

## Taurine supplementation: involvement of cholinergic/phospholipase C and protein kinase A pathways in potentiation of insulin secretion and Ca<sup>2+</sup> handling in mouse pancreatic islets

Rosane A. Ribeiro\*, Emerielle C. Vanzela, Camila A. M. Oliveira, Maria L. Bonfleur, Antonio C. Boschero and Everardo M. Carneiro

Departamento de Anatomia, Biologia Celular e Fisiologia e Biofísica, Instituto de Biologia, Universidade Estadual de Campinas (UNICAMP), Campinas, SP, Brazil

(Received 22 September 2009 – Revised 24 March 2010 – Accepted 6 April 2010 – First published online 1 July 2010)

Taurine (TAU) supplementation increases insulin secretion in response to high glucose concentrations in rodent islets. This effect is probably due to an increase in Ca<sup>2+</sup> handling by the islet cells. Here, we investigated the possible involvement of the cholinergic/phospholipase C (PLC) and protein kinase (PK) A pathways in this process. Adult mice were fed with 2% TAU in drinking water for 30 d. The mice were killed and pancreatic islets isolated by the collagenase method. Islets from TAU-supplemented mice showed higher insulin secretion in the presence of 8.3 mM-glucose, 100 μM-carbachol (Cch) and 1 mM-3-isobutyl-1-methyl-xanthine (IBMX), respectively. The increase in insulin secretion in response to Cch in TAU islets was accompanied by a higher intracellular Ca<sup>2+</sup> mobilisation and PLC<sub>β2</sub> protein expression. The Ca<sup>2+</sup> uptake was higher in TAU islets in the presence of 8.3 mM-glucose, but similar when the islets were challenged by glucose plus IBMX. TAU islets also showed an increase in the expression of PKA $\alpha$  protein. This protein may play a role in cation accumulation, since the amount of Ca<sup>2+</sup> in these islets was significantly reduced by the PKA inhibitors: *N*-[2-(*p*-bromocinnamylamino)ethyl]-5-isoquinoline sulfonamide (H89) and PK inhibitor-(6–22)-amide (PKI). In conclusion, TAU supplementation increases insulin secretion in response to glucose, favouring both influx and internal mobilisation of Ca<sup>2+</sup>, and these effects seem to involve the activation of both PLC–inositol-1,4,5-trisphosphate and cAMP–PKA pathways.

### Ca<sup>2+</sup> handling: Insulin secretion: Protein kinase A: Phospholipase C: Taurine supplementation

Insulin secretion from pancreatic  $\beta$ -cells is regulated by several factors including fuels, hormones and neurotransmitters. These agents modify the intracellular concentrations of several  $\beta$ -cell regulators such as Ca<sup>2+</sup>, phospholipids and cyclic nucleotides that influence the amplitude and shape of the insulin secretory response<sup>(1,2)</sup>.

Ca<sup>2+</sup> influx contributes to the insulin secretory process, regulating the docking and fusion of the secretory granules with the plasma membrane<sup>(3)</sup>, whereas Ca<sup>2+</sup> mobilised from intracellular stores is essential for the replenishment of the readily releasable pool of secretory granules<sup>(4)</sup>. In addition, Ca<sup>2+</sup> contributes to the amplification of secretion by activating several enzymes such as phospholipase C (PLC) and adenylyl cyclase, which generate the intracellular messengers inositol-1,4,5-trisphosphate (IP<sub>3</sub>) plus diacylglycerol, and cAMP, respectively<sup>(5–9)</sup>.

Various hormones and neurotransmitters acting through specific receptors, located at the plasma membrane, potentiate insulin secretion via stimulation of PLC, generating IP<sub>3</sub> and

diacylglycerol<sup>(1)</sup>. IP<sub>3</sub> mediates rapid mobilisation of Ca<sup>2+</sup> from the endoplasmic reticulum, whereas diacylglycerol stimulates protein kinase (PK) C<sup>(10,11)</sup>. PLC contributes to the insulin secretion not only when membrane receptors are activated, but also when the intracellular Ca<sup>2+</sup> concentration increases in response to glucose<sup>(9)</sup>.

Evidence points to an inter-relationship between cAMP and intracellular Ca<sup>2+</sup> concentration. It is known that cAMP–PKA mobilises Ca<sup>2+</sup> from intracellular stores and regulates the activity of the L-type Ca<sup>2+</sup> channels<sup>(12–15)</sup>. cAMP also alters the intracellular Ca<sup>2+</sup> concentration, modifying Ca<sup>2+</sup> oscillations from slow to fast in the presence of stimulatory glucose concentrations<sup>(16)</sup>. In addition, PKA contributes to the first phase of insulin secretion, phosphorylating some proteins involved in the exocytotic process<sup>(17,18)</sup>.

Taurine (TAU), a naturally occurring sulfur-containing amino acid, regulates several biological processes, including osmolarity<sup>(19)</sup>, Ca<sup>2+</sup> binding and transport<sup>(20–22)</sup>, ion channel activity<sup>(23,24)</sup>, insulin secretion, and glucose homeostasis<sup>(25–28)</sup>.

**Abbreviations:** Cch, carbachol; CTL, control; EGTA, ethylene glycol tetraacetic acid; F340:F380, fluorescence ratio at 340 and 380 nm; H89, *N*-[2-(*p*-bromocinnamylamino)ethyl]-5-isoquinoline sulfonamide; IBMX, 3-isobutyl-1-methyl-xanthine; IP<sub>3</sub>, inositol-1,4,5-trisphosphate; KRB, Krebs–Ringer bicarbonate; PK, protein kinase; PKI, protein kinase inhibitor-(6–22)-amide; PMA, phorbol 12-myristate 13-acetate; TAU, taurine.

\* **Corresponding author:** Dr Rosane A. Ribeiro, fax +55 19 3521 6185, email rosaneribeiro@yahoo.com.br

Previous data from our laboratory have shown that TAU supplementation improves glucose tolerance and insulin sensitivity in mice and increases nutrient-induced insulin secretion in isolated islets. Islets from TAU-supplemented mice show increased Ca<sup>2+</sup> uptake and higher expression of the L-type  $\beta_2$  subunit Ca<sup>2+</sup> channel<sup>(27)</sup>. It has also been demonstrated that TAU affects the kinetics of Ca<sup>2+</sup> movement in different tissues<sup>(20–23)</sup>. Despite reports of a regulatory role of TAU in insulin secretion and Ca<sup>2+</sup> handling<sup>(26,27)</sup>, little is known about its effects on cholinergic/PLC and PKA pathways in  $\beta$ -cells. These mechanisms regulate and are regulated by intracellular Ca<sup>2+</sup> concentration in  $\beta$ -cells<sup>(9,12–15,29)</sup>.

