around these centers of mnemonic gravity are, I suggest, facilitated by the associational qualities of the violent motifs themselves, rather than by strict and consistent understandings of durable “meanings and practices” — or indeed of any empirical historical relationship between them.

In tracking these transformations, I have drawn inspiration, in particular, from White’s methodological focus on the “vocabularies” of stories about the past — formulaic narrative elements once dismissed as distractions from historical truth, but which, she shows, are precisely the details around which compelling stories are spun. Recasting this methodological move in terms of aesthetics (“motifs”) rather than linguistics (“vocabulary”) highlights the multimodal durability of these details across genres of ritual practice and historical discourse as they wind their way into a vision of

⁸⁴ OXF Micr.Afr.403, E. C. Baker, Tanganyika Papers, Tribal Histories II, “The Origin of the Wadigo.”

⁸⁵ MHT 8, 10, 12, 13, 16, 20, 21, 27, 29, 33, 58, and 64; FMP Oral History Notes I. Giriama, Kalama wa Gona, 6 Apr. 1970.

origins that, over the course of the twentieth century, became “a good and thus credible story” for the Mijikenda to tell themselves about their own history.⁸⁶

Tracing the articulation of this cluster of motifs into a series of constellated images also reopens the question of “the limits of invention” in new directions. While their rearticulation is not the result of manipulation or conscious “invention of tradition,” this is not — given the variability of the resulting constellations — because this cluster of motifs constitutes either a “durable bundle of meaning and practice” or “long-term continuities in political language.”⁸⁷ Focus on the constituent motifs of this series of constellated images allows us to explore how and why these motifs might endure *despite* the instability of their significance, the abandonment of the practices in and through which they were once expressed, and dramatic transformations of social, political, and ritual landscapes in which they have been embedded over the last five hundred years of coastal East African history.

Acknowledgements. Research was supported by a Fulbright-Hays Fellowship and by grants from the Wenner-Gren Foundation and the Nicholson Center for British Studies. A version of this argument was presented at the African Studies Association annual meeting in November 2021 on a panel organized by Raevin Jimenez. I thank her for the invitation, and Adam Ashforth and Yaari Felber-Seligman for their questions there. I would like to thank Ralph Austen, Robert Blunt, Richard Bodek, Hannah Chazin, John Cropper, Luther Gerlach, Colin Halverson, Britta Ingebretson, Paul Ocobock, Emily Osborn, Anna Weichselbraun, and especially David Bresnahan, for their valuable comments on different stages of the manuscript’s development. I also wish to thank the editors and anonymous reviewers for their thoughtful readings and helpful suggestions. For Ralph Austen. Author’s email: dingleyz@cofc.edu.

⁸⁶White, *Speaking*, 89.

⁸⁷Schoenbrun, “Conjuring,” 1438; Feierman, *Peasant Intellectuals*, 3.