regarded as a discipline in its own right. Until that time I would like to conclude that music therapy can contribute its own unique strengths as an adjunctive therapy working alongside other therapeutic interventions. Finally here is a client's general comment after an initial 10-week period of sessions.

"For me Music Therapy has provided an alternative avenue to the areas of my personality ... closed off, mainly through fear of disapproval.... Group therapy, art therapy and music therapy have each provided contributions to reestablish a true self image."

Research Associate in Child and Mental Health, University of Bristol Chairman: British Society for Music Therapy

### References

- BRISTOL MUSIC THERAPY CENTRE (1986) Music Therapy in Psychiatry. Proceedings of a conference held at Glenside Hospital, Bristol – obtainable from the author.
- BUNT, L., PIKE, A. & WREN, V. (1987) Music therapy in a general hospital's psychiatic unit a 'pilot' evaluation of an eight week programme. Journal of British Music Therapy, 1, 22–27.
- ODELL, H. (1988) A music therapy approach in mental health. *Psychology of Music*, 16, 52-61.
- 'The Power of Music'. BBC Documentary, shown on 26 October 1988.

## Books for underdeveloped countries

### DEAR SIRS

With reference to the appeal for old journals (*Bulletin*, 12, 457), may I take the opportunity of drawing your readers' attention to the Ranfurly Library Service?

The Ranfurly is a registered charity which supplies books to libraries in third-world countries. Although originally established to support school libraries, it now supplies libraries at all levels – schools, hospital, universities and national collections. Books of all kinds are always in demand – children's books, fiction (especially "Eng. Lit."), textbooks (but *not* out-of-date scientific or legal texts), complete runs of *recent* scientific journals, reference books, large-print books, etc.

The Ranfurly Library Service is based at 39 Coldharbour Lane, London SE5 9NR (telephone 01-733 3577). As this is just around the corner from the Institute of Psychiatry I am acting as the University of London receiver for them – any parcels of books sent to me at the Institute will be faithfully forwarded. Projects supported recently by donations from within London University include the complete restocking of a School of Librarianship in Uganda, building up the stock of a medical school library in Bangladesh and the provision of books to schools in refugee camps in the Lebanon.

The Ranfurly receives support from the Rotary. Readers from outside London may find that the easiest way to get parcels of books to libraries in underdeveloped countries is to contact their local branch of the Rotary.

Any assistance which your readers can give to this worthwhile cause will be warmly appreciated.

MARTIN GUHA

Librarian, Institute of Psychiatry De Crespigny Park Denmark Hill London SE5 8AF

# Difficulties of post membership registrars

### DEAR SIRS

LESLIE BUNT

The Collegiate Trainees Committee (CTC) is once again looking at the problems and difficulties faced by post membership registrars. May I approach such registrars through the letters columns of the *Psychiatric Bulletin* to contact me in order to enable us to identify the areas of difficulty as well as map out ways of changing those areas. All registrars who have passed their membership examinations a year or more ago and have not yet got senior registrar jobs are invited to contact me at the address below. They will be asked to fill in a short questionnaire, the data from which would then be used for the working party report.

> DINESH BHUGRA Convenor CTC Working Party on Post Membership Registrars

The Maudsley Hospital Denmark Hill London SE5 8AZ.

## Job sharing

### DEAR SIRS

We are doing a job-share as locum senior registrar in adult psychiatry at the Westminster Hospital. The consultant in charge of the rotation here is keen to create a permanent job share on the scheme, but needs to know if this could be as competitive as all other appointments. Would anybody who would apply for such a post if it were advertised please contact us in order that we can prove this?

DIANA CASSELL Rosalyn Coleman

Gordon Hospital Bloomburg Street London SW1V 2RH