In the present study, we confirm that TAU supplementation increases insulin secretion in response to glucose in isolated islets. We also show that the secretory capacity and Ca<sup>2+</sup> handling in these islets were higher in conditions in which IP<sub>3</sub> and cAMP production was increased. Data indicate that TAU modulation of these processes seems to be linked to the activation of cholinergic/PLC and PKA pathways.

## Methods and materials

### Materials

<sup>45</sup>CaCl<sub>2</sub> and [<sup>125</sup>I]human insulin were purchased from Amersham International (Little Chalfont, Bucks, UK). Routine reagents, phorbol 12-myristate 13-acetate (PMA), carbachol (Cch), forskolin and 3-isobutyl-1-methyl-xanthine (IBMX), *N*-[2-(*p*-bromocinnamylamino)ethyl]-5-isoquinoline sulfonamide (H89) were purchased from Sigma Chemical (St Louis, MO, USA). PK inhibitor-(6–22)-amide (PKI) was purchased from Calbiochem (San Diego, CA, USA).

### Animals

All experiments were approved by the ethics committee at the Universidade Estadual de Campinas (UNICAMP). Swiss mice, aged 3 weeks, were obtained from the colony at UNICAMP. The mice were maintained on a 12 h light–dark cycle (lights on from 06.00 until 18.00 hours), controlled temperature (22 ± 1°C), and allowed free access to water and standard laboratory chow (rodent chow; Nutrilab, Colombo, Brazil) *ad libitum*. At 60 d, mice were distributed into two groups: mice that received 2% of TAU in their drinking water for 30 d (TAU group; as previously reported by Ribeiro *et al.*<sup>(27)</sup>) and those that received only water (control (CTL) group). Drinking water was changed three times per week. Daily TAU intake has been previously reported<sup>(27)</sup>.

### Islet isolation and static insulin secretion

Islets were isolated by collagenase digestion of the pancreas. For static incubations, groups of four islets were first incubated for 30 min at 37°C in Krebs–Ringer bicarbonate (KRB) buffer containing 115 mM-NaCl, 5 mM-KCl, 24 mM-NaHCO<sub>3</sub>, 2.56 mM-CaCl<sub>2</sub>, 1 mM-MgCl<sub>2</sub> and 25 mM-HEPES with 2.8 mM-glucose and 3 g bovine serum albumin per litre, and equilibrated with a mixture of 95% O<sub>2</sub>–5% CO<sub>2</sub> to give pH 7.4. This medium was then replaced with fresh buffer and the islets incubated for 1 h under the following conditions: glucose (8.3 mmol/l) alone or with Cch (100  $\mu$ mol/l),

PMA (100 nmol/l), forskolin (10  $\mu$ mol/l) and IBMX (1 mmol/l). At the end of the incubation period, the insulin content of the medium was measured by RIA using human insulin radiolabelled with <sup>125</sup>I as tracer, rat insulin as standard (Crystal Chem Inc., Downers Grove, IL, USA) and rat insulin antibody (donated by Dr Leclercq-Meyer, Free University of Brussels, Brussels, Belgium). The charcoal–dextran method was used to separate free insulin from antibody-bound [<sup>125</sup>I]insulin<sup>(30)</sup>.

### Dynamic insulin secretion

Groups of freshly isolated islets were placed on Millipore SW 1300 filters (8.0  $\mu$ m pore) and perfused at a flow rate of 1 ml/min with KRB buffer gassed with 95% O<sub>2</sub>–5% CO<sub>2</sub> (pH 7.4) and maintained at 37°C. To study the dynamic insulin secretion in response to Cch, groups of seventy islets were perfused with Ca<sup>2+</sup>-free KRB buffer containing 8.3 mM-glucose plus 250  $\mu$ M-diazoxide and 10 mM-ethylene glycol tetraacetic acid (EGTA), with or without 100  $\mu$ M-Cch, as indicated in the figure legends and Results section. In another series of experiments, groups of fifty islets were perfused in a KRB containing 8.3 mM-glucose (basal condition) for 30 min and, after this period, IBMX (1 mmol/l) or forskolin (10  $\mu$ mol/l) was added to the perfusion solution (for more information, see figure legends). Insulin release was measured by RIA.

### Taurine islet and tissue content analysis

The analysis of TAU content in isolated islets, pancreas and liver was performed with the reverse-phase HPLC method. The islets and tissue fragments were disrupted using a Polytron PT 1200 C (Brinkmann Instruments, Westbury, NY, USA) or a Polytron PT 10-95 (Kinematica, Lucerne, Switzerland) homogeniser in a 5-sulfosalicylic acid (35%, w/v) solution. The homogenates were incubated at room temperature for 1 h to extract the amino acids and were then centrifuged at 20 800 *g* at 20°C for 10 min. The amino acids present in the supernatant fraction were derivatised with triethylamine and phenylisothiocyanate (PTC) to form free amino acid–phenylthiocarbonyl derivatives<sup>(31)</sup>. The PTC–amino acid derivatives in each sample were suspended in 5 mM-sodium phosphate buffer containing 5% acetonitrile and then were separated and quantified by UV (254 nm) in 20  $\mu$ l samples using an automated Milton Roy LDC MP3000 HPLC system (Milton Roy, Ivyland, PA, USA) and Picotag C18 5  $\mu$ m column (Waters Corp., Milford, MA, USA). Elution was performed at 1 ml/min at 38°C using a gradient of 0.14 M-sodium acetate, 0.05% triethylamine (pH 5.7) as solution A, and acetonitrile–water (3:2, v/v) as solution B. Amino acid standards (Standard H; Pierce Protein Reagent Products, Pittsburgh, PA, USA) were derivatised and analysed together with the samples. Tissue protein content was determined by the Bradford method<sup>(32)</sup> using bovine serum albumin as the standard curve and Bradford reagent (Bio-Agency Lab., São Paulo, SP, Brazil). Amino acid content for islet samples was expressed in pmol/ $\mu$ g protein as previously reported<sup>(33)</sup> and for liver and pancreas as nmol/mg protein.

