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# **Recent modules and podcasts**

## Quickbite module Severe and enduring eating disorders

The term 'severe and enduring eating disorders' (SEED) refers to long-term illness from anorexia nervosa or bulimia nervosa, with severe symptoms, a low chance of recovery and a history of treatment resistance. The needs of individuals with SEED are particularly complex, and they may require an approach to treatment that is different from standard eating disorder management strategies. This module discusses treatment approaches, risk assessment and monitoring, as well as factors such as physical complications, sense of identity, social isolation and stigma. CPD credits: 0.5



#### Podcast Pathways to sympathies for violent protest and terrorism

For some individuals, support of violent extremism, and participation in such activity, is believed to be associated with radicalisation, yet little empirical research has been conducted into its relationship with mental illness. In this podcast, Professor Kamaldeep Bhui talks to Dr Raj Persaud about his latest research on the links between psychological problems and sympathies for violent protest and terrorism (SVPT) in a community-based sample. CPD credits: 0.5



## Podcast Long-term outcomes for the offspring of depressed parents

The increased risk of psychological problems in the children of parents with depression has been widely studied, but less is known about their longterm outcomes. In this podcast, Professor Myrna Weissman talks to Raj Persaud about the results of a 30-year follow-up study into the biological offspring of such parents. CPD credits: 0.5