### Uptake of $^{45}\text{Ca}$

Groups of 150 to 200 islets, derived from the same batch of islets, were pre-incubated for 30 min at 37°C in a KRB buffer containing 2.8 mM-glucose (pH 7.4). The islets were then incubated for 30 min in 200  $\mu\text{l}$  of the same medium containing  $^{45}\text{CaCl}_2$  (2.22 MBq; 60  $\mu\text{Ci/ml}$ ) and 8.3 mM-glucose alone or with IBMX (1 mmol/l), or H89 (10  $\mu\text{mol/l}$ ) or PKI (5  $\mu\text{mol/l}$ ). At the end of the incubation period, 800  $\mu\text{l}$  of ice-cold KRB containing 2 mM-LaCl<sub>3</sub> (pH 7.4) was added to stop the reaction. The medium was then removed and a sample was saved to determine the amount of  $^{45}\text{Ca}$  in the solution. The islets were subsequently washed three times with ice-cold KRB containing La<sup>3+</sup> and islets were then placed in a Petri dish. Groups of ten islets were transferred to counting vials containing 1 ml EGTA (50 mmol/l). The uptake of  $^{45}\text{Ca}$  was expressed as pmol Ca<sup>2+</sup> per islet per 30 min of incubation.

### Cytoplasmic Ca<sup>2+</sup> oscillations

Fresh pancreatic islets were incubated with fura-2-acetoxymethyl ester (FURA 2 AM) (5  $\mu\text{mol/l}$ ) for 1 h at room temperature in KRB buffer containing 5.6 mM-glucose (pH 7.4) and supplemented with bovine serum albumin. Islets were washed with the same medium and placed in a chamber that was thermostatically regulated at 37°C on the stage of an inverted microscope (Nikon UK, Kingston upon Thames, Surrey, UK). Islets were then perfused with Ca<sup>2+</sup>-free KRB continuously gassed with 95% O<sub>2</sub>-5% CO<sub>2</sub> (pH 7.4) at 37°C containing 8.3 mM-glucose plus 250  $\mu\text{M}$ -diazoxide and 10 mM-EGTA with or without 100  $\mu\text{M}$ -Cch. A ratio image was acquired approximately at every 5 s with an ORCA-100 CCD camera (Hamamatsu Photonics Iberica, Barcelona, Spain), in conjunction with a Lambda-10-CS dual filter wheel (Sutter Instrument Company, Novato, CA, USA), equipped with 340 and 380 nm, 10 nm bandpass filters, and a range of neutral density filters (Omega Optical, Stanmore, Middlesex, UK). Data were obtained using the ImageMaster3 software (Photon Technology International, Birmingham, NJ, USA).

### Western blotting

Isolated islets from TAU and CTL groups were solubilised in 100  $\mu\text{l}$  homogenisation buffer containing: 100 mM-2-amino-2-hydroxymethyl-propane-1,3-diol (Tris) (pH 7.5), 10 mM-sodium pyrophosphate, 100 mM-sodium fluoride, 10 mM-EDTA, 10 mM-sodium vanadate, 2 mM-phenylmethylsulfonyl fluoride and 1% Triton-X 100. The islets were disrupted using a Polytron PT 1200C homogeniser (Brinkmann Instruments, Westbury, NY, USA), employing 10 s pulses for three times. The extracts were then centrifuged at 12 600 g at 4°C for 5 min to remove insoluble material. The protein concentration in the supernatant fractions was assayed using the Bradford method<sup>(32)</sup>. For SDS gel electrophoresis and Western blot analysis, the samples were treated with a Laemmli sample buffer containing dithiothreitol. After heating to 95°C for 5 min, the proteins were separated by electrophoresis (55  $\mu\text{g}$  protein/lane, 10% gels). Following

electrophoresis, proteins were transferred to nitrocellulose membranes. The nitrocellulose filters were overnight treated with a blocking buffer (5% non-fat dried milk, 10 mM-Tris, 150 mM-NaCl and 0.02% Tween 20) and were subsequently incubated with rabbit polyclonal antibody to PLC $\beta_2$  (1:500; H-255; catalogue no. sc-9018), or PKA $\alpha$  (1:500; C-20; catalogue no. sc-903), or mouse monoclonal antibody to PKC $\alpha$  (1:1000; H-7; catalogue no. sc-8393) at 4°C. All primary antibodies used were purchased from Santa Cruz Biotechnology, Inc. (Santa Cruz, CA, USA). Visualisation of specific protein bands was made by incubating the membranes for 2 h with a peroxidase-conjugated secondary antibody (1:10 000; Zymed Laboratories, Inc., San Francisco, CA, USA), followed by detection with enhanced chemiluminescence reagents (Pierce Biotechnology, Rockford, IL, USA) and exposure to X-ray film (Kodak, Manaus, AM, Brazil). The band intensities were quantified by optical densitometry (Scion, Image, Frederick, MD, USA). After assaying the target proteins, Western blotting was repeated using rabbit monoclonal antibody to  $\beta$ -actin (1:10 000; catalogue no. ab8227; Abcam, Cambridge, MA, USA) as an internal control.

### Statistical analysis

Results are presented as mean values with their standard errors for the number of determinations (*n*) indicated. The statistical analyses were carried out using one-way ANOVA followed by the Tukey post test for multiple comparisons or Student's *t* test for two-group comparisons ( $P \leq 0.05$ ) and performed using GraphPad Prism version 4.00 for Windows (GraphPad Software, San Diego, CA, USA).

## Results

### Taurine supplementation

Table 1 shows that the supplementation protocol applied in the present study efficiently increased tissue TAU concentrations, since TAU islet content in isolated islets from supplemented mice was 27% higher when compared with islets from CTL mice ( $P < 0.04$ ). In addition, TAU-supplemented mice showed an increase of 60 and 44% in liver and pancreas TAU content, respectively, when compared with CTL mice ( $P < 0.04$ ).

**Table 1.** Taurine content in isolated islet (pmol/ $\mu\text{g}$  protein), pancreas and liver (nmol/mg protein) extracts from taurine-supplemented (TAU) and control (CTL) mice

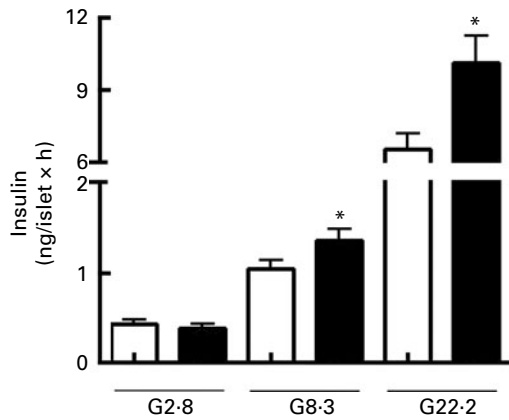
(Mean values with their standard errors)

Group...	CTL		TAU	
	Mean	SEM	Mean	SEM
Islets (pmol/ $\mu\text{g}$ protein)†	435	25	554*	48
Pancreas (nmol/mg protein)‡	133	7	191*	20
Liver (nmol/mg protein)‡	393	82	628*	45

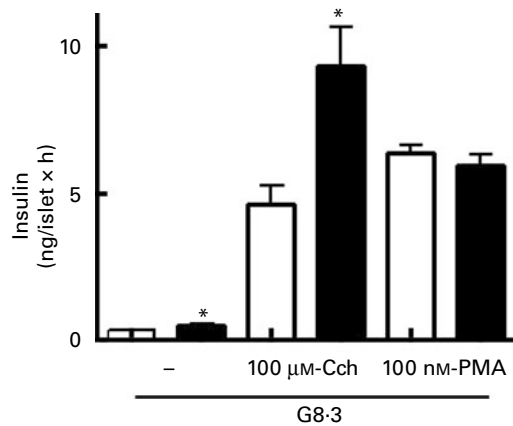
\* Mean value was significantly different from that for the CTL mice ( $P < 0.05$ ).

† The islet samples (*n* 9) correspond to 100 isolated islets from different mice.

‡ Pancreas and liver extracts were from three or four mice for each group.



**Fig. 1.** Glucose-induced insulin secretion in islets from taurine-supplemented (■) and control (□) mice. Groups of four islets were incubated for 1 h with different glucose (G) concentrations: 2.8 mM (G2-8); 8.3 mM (G8-3); 22.2 mM (G22-2). Values are means ( $n$  12–21), with standard errors represented by vertical bars. \*Mean value was significantly different from that of the control ( $P < 0.05$ ).



**Fig. 2.** Insulin secretion induced by carbachol (Cch; 100 μM) or phorbol 12-myristate 13-acetate (PMA; 100 nM) in islets from taurine-supplemented (■) and control (□) mice. Islets were incubated for 1 h at 8.3 mM-glucose (G8-3), with or without Cch and PMA. Values are means ( $n$  15), with standard errors represented by vertical bars. \*Mean value was significantly different from that of the respective control ( $P < 0.05$ ).

#### Insulin secretion in taurine-supplemented mice islets

Fig. 1 shows the insulin secretion induced by sub- and supra-threshold glucose concentrations. Under basal glucose conditions, insulin secretion was similar between groups. Islets from TAU-supplemented mice released significantly more insulin in the presence of 8.3 and 22.2 mM-glucose, compared with the CTL group ( $P < 0.03$  and  $P < 0.01$ , respectively). Since, at a physiological concentration of glucose (8.3 mmol/l), insulin released in TAU islets was significantly different from CTL islets this glucose concentration was used in all subsequent insulin release experiments.

#### Carbachol and phorbol 12-myristate 13-acetate-induced insulin secretion

When the islets were incubated in the presence of 100 μM-Cch, insulin secretion was higher in TAU than CTL islets (Fig. 2;  $P < 0.001$ ). However, the increment in insulin secretion, induced by 100 nM-PMA (that activates PKC), was similar between groups.

#### Carbachol-induced intracellular Ca<sup>2+</sup> mobilisation

In the next series of experiments, we analysed intracellular Ca<sup>2+</sup> mobilisation in TAU and CTL islets. For this purpose, 100 μM-Cch was added to a perfusion system with a Ca<sup>2+</sup>-free medium, containing 8.3 mM-glucose, 250 μM-diazoxide and 10 mM-EGTA. Fig. 3(a) shows that the Cch-induced increase in intracellular Ca<sup>2+</sup> concentration was higher in TAU than in CTL islets. The area under the curves (AUC) and the amplitude of intracellular Ca<sup>2+</sup> concentration were significantly higher in TAU, compared with CTL islets (1.06 (SEM 0.1) F340:F380 × min and 0.19 (SEM 0.02) ΔF340:F380 v. 0.61 (SEM 0.08) F340:F380 × min and 0.13 (SEM 0.01) ΔF340:F380, respectively;  $P < 0.04$ ), where F340:F380 is the fluorescence ratio at 340 and 380 nm. In accordance, the dynamic insulin release was also higher in the TAU group, compared with the CTL group, when challenged with the same concentrations of Cch (Fig. 3(b)).

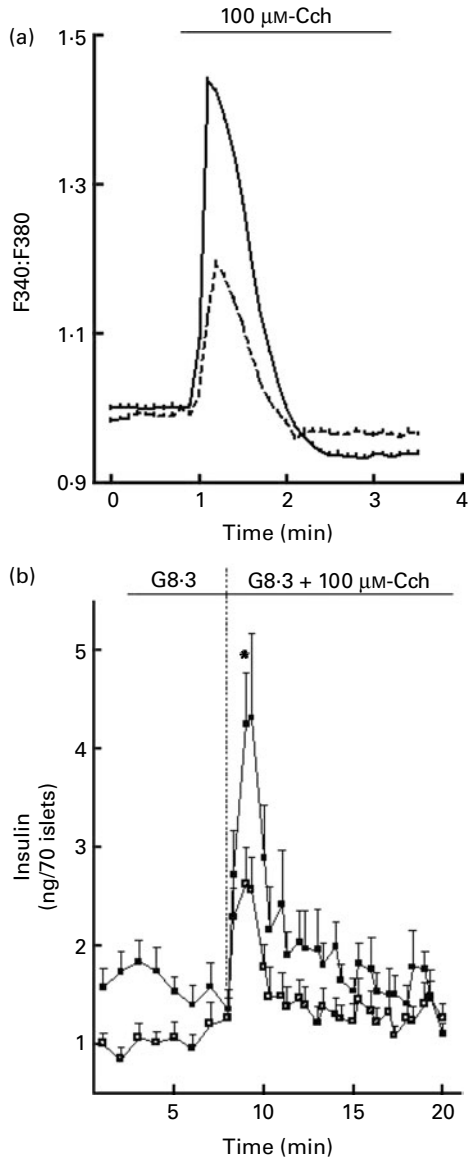
The AUC of the total insulin released (8–20 min) and peak of secretion (at 9 min) were 24 (SEM 3) ng per seventy islets × min and 4.3 (SEM 0.5) ng per seventy islets v. 17 (SEM 2) ng per seventy islets × min and 2.5 (SEM 0.4) ng per seventy islets, respectively ( $P < 0.05$ ), for TAU and CTL islets.

#### Forskolin and 3-isobutyl-1-methylxanthine-induced insulin secretion

Forskolin (10 μmol/l) and IBMX (1 mmol/l), which increase cAMP by adenylyl cyclase stimulation or by phosphodiesterase inhibition (respectively), significantly stimulated secretion in both types of islets (Fig. 4(a)). However, while the increase in insulin secretion provoked by IBMX was higher in TAU compared with CTL islets ( $P < 0.05$ ), the increment in the insulin secretion stimulated by forskolin was similar in both groups (Fig. 4(a)). Using a perfusion system, we confirmed that IBMX-potentiated insulin release was significantly higher in TAU compared with CTL islets (Fig. 4(b)). Total insulin release during 15–50 min was 842 (SEM 152) and 359 (SEM 139) ng per fifty islets × min, respectively ( $P = 0.05$ ). Dynamic insulin release induced by forskolin was also analysed (Fig. 4(c)). The amount of insulin secreted during the presence of forskolin in the perfusate (15–50 min) was similar between TAU and CTL islets (507 (SEM 60) and 380 (SEM 27) ng per fifty islets × min, respectively).

#### 3-Isobutyl-1-methylxanthine and protein kinase A inhibition effects on <sup>45</sup>Ca uptake

As previously observed, TAU-supplemented islets showed increased Ca<sup>2+</sup> uptake in the presence of high glucose concentrations<sup>(27)</sup>. In order to analyse the involvement of PKA in Ca<sup>2+</sup> handling by the islets, we measured <sup>45</sup>Ca uptake in the presence of 8.3 mM-glucose with or without agents that stimulate (IBMX) or inhibit (H89 and PKI) PKA. At 8.3 mM-glucose, the Ca<sup>2+</sup> uptake was higher in TAU than CTL islets (Table 2;  $P < 0.02$ ). IBMX significantly increased Ca<sup>2+</sup> uptake in TAU and CTL islets by 31 and 36%,

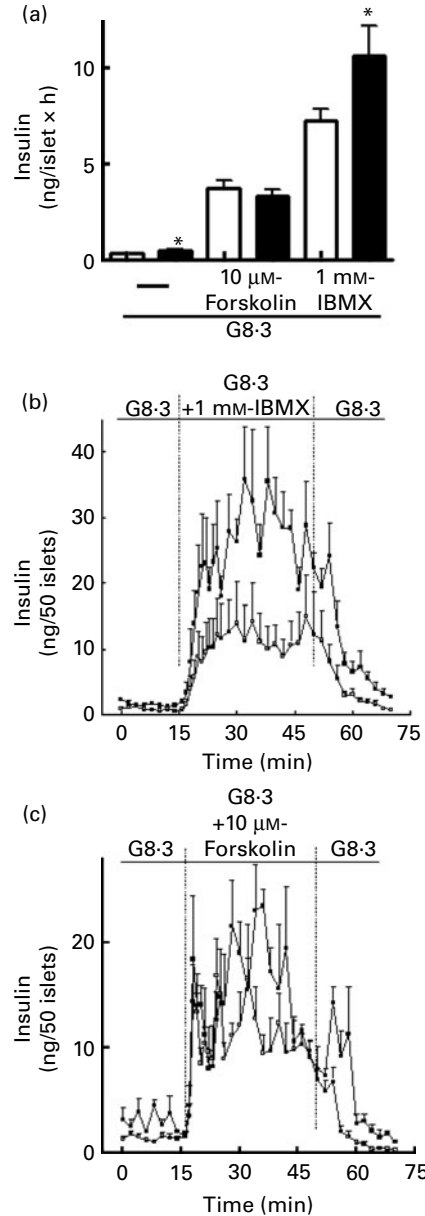


**Fig. 3.** Carbachol (Cch; 100  $\mu$ M)-induced internal  $Ca^{2+}$  mobilisation (a) and insulin secretion (b) from taurine-supplemented (—; ■) and control (---; □) islets. The experiments were performed in a perfusion system in a  $Ca^{2+}$ -free medium containing 8.3 mM-glucose (G8-3), 250  $\mu$ M-diazoxide and 10 mM-ethylene glycol tetraacetic acid (EGTA). For  $Ca^{2+}$ , values are fluorescence ratios at 340 and 380 nm (F340:F380) registered for each group. Data are means obtained from four to six independent perfusion experiments, with standard errors represented by vertical bars. \* Mean value was significantly different from that of the control ( $P < 0.05$ ).

compared with the respective controls (glucose alone) (Table 2). At the end of the incubation period, both groups of islets reached similar values of  $Ca^{2+}$  uptake. The administration of H89 significantly reduced  $Ca^{2+}$  uptake in TAU ( $P < 0.0001$ ), but only marginally in CTL islets ( $P = 0.19$ ). In the presence of PKI, both groups of islets showed a significant decrease in  $Ca^{2+}$  uptake, reaching 54% in TAU and 24% in CTL islets, related to the respective control (glucose alone;  $P < 0.01$  and  $P < 0.001$ , respectively). These results indicated that the participation of the cAMP–PKA pathway in  $Ca^{2+}$  influx, in response to glucose, was higher in islets from TAU-supplemented mice than in the CTL group.

*Phospholipase C $\beta_2$ , protein kinase C $\alpha$  and protein kinase A $\alpha$  protein expression*

Western blotting analysis showed that the expressions of PLC $\beta_2$  (Fig. 5(a)) and PKA $\alpha$  (Fig. 5(c)) were two-fold higher in TAU compared with CTL islets ( $P < 0.02$  and  $P < 0.002$ , respectively), whereas the expression of PKC $\alpha$  was similar between groups (Fig. 5(b)).



**Fig. 4.** (a) Forskolin (10  $\mu$ M) and 3-isobutyl-1-methylxanthine (IBMX; 1 mM)-induced insulin secretion in islets from taurine-supplemented (■) and control (□) mice. Islets were incubated for 1 h at 8.3 mM-glucose (G8-3), with or without forskolin and IBMX. (b, c) Dynamic insulin secretion in response to 8.3 mM-glucose with or without IBMX or forskolin in taurine-supplemented and control islets. Data are means obtained from fourteen or fifteen repetitions for static incubation and from four independent perfusion experiments for dynamic measurements, with standard errors represented by vertical bars. \* Mean value was significantly different from that of the respective control ( $P < 0.05$ ).

**Table 2.** Islet <sup>45</sup>Ca uptake (pmol <sup>45</sup>Ca/islet per 30 min) in the presence of 8.3 mM-glucose (G8-3) with or without 1 mM-3-isobutyl-1-methylxanthine (IBMX) or 10 μM-N-[2-(p-bromocinnamylamino)ethyl]-5-isoquinoline sulfonamide (H89) or 5 μM-protein kinase inhibitor-(6-22)-amide (PKI)

(Mean values with their standard errors of three independent experiments with fourteen to thirty-six groups of islets)

Group...	CTL		TAU	
	Mean	SEM	Mean	SEM
Expt 1				
G8-3	1.05	0.06	1.30*	0.08
G8-3 + IBMX	1.66†	0.08	1.70†	0.10
Expt 2				
G8-3	0.96	0.06	1.13*	0.05
G8-3 + H89	0.87	0.04	0.76†	0.05
Expt 3				
G8-3	1.19	0.07	1.58*	0.11
G8-3 + PKI	0.91†	0.09	0.72†	0.05

CTL, control; TAU, taurine.

\* Mean value was significantly different from that for the G8-3 CTL mice ( $P < 0.05$ ).

† Mean value was significantly different from that for the G8-3 control mice ( $P < 0.05$ ).

## Discussion

Recently, we demonstrated that pancreatic islets from TAU-supplemented mice secreted more insulin in response to glucose and that this effect seems to be linked to a higher Ca<sup>2+</sup> mobilisation. We also showed increased protein expression of the β<sub>2</sub> subunit of the L-type Ca<sup>2+</sup> channel in these islets<sup>(27)</sup>. Here, we investigated the mechanisms involved in the higher insulin release in islets from TAU-supplemented mice, and the main findings of the present study suggest that TAU supplementation increases the β-cells' sensitivity to cholinergic/PLC and cAMP-PKA pathways with a higher Ca<sup>2+</sup> recruitment from intra- and extra-cellular compartments.

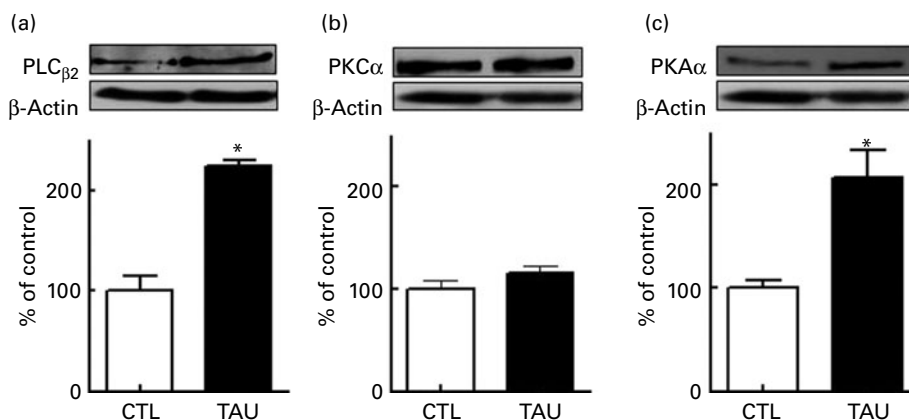
In β-cells, Cch provokes an increase in intracellular Ca<sup>2+</sup> concentration in a biphasic manner. The first phase occurs by a rapid mobilisation of intracellular Ca<sup>2+</sup>, induced by IP<sub>3</sub>, and the second one depends on Ca<sup>2+</sup> influx through the Ca<sup>2+</sup> store-operated channels located at the cell plasma membrane<sup>(10)</sup>. The intracellular Ca<sup>2+</sup> mobilisation,

stimulated by the activation of the PLC and IP<sub>3</sub> production by acetylcholine, has been reported to increase insulin granule movement in a PKC-independent manner<sup>(34)</sup>. Here, we observed that insulin secretion in response to PMA, and PKCα protein expression, did not differ between TAU and CTL islets. However, increased PLCβ<sub>2</sub> protein levels in TAU islets suggest that augmented activation of PLC followed by IP<sub>3</sub> production may account for increased intracellular Ca<sup>2+</sup> mobilisation in Cch-stimulated islets from TAU-supplemented mice. These data give support to a possible effect of TAU upon IP<sub>3</sub> production, in turn amplifying β-cell response to fuel secretagogues.

It is known that PLC may be activated when the β-cell is depolarised. Since all PLC isoforms require Ca<sup>2+</sup><sup>(7)</sup>, it is possible that, in β-cells, the increase in intracellular Ca<sup>2+</sup> concentration activates this enzyme, leading to an increase in IP<sub>3</sub> and diacylglycerol production that may account for an enhanced insulin secretion in response to glucose. Supporting this view, PLCδ<sub>1</sub> activity has been found to increase in the presence of stimulatory glucose concentrations, resulting in a cycle of synthesis and degradation of plasma membrane phosphatidylinositol-4,5-bisphosphate<sup>(8,9)</sup>.

We show, in the present study, that islets from TAU-supplemented mice increase insulin secretion in response to IBMX and express more PKCα protein. Thus, in addition to PLC signals, cAMP and PKA may contribute to increasing insulin secretion and islet functionality in the presence of glucose. In support of this assumption, Ca<sup>2+</sup> uptake, in response to glucose in TAU islets, was significantly reduced in the presence of different PKA inhibitors (Table 2). As such, TAU supplementation seems to alter islet Ca<sup>2+</sup> handling either by increasing the expression of the β<sub>2</sub> subunit Ca<sup>2+</sup> channels (see Ribeiro *et al.*<sup>(27)</sup>) or by increasing the expression and/or activity of PKA, since the inhibition of the enzyme provoked only a minor effect on Ca<sup>2+</sup> uptake in CTL islets.

Recently, a direct coupling between Ca<sup>2+</sup> and cAMP has been reported. Dyachok *et al.*<sup>(29)</sup> who monitored the alterations in cAMP levels in β-cells by observing the dissociation of PKA catalytic from the regulatory subunits. These authors showed that glucose induces cAMP level oscillations and that each oscillation was preceded and enhanced by the increase in intracellular Ca<sup>2+</sup> concentration. In addition,



**Fig. 5.** Phospholipase C<sub>β2</sub> (PLCβ<sub>2</sub>), protein kinase (PK) Cα and PKAα protein expressions in islets from taurine (TAU)-supplemented and control (CTL) mice, determined by optical densitometry. Protein extracts were processed for Western blot detection of PLCβ<sub>2</sub> (a), PKCα (b), PKAα (c) and β-actin (internal control). Values are means ( $n = 3-5$ ), with standard errors represented by vertical bars. \* Mean value was significantly different from that of the CTL ( $P < 0.05$ ).

cells from an insulinoma cell line (INS-1), exposed to glucagon-like peptide-1 or IBMX, exhibited cAMP–PKA oscillations synchronised with increases in intracellular  $\text{Ca}^{2+}$  concentration<sup>(35)</sup>.

In the  $\beta$ -cell, nutrient stimulation leads to membrane depolarisation and  $\text{Ca}^{2+}$  influx. The increase in intracellular  $\text{Ca}^{2+}$  concentration may stimulate or inhibit cAMP formation because  $\beta$ -cells express different adenylyl cyclases<sup>(5)</sup>. The adenylyl cyclase type VIII, present in  $\beta$ -cells, is a  $\text{Ca}^{2+}$ -sensitive isoform and, in the presence of glucose, may account for the increase in cAMP levels<sup>(6)</sup>. This increase represents an important signal for intracellular  $\text{Ca}^{2+}$  concentration regulation and insulin exocytosis in  $\beta$ -cells. Moreover, IBMX and forskolin markedly increased the intracellular cAMP levels and, consequently, intracellular  $\text{Ca}^{2+}$  concentration in  $\beta$ -cells<sup>(36)</sup>, probably via phosphorylation of the  $\alpha_1$  subunit of the L-type  $\text{Ca}^{2+}$  channel by PKA<sup>(13)</sup>. This effect of PKA was also observed in other cell types. PKA phosphorylation of the L-type  $\text{Ca}^{2+}$  channel (skeletal muscle, cardiac cells and neurons) increases the open probability of the channel, shifts the voltage dependence of activation and slows the rate of inactivation, increasing voltage-dependent facilitation of the channel<sup>(14,37,38)</sup>. PKA also phosphorylates the  $\beta_2$  subunit of the cardiac  $\text{Ca}^{2+}$  channel<sup>(14)</sup> and this effect contributes to increase  $\text{Ca}^{2+}$  channel activity<sup>(39)</sup>. In  $\beta$ -cells, PKA acts upon intracellular  $\text{Ca}^{2+}$  dynamic via  $\text{IP}_3$  receptors, increasing intracellular  $\text{Ca}^{2+}$  mobilisation from the endoplasmic reticulum<sup>(12,15)</sup>.

Therefore, the present results suggest that the inter-relationship between PKA and  $\text{Ca}^{2+}$  is enhanced in islets from TAU-supplemented mice and accounts for increased  $\text{Ca}^{2+}$  handling in the presence of glucose. We do not have a definitive explanation as to why TAU islets, when challenged by IBMX, but not forskolin, secreted more insulin than CTL islets, since PKA $\alpha$  expression was increased in the former group of islets. We speculate that the maintenance of cAMP levels, rather than the amplification of its production, is more important for the phenomenon. The other possibility, not addressed in the present study, is that phosphodiesterase activity may be higher in the TAU group, resulting in a faster degradation of that second messenger.

In summary, the present study confirms and extends previous results showing that TAU supplementation increased insulin secretion and  $\text{Ca}^{2+}$  handling in the presence of stimulatory concentrations of glucose<sup>(26,27)</sup>. We also provide new evidence that TAU supplementation increased insulin secretion in response to the cholinergic/PLC and cAMP–PKA pathways and that these effects, at least in part, are probably due to increased protein PLC $\beta_2$  and PKA $\alpha$  expressions associated to a higher  $\text{Ca}^{2+}$  mobilisation from both external and internal pools.

### Acknowledgements

The present study was supported by grants from Fundação de Amparo à Pesquisa do Estado de São Paulo (FAPESP no. 2008/53811-8; FAPESP no. 2007/50365-4; FAPESP no. 2005/59707-0), Conselho Nacional para o Desenvolvimento Científico e Tecnológico (CNPq), Instituto Nacional de Obesidade e Diabetes (CNPq/FAPESP) and Coordenação de Aperfeiçoamento de Pessoal de Nível Superior (CAPES).

We are grateful to Lécio D. Teixeira for animal care and technical assistance and to Nicola Conran for editing the English. We also thank Dr Clarice Izumi, Dr Helen J. Laure and Professor Dr Lewis J. Greene from Chemistry Protein Centre (Faculdade de Medicina de Ribeirão Preto, Universidade de São Paulo) for help and technical assistance in the TAU content analysis in islet and tissue.

R. A. R. was involved in the conception of the experiment and experimental design, execution of all experiments, analyses, data interpretation and manuscript writing; E. C. V. and M. L. B. were involved in insulin secretion experiments; C. A. M. O. analysed cytoplasmic  $\text{Ca}^{2+}$ ; A. C. B. provided intellectual contribution along with work development and manuscript writing; E. M. C. was involved in conception of the experiment and experimental design, data interpretation and manuscript writing.

The authors have no conflicts of interest.

### References

- Jones PM & Persaud SJ (1998) Protein kinases, protein phosphorylation, and the regulation of insulin secretion from pancreatic  $\beta$ -cells. *Endocr Rev* **19**, 429–461.
- Tengholm A & Gylfe E (2009) Oscillatory control of insulin secretion. *Mol Cell Endocrinol* **297**, 58–72.
- Rorsman P & Renström E (2003) Insulin granule dynamics in pancreatic  $\beta$  cells. *Diabetologia* **46**, 1029–1045.
- Gromada J, Høy M, Renström E, *et al.* (1999) CaM kinase II-dependent mobilization of secretory granules underlies acetylcholine-induced stimulation of exocytosis in mouse pancreatic B-cells. *J Physiol* **518**, 745–759.
- Leech CA, Castonguay MA & Habener JF (1999) Expression of adenylyl cyclase subtypes in pancreatic  $\beta$ -cells. *Biochem Biophys Res Commun* **254**, 703–706.
- Delmeire D, Flamez D, Hinke SA, *et al.* (2003) Type VIII adenylyl cyclase in rat  $\beta$  cells: coincidence signal detector/generator for glucose and GLP-1. *Diabetologia* **46**, 1383–1393.
- Rhee SG (2001) Regulation of phosphoinositide-specific phospholipase C. *Annu Rev Biochem* **70**, 281–312.
- Thore S, Dyachok O, Gylfe E, *et al.* (2005) Feedback activation of phospholipase C via intracellular mobilization and store-operated influx of  $\text{Ca}^{2+}$  in insulin-secreting  $\beta$ -cells. *J Cell Sci* **118**, 4463–4471.
- Thore S, Wuttke A & Tengholm A (2007) Rapid turnover of phosphatidylinositol-4,5-bisphosphate in insulin-secreting cells mediated by  $\text{Ca}^{2+}$  and the ATP-to-ADP ratio. *Diabetes* **56**, 818–826.
- Liu YJ & Gylfe E (1997) Store-operated  $\text{Ca}^{2+}$  entry in insulin-releasing pancreatic  $\beta$ -cells. *Cell Calcium* **22**, 277–286.
- Berridge MJ, Bootman MD & Roderick HL (2003) Calcium signalling: dynamics, homeostasis and remodelling. *Nat Rev Mol Cell Biol* **4**, 517–529.
- Ammala C, Eliasson L, Bokvist K, *et al.* (1993) Exocytosis elicited by action potentials and voltage-clamp calcium currents in individual mouse pancreatic B-cells. *J Physiol* **472**, 665–688.
- Leiser M & Fleischer N (1996) cAMP-dependent phosphorylation of the cardiac-type  $\alpha_1$  subunit of the voltage-dependent  $\text{Ca}^{2+}$  channel in a murine pancreatic  $\beta$ -cell line. *Diabetes* **45**, 1412–1418.
- Gao T, Yatani A, Dell'Acqua ML, *et al.* (1997) cAMP-dependent regulation of cardiac L-type  $\text{Ca}^{2+}$  channels requires membrane targeting of PKA and phosphorylation of channel subunits. *Neuron* **19**, 185–196.
- Dyachok O & Gylfe E (2004)  $\text{Ca}^{2+}$ -induced  $\text{Ca}^{2+}$  release via inositol 1,4,5-trisphosphate receptors is amplified by protein

- kinase A and triggers exocytosis in pancreatic  $\beta$ -cells. *J Biol Chem* **279**, 45455–45461.
16. Grapengiesser E, Gylfe E & Hellman B (1991) Cyclic AMP as a determinant for glucose induction of fast Ca<sup>2+</sup> oscillations in isolated pancreatic  $\beta$ -cells. *J Biol Chem* **266**, 12207–12210.
  17. Seino S & Shibasaki T (2005) PKA-dependent and PKA-independent pathways for cAMP-regulated exocytosis. *Physiol Rev* **85**, 1303–1342.
  18. Hatakeyama H, Kishimoto T, Nemoto T, *et al.* (2006) Rapid glucose sensing by protein kinase A for insulin exocytosis in mouse pancreatic islets. *J Physiol* **570**, 271–282.
  19. Schaffer S, Takahashi K & Azuma J (2000) Role of osmoregulation in the actions of taurine. *Amino Acids* **19**, 527–546.
  20. Satoh H (1998) Cardiac actions of taurine as a modulator of the ion channels. *Adv Exp Med Biol* **442**, 121–128.
  21. Satoh H & Sperelakis N (1998) Review of some actions of taurine on ion channels of cardiac muscle cells and others. *Gen Pharmacol* **30**, 451–463.
  22. Palmi M, Youmbi GT, Fusi F, *et al.* (1999) Potentiation of mitochondrial Ca<sup>2+</sup> sequestration by taurine. *Biochem Pharmacol* **58**, 1123–1131.
  23. Lee SH, Lee HY, Kim SY, *et al.* (2004) Enhancing effect of taurine on glucose response in UCP2-overexpressing  $\beta$  cells. *Diabetes Res Clin Pract* **66**, Suppl. 1, S69–S74.
  24. Park EJ, Bae JH, Kim SY, *et al.* (2004) Inhibition of ATP-sensitive K<sup>+</sup> channels by taurine through a benzamido-binding site on sulfonylurea receptor 1. *Biochem Pharmacol* **67**, 1089–1096.
  25. Cherif H, Reusens B, Dahri S, *et al.* (1996) Stimulatory effects of taurine on insulin secretion by fetal rat islets cultured *in vitro*. *J Endocrinol* **151**, 501–506.
  26. Carneiro EM, Latorraca MQ, Araujo E, *et al.* (2009) Taurine supplementation modulates glucose homeostasis and islet function. *J Nutr Biochem* **20**, 503–511.
  27. Ribeiro RA, Bonfleur ML, Amaral AG, *et al.* (2009) Taurine supplementation enhances nutrient-induced insulin secretion in pancreatic mice islets. *Diabetes Metab Res Rev* **25**, 370–379.
  28. Loizzo A, Carta S, Bennardini F, *et al.* (2007) Neonatal taurine administration modifies metabolic programming in male mice. *Early Hum Dev* **83**, 693–696.
  29. Dyachok O, Idevall-Hagren O, Sagetorp J, *et al.* (2008) Glucose-induced cyclic AMP oscillations regulate pulsatile insulin secretion. *Cell Metab* **8**, 26–37.
  30. Scott AM, Atwater I & Rojas E (1981) A method for the simultaneous measurement of insulin release and B cell membrane potential in single mouse islets of Langerhans. *Diabetologia* **21**, 470–475.
  31. Bidlingmeyer BA, Cohen SA, Tarvin TL, *et al.* (1987) A new, rapid, high-sensitivity analysis of amino acids in food type samples. *J Assoc Off Anal Chem* **70**, 241–247.
  32. Bradford MM (1976) A rapid and sensitive method for the quantitation of microgram quantities of protein utilizing the principle of protein-dye binding. *Anal Biochem* **72**, 248–254.
  33. Bustamante J, Lobo MV, Alonso FJ, *et al.* (2001) An osmotic-sensitive taurine pool is localized in rat pancreatic islet cells containing glucagon and somatostatin. *Am J Physiol Endocrinol Metab* **281**, E1275–E1285.
  34. Niwa T, Matsukawa Y, Senda T, *et al.* (1998) Acetylcholine activates intracellular movement of insulin granules in pancreatic  $\beta$ -cells via inositol trisphosphate-dependent [correction of triphosphate-dependent] mobilization of intracellular Ca<sup>2+</sup>. *Diabetes* **47**, 1699–1706.
  35. Dyachok O, Isakov Y, Sagetorp J, *et al.* (2006) Oscillations of cyclic AMP in hormone-stimulated insulin-secreting  $\beta$ -cells. *Nature* **439**, 349–352.
  36. Rajan AS, Hill RS & Boyd AE III (1989) Effect of rise in cAMP levels on Ca<sup>2+</sup> influx through voltage-dependent Ca<sup>2+</sup> channels in HIT cells. Second-messenger synarchy in  $\beta$ -cells. *Diabetes* **38**, 874–880.
  37. Mundina-Weilenmann C, Chang CF, Gutierrez LM, *et al.* (1991) Demonstration of the phosphorylation of dihydropyridine-sensitive calcium channels in chick skeletal muscle and the resultant activation of the channels after reconstitution. *J Biol Chem* **266**, 4067–4073.
  38. Bourinet E, Charnet P, Tomlinson WJ, *et al.* (1994) Voltage-dependent facilitation of a neuronal  $\alpha$ 1C L-type calcium channel. *Embo J* **13**, 5032–5039.
  39. Kamp TJ & Hell JW (2000) Regulation of cardiac L-type calcium channels by protein kinase A and protein kinase C. *Circ Res* **87**, 1095–1102